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## KUALA LUMPUR

## Explore Malaysia's Dazzling Capital City

Kuala Lumpur, or popularly known as 'KL', is Malaysia's capital city and one of Asia's most dynamic cities. This bustling metropolis is a melting pot of races and cultures, and is home to a population of 3.4 million people.

One of the most charming features of this flourishing urban centre is its ability to juxtapose the old and new. Iconic high-rise buildings such as the Petronas Twin Towers and Merdeka 118 stand alongside colonial buildings, creating a delightful contrast. Green-lung areas, upscale shopping malls, themed places of interest and heritage quarters give KL its unique character. Getting around this modern city is convenient with the comprehensive transportation system, along with KL Hop On Hop Off Coach tours, GO KL free bus service and KL City Hall's (DBKL) tram service.



## MAP OF KUALA LUMPUR



# Places of Interest





### KI TOWFR

l Jalan Puncak, off Jalan

Poised atop Bukit Nanas, KL Tower is a major landmark in the city. Standing at 421 m, this telecommunications tower is the seventh tallest in the world and the tallest in Southeast Asia. Highlights include the 276 m Observation

Deck, Sky Box situated 300 m above ground and the Atmosphere 360° revolving restaurant. The tower is situated in the KL Forest Eco Park



@officialmenarakl @ @menarakl

### PETALING STREET (CHINATOWN)

Petaling Street or Chinatown is a lively stretch of shops, restaurants and hawker stalls. It is one of the best places to enjoy the outdoor shopping experience while browsing through an assortment of things from watches, accessories, clothes, fresh fruits, flowers, crafts and souvenirs. The streets are lined by buildings, clan houses and temples which stand as testament to the city's architectural heritage.





### **AOUARIA KLCC**

| Kuala Lumpur Convention Centre

Occupying 60,000 sq ft, Aquaria KLCC showcases a variety of marine life from various parts of the world. Visitors can walk through a 90 m long tunnel to view the marine life or watch the daily fish-feeding sessions. Highlights include the 'Cage Rage' and 'Dive with Sharks' programmes that offer a chance to see sharks up close.

www.aquariaklcc.com

@aguariaklcc

@ @aguariaklcc



### PASAR SENI (CENTRAL MARKET)

| Jalan Hang Kasturi

Situated within a restored art deco façade, Central Market is famed for its variety of authentic Malaysian souvenirs. Get handicrafts, songket and batik attire, paintings, hand-made items and more. There are also DIY workshops and caricature artists. Outside, Kasturi Walk offers an alfresco shopping ambience.



www.centralmarket.com.my @centralmarketkualalumpur @centralmarketkualalumpur

### **ROYAL SELANGOR**

Jalan Usahawan 6, Setapak Jaya

This is the home of the world-renowned Royal Selangor pewter. It features interesting exhibits and interactive displays that will give an insight into the world of pewter. Guided factory tours are available to see the various stages of pewter processing. Visitors can create their own souvenirs by joining the School of Hard Knocks and The Foundry.

www.royalselangor.com@royalselangor@royalselangor





### KL BIRD PARK

Delight in exploring over 3,000 birds from 200 local and foreign species at the KL Bird Park. Occupying an area of 20.9 acres, this park has four zones that house exotic and amazing birds such as the Birds of Paradise, Changeable Hawk Eagle, Rhinoceros Hornbill and many more.

www.klbirdpark.com@KLBirdpark@klbirdparkmalaysia

### KUALA LUMPUR CITY GALLERY

Jalan Raja, Dataran Merdeka

This gallery offers an insight into Kuala Lumpur through an interesting collection of prints, miniatures and photographs. Visitors can watch souvenirs being made or join the workshop to assemble their own souvenirs. The gallery is situated in a 114-year old Moorish styled building located at the historical enclave of Dataran Merdeka

@ @klcitygallery





### **NATIONAL MUSEUM**

Jalan Damansara

National Museum is the country's premier museum. Built in 1963, the museum acts as a prime information hub on the nation's history and culture, which are spread out over four themed galleries. Relics from the past can also be found within the grounds of the museum.

www.muziumnegara.gov.my@muziumnegaramalaysia

@muziumnegararasmi



### MASJID NEGARA (National Mosque)

| Jalan Perdana

Masjid Negara is one of the most distinguished landmarks in the city. It has a unique star-shaped dome and a 73 m high minaret. The National Mosque is situated fringing the KL Lake Gardens. Visitors are advised to dress appropriately when visiting the mosque. Women will be required to wear headscarves. Visitors who are interested in Islamic arts can visit the Islamic Arts Centre situated overlooking the mosque.

www.masjidnegara.gov.my

@masjidnegaramalaysia@masjidnegaramalaysia



### MASJID JAMEK SULTAN ABDUL SAMAD (Jamek Mosque)

off Jalan Tun Perak

Hailed as KL's oldest surviving mosque, Masjid Jamek was built in 1909 and officially opened by the then Sultan of Selangor. Its design was inspired by Moghul architecture with cupolas, minarets and arched colonnades. Just minutes away is Masjid India, another mosque showcasing southern Indian architectural elements.

**(f** @ jamekmosque2**(©** jamekmosque

### **BLUE POOL (RIVER OF LIFE)**

Masjid Jamek

Occupying a historic location at the confluence of the Klang and Gombak Rivers, this is a new scenic waterfront in Kuala Lumpur. It attracts visitors with a dancing symphony fountain and lighting effects. The Blue Pool is situated near Masjid Jamek.





### ISLAMIC ARTS MUSEUM

Jalan Lembah Perdana

This museum showcases the beauty of Islamic arts in Malaysia and around the world. Highlights include Islamic architecture and replicas of famous buildings such as the Taj Mahal in India, Al-Haram Mosque in Makkah and the Amir Timur Mausoleum in Uzbekistan.

www.iamm.org.my

### SULTAN ABDUL SAMAD BUILDING

Jalan Raja

One of the city's most prominent and distinguished landmarks, the Sultan Abdul Samad Building is an enduring attraction amidst the rapidly changing city skyline. Built in 1897, the building was named after the reigning monarch at the time. The stately edifice served as the government administrative building during the British era. Constructed entirely of brick, it boasts a Mahometan or Neo-Saracenic style with an imposing porch, graceful arches, shiny copper domes and a 41.2 m high clock tower.





@dewanbandarayakualalumpur





### DATARAN MERDEKA (Merdeka Square) | Jalan Raja

On 31 August 1957, the Union Jack was lowered at Dataran Merdeka to mark Malaysia's independence from colonial rule. Hence the name, Dataran Merdeka, which means 'Independence Square'. In its heyday, the square used to be the venue for parades, cricket matches and other important occasions. Today, this historic heart of KL is preserved with beautifully manicured lawns, terraces and a fountain. Adjacent to Dataran Merdeka is the Royal Selangor Club, boasting a Tudor architectural style.

www.dbkl.gov.my

♠ @dbkl2u

@dewanbandarayakualalumpur



### ST. MARY'S CATHEDRAL

| Jalan Raja

A fine example of early English Gothic architecture, this church features stained glass windows, tasselled tile paving and buttresses. A unique feature here is the pipe organ built in 1895 by Henry Willis, one of the greatest organ builders of his day.

stmaryscathedral.org.my

@stmaryscathedralkl
 @stmaryscathedralkl



### PERDANA BOTANICAL GARDENS

One of the city's oldest and most popular green lung areas, Perdana Botanical Gardens is a refreshing enclave sprawling over 200 acres. It is built around two lakes, with vistas of exotic blooms and luxuriant foliage. There are jogging and walking trails for visitors. A number of parks and gardens are nestled within the environs.

www.klbotanicalgarden.gov.my@PerdanaBotanicalGarden



### TUN ABDUL RAZAK HERITAGE PARK

Encompassing 173 acres, Tun Abdul Razak Heritage Park is a sprawling area with rain trees, lakes, flower gardens and trails. Visitors can explore the park on foot or take the tram service to get around the park. Attractions include Perdana Botanical Gardens (formerly known as the KL Lake Gardens), KL Bird Park, Hibiscus Park, Butterfly Park and many more.





### PETROSAINS, THE DISCOVERY CENTRE

Suria KLCC

Equipped with interactive displays, dioramas and exciting exhibits, this centre gives an insight into the world of science and technology. Spread over 7,000 sq m, it gives visitors the chance to visit a built-to-scale model of an oil platform, gain an insight into the nano world or find out how astronauts live in the International Space Station.

www.petrosains.com.my

@petrosains

@ @instapetrosains



### ISTANA NEGARA (NATIONAL PALACE)

Jalan Tuanku Abdul Halim

Istana Negara or the National Palace is the official residence of the King of Malaysia. This majestic edifice situated at Jalan Duta officially became the National Palace in November 2011, replacing the old palace in Jalan Istana. It has 22 domes, with the largest dome reaching up to a height of 40 m.

### Note: Outside views only.

www.istananegara.gov.my

@ IstanaNegara

@ lstana\_negara



### KL FOREST ECO-PARK | Bukit Nanas

This sanctuary has the distinction of being the oldest as well as the only permanent forest reserve in the heart of the city. Beginning at the slopes of KL Tower, the lowland dipterocarp forest stretches over 10.5 hectares and is home to a diversity of inhabitants. View the lush foliage from the 70-m boardwalk or join a guided tour to take a closer look at the trees, bamboos, herbs and climbers.

www.forestry.gov.my@jpsmofficial



### KL OLD RAILWAY STATION | Jalan Sultan Hishamuddin

This splendid building was the hub for the nation's rail transportation system before the state-of-the-art KL Sentral Station was built. Its Moorish architecture with graceful arches and minarets makes it one of the city's most photographed landmarks.

www.ktmb.com.my@ktmberhad@ktmbofficial





### BERJAYA TIMES SQUARE THEME PARK | Jalan Imbi

This gigantic indoor theme park is spread over 133,000 sq ft with a fantastic array of games and rides for visitors of all ages. Highlights include the thrilling Supersonic Odyssey roller coaster. This theme park is situated within the Berjaya Times Square building which also houses a hotel, restaurants and shopping outlets.

- www.berjayatimessquarekl.com
- @BerjayaTimesSquareThemePark
  @ @berjayatimessquarethemepark

### KUALA LUMPUR CRAFT COMPLEX | Jalan Conlay

Styled after a Malay village, this complex houses a Craft Boutique, Craft Shop, Artist's Colony and an Amphitheatre. It is a one-stop centre for authentic Malaysian craft products ranging from souvenirs, interior decorations, costume jewellery, textiles, garden and landscape decorations and many more. Art workshops and demonstrations are held for visitors.

www.kraftangan.gov.my

@kraftanganmalaysia





### TITIWANGSA I AKE GARDENS

Spread over 46 hectares, the newly-upgraded park is one of the most popular green lung areas for city dwellers. The park offers a newly-installed 60 m Titiwangsa range canopy, playgrounds, an ankle-level water playground, a maze garden as well as jogging and cycling tracks. Don't miss the fountain jet, which can shoot water 100 m into the airl



www.visitkl.gov.my



### KWAI CHAI HONG | Jalan Panggung

Experience a slice of KL's history at Kwai Chai Hong – a century-old lane behind Petaling Street that has been revived through street art. This hidden gem is located in Chinatown and involves ten restored shophouses and a lane that has been transformed through life-like paintings and murals. Here, one can stroll back in time and soak up the atmosphere of Chinatown in the 1960s. Get a close look at images of traders, barbers, calligraphers and musicians. Have your picture taken at the Instagrammable spots or catch up with friends at the numerous kopitiams, cafes and bars. The paintings are equipped with informative QR codes, sound and music to make the experience even more realistic. Kwai Chai Hong has received two awards namely the Placemaker ASEAN Awards 2021 and Best Heritage Attraction in Kuala Lumpur 2021 by International Travel Awards.

### THERE'S MUCH MORE IN KUALA LUMPUR

This dazzling capital offers a variety of other interesting sights. Explore these great attractions:

- Galeria Sri Perdana
- Tunku Abdul Rahman Memorial
- Tun Abdul Razak Memorial Library
- · Masjid Wilayah Persekutuan (Federal Territory Mosque)
- Thean Hou Temple
- KLCC Park

- Kepong Metropolitan Park
- Istana Budava (National Theatre)
- P. Ramlee Memorial House
- Muzium Diraja (Royal Museum)
- Petronas Arts Gallery
- Telekom Museum
- Little India@Brickfields

- Medan Pasar (Market Square) heritage buildings
- National Planetarium
- · TREC KI
- · Changkat Bukit Bintang
- Saloma Link
- Superpark Malaysia

# Essential Information

### SHOPPING

Kuala Lumpur is a paradise for shoppers with something to cater to every taste, from luxury to affordable purchases. Bukit Bintang and KLCC lead the way in retail therapy with a host of glitzy malls that are decked with top brands from around the world. Most of these malls serve as lifestyle centres and come complete with restaurants, cineplexes, spas, fitness centres and even indoor theme parks. Sub-urban enclaves such as Bangsar and Hartamas are known for their exclusive boutiques and a range of specialty shops.

Visitors in search of novelty items will be spoilt for choice at the open-air bazaars, Kuala Lumpur Craft Complex and Central Market. The casual street shops at Jalan Tuanku Abdul Rahman and Petaling Street stack every imaginable item from crafts to belts, bags and electronic goods. Ethnic-style crafts, accessories and traditional Indian attire can be found at the Little India enclave in Brickfields.

### Popular shopping spots in KL are:

- Starhill Gallery
- Pavilion Kuala Lumpur
- · Sungei Wang Plaza
- Low Yat Plaza
- Fahrenheit88
- Lot 10
- Suria KLCC
- Avenue K
- · Berjaya Times Square

- Kenanga Wholesale City
- GMBB KI
- •The Linc KI
- My Town Shopping Centre
- Mid Valley City
- The Gardens
- · Bangsar Village 1
- · Bangsar Village II
- Bangsar Shopping Centre

- Nu Sentral
- Quill City Mall
- Sogo
- Publika Shopping Gallery
- Kenanga Wholesale City
- · Sunway Putra Mall
- Petaling Street (Chinatown)
- Pasar Seni (Central Market)
- KL Gateway Mall





### DINING

Kuala Lumpur is hailed as the region's food capital for its delectable variety of mouth-watering delights. Major hotels and shopping malls are decked with gourmet restaurants, coffee houses, delicatessens and alfresco cafes.

Some exclusive restaurants offer traditional performances for visitors to get a glimpse of local culture. Like in other cities, designer coffee shops with wi-fi facilities are a popular hangout at any time of the day. As a cosmopolitan city, KL offers a number of restaurants that serve international fare. Authentic Malaysian fare which consists of Malay, Chinese and Indian food is definitely worth trying out. For a novel experience, try the local hawker-style fare where dishes are freshly prepared upon order. A number of restaurants are open 24 hours so anytime is a good time for a snack. Muslims can rest assured that halal food is easily available. To savour local delights, visit places like Jalan Alor (Chinese food), Kampong Baru (Malay food) and Little India (Indian food). So, come with a big appetite and enjoy these gastronomic adventures in KL!

### Kampung Baru

A traditional Malay enclave, this area is known for its authentic Malay food. One of the most popular items here is Nasi Lemak. A perennial favourite, Nasi Lemak consists of fragrant rice cooked with coconut milk and screwpine leaves. It is served with a spicy sambal sauce, boiled egg, crunchy groundnuts and freshly sliced cucumber. Nasi Lemak can be savoured with accompaniments such as Beef Rendang, Chicken Rendang, fried chicken, fried egg, squid sambal and many more. Other great items to try include Ikan Bakar (grilled fish), Roti Jala, Putu Piring, Satay and many more.

### **Petaling Street**

Set in pre-war shophouses, Petaling Street is a bustling maze of lanes and alleys that are filled with quaint restaurants, kopitiams (traditional coffee shop) and outdoor food stalls. A favourite spot for Chinese food, Petaling Street is the place to try out street fare such as roasted chestnuts, fried noodles, Chicken

Rice, Yong Tau Foo as well as Western delights, Nyonya fare, fresh fruits and the signature drink, Air Mata Kuching (dried longan drink).

### Jalan Alor

Food lovers swear that this is one place that should not be missed while visiting Kuala Lumpur. Visitors will find a bewildering variety of street food from Char Kuay Teow, Oyster Omelette, Satay to Barbecued Chicken Wings. Cooked over charcoal grill, Barbecued Chicken Wings are a delight to the senses, with its succulent chargrilled meat and smoky flavour. The best part is, Jalan Alor is situated close to hotels and shopping malls in Bukit Bintang.

### Little India@Brickfields

A paradise for Indian food, this township is situated near to the KL Sentral transportation hub. Enjoy everything from Banana Leaf Rice - which comprises a heap of steaming rice served with aromatic curries and an array of sumptuous side dishes. Don't miss the chance to savour Idly and Thosai with a selection of chicken, mutton, fish or vegetarian gravies along with coconut and onion Chutneys. You can also try out various types of breads such as Naan and Roti Canai.

### **Bukit Bintang**

Bukit Bintang and Jalan Tun Ismail are lined with trendy sidewalk cafes that are great spots for people-watching and chilling out. Patrons can dine in a stylish ambience while enjoying Middle Eastern, Mediterranean, Western and other international fare. These restaurants are situated within the vicinity of shopping mall and hotels.

### **TRANSPORTATION**

### **Getting There**

### By Air

The state-of-the-art Kuala Lumpur International Airport (KLIA) is the main gateway into the country. It is situated in Sepang, about 55 km from Kuala Lumpur. Malaysia's national carrier is Malaysia Airlines which spans about six continents. Malaysia Airlines is complemented by Firefly, Batik Air and AirAsia.

### By Sea

Kuala Lumpur is easily accessible from Port Klang, home to Malaysia's largest and busiest port. Boustead Cruise Centre, the dedicated cruise terminal, is situated in Pulau Indah, Port Klang. It is situated about 75 km from the airport.

### By Road

An excellent road network links Kuala Lumpur to Singapore in the south and Thailand in the north

### By Rail

Kuala Lumpur is linked to Thailand and Singapore via a good rail network. Arriving guests can disembark at the KL Sentral Station, which is the transportation hub for trains, buses and taxis. More information on rail transport can be obtained at www.ktmb.com.my. The city is a stopover destination for the Eastern & Oriental luxury train which takes visitors from Thailand to Singapore.

### From the Airport to the City

The high-speed KLIA Ekspres train provides direct, non-stop connectivity to KL Sentral Station, the main transportation hub in Kuala Lumpur. The journey from KLIA takes 28 minutes while the journey from KLIA 2 takes 33 minutes.

The KLIA Transit train offers a similar service but with four stops along the way, at Bandar Tasik Selatan, Salak Tinggi, Putrajaya/ Cyberjaya, KLIA Terminal 1 and KLIA Terminal 2. The journey to the airport via KLIA Transit takes 39 minutes. Tickets can be purchased online, onboard the AirAsia flights or at the counters. Alternatively, there are shuttle buses, limousines and e-hailing services to the city.

### **Getting Around**

### By Train

Kuala Lumpur has a comprehensive rail transportation system, serviced by KL Monorail, Rapid KL Light Rail Transit (LRT), MRT as well as the KTM Komuter train.

### KL Hop-On Hop-Off Tours

Enjoy a tour around the city in style and comfort on board the Hop-On Hop-Off Coach. The semi-glass roofed coach takes visitors around the major places of interest in the city.

### By Bus

City buses ply most parts of the city. RapidKL is the main bus company. Among RapidKL's main bus hubs are KL Sentral, Titiwangsa, City Centre, Maluri and Medan Pasar. GO KL is a public bus service that offers free rides for commuters within the Central Business District (CBD) of Kuala Lumpur.

### By Taxi

Metered taxis and call taxis are easily available. Metered taxis can be hailed at the designated taxi halts.

### E-hailing

E-hailing services are available by downloading the apps onto the mobile.

### FOR MORE INFORMATION, CONTACT:

Tourism Malaysia Regional Office, Central Region Tourism Malaysia Tourist Information Centres:

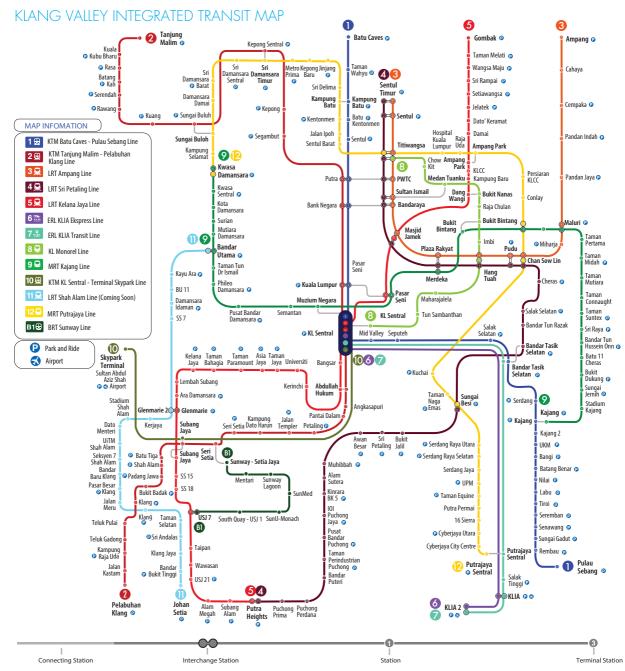
- Malaysia Tourism Centre (MaTiC)
- Tourist Information Centre KL Sentral
- Bangunan Sultan Abdul Samad

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+603 2272 5823

+603 2602 2014





## **SELANGOR**

## Fujor a trip to the land of Never-ending Discovery

A holiday in Selangor is filled with non-stop fun, entertainment and adventure. This is one of the most developed states in the country. Selangor is also known as the 'gateway to Malaysia' because the main entry points, KLIA and Port Klang, are situated within the state.

Its flourishing urban centres such as Petaling Jaya, Subang Jaya, Sunway and Klang abound with modern facilities, from excellent healthcare institutions, international colleges to huge shopping malls and recreational centres.

Experience the broad spectrum of attractions – marvel at the glow of fireflies, watch intriguing festivals, have a terrific time at the theme parks, go on a shopping spree or enjoy the sights and sounds of nature.

### MAP OF SELANGOR



# Places of Interest

## MASJID SULTAN SALAHUDDIN ABDUL AZIZ SHAH (BLUE MOSQUE)

Shah Alam

Also known as 'The Blue Mosque', Masjid Sultan Abdul Aziz Shah is one of the most notable landmarks in the state. Standing 350 ft above ground and measuring 170 ft wide, its distinctive blue dome is said to be the biggest in Southeast Asia. Traditional Malay design elements dominate the mosque's

interior, while intricate Islamic calligraphy decorates its dome and main prayer hall. Visitors are advised to dress modestly and headscarves will be given to female visitors.

www.mssaas.gov.myMasjid Sultan Salahuddin Abdul Aziz Shah





### SEPANG INTERNATIONAL CIRCUIT

Dubbed 'the Home of Motorsports', this state-ofthe-art circuit used to host the annual Petronas Malaysian F1 Grand Prix. Today, the circuit is still the venue for prestigious events such as Shell Malaysia Motorcyle Grand Prix. Sepang International Circuit is situated near to the Kuala Lumpur International Airport (KLIA).

www.sepangcircuit.com

@sepanginternationalcircuit

@ @sepangcircuit



### KAMPUNG KUANTAN FIREFLY PARKS

Kuala Selangor

Kampung Kuantan and Kampung Bukit Belimbing in Kuala Selangor are among the few places in the world where one can watch the symphony of lights emitted by firefly colonies. These tiny insects reside on Berembang trees along the riverbank.



### KUALA KUBU BHARU

Hulu Selangor

Situated about 50 km from Kuala Lumpur, Kuala Kubu Bharu is an eco-adventure destination especially for white water rafting and cycling. Kuala Selangor River is a popular choice among rafters looking for a challenging rafting session near to the city. Other attractions include the Sungai Chilling Waterfalls and hiking at Bukit Kufu

www.mphs.gov.my

@majlisperbandaranhuluselangor

@ @mphuluselangor



## FRIM (FOREST RESEARCH INSTITUTE OF MALAYSIA)

Kepona

FRIM is one of the leading institutions in tropical forestry research in the world. It was gazetted as a Natural Heritage Site on 10 February 2009 under the National Heritage Act 2005. The 486-hectare reserve is ideal for nature lovers and outdoor enthusiasts with herb gardens, shady trees, nature trails, arboretums and a canopy walkway.

www.frim.gov.my@frimkepong@frimkepong



### **BATU CAVES**

Located in a limestone outcrop, Batu Caves is a unique and fascinating cave Hindu temple. Batu Caves consists of three big caves, with the main cave housing ornate shrines. This destination draws a huge international crowd during Thaipusam, an annual festival which pays homage to Lord Muruga. Another unique feature here is the 140-ft statue of Lord Muruga, which is visible from miles away. Batu Caves is about 13 km north of Kuala Lumpur. It is easily accessible by the KTM Komuter train service.



### **SUNWAY LAGOON**

Winner of numerous awards, Sunway Lagoon offers five different theme parks in one location. Visitors of all ages can have an exciting time at the Scream Park, Amusement Park, Extreme Park or Wildlife Park and enjoy over 80 rides and attractions.





### **SEKINCHAN** | Kuala Selangor

Looking for a rustic weekend getaway? Head to Sekinchan in the district of Kuala Selangor. A rice producing town and fishing village, Sekinchan attracts young urbanites with its countryside vibes. Be sure to get your cameras ready for stunning sights that are set to dazzle your social media posts!

Among the top attractions are a Paddy Processing Factory and Gallery which offers an insight into the various stages of paddy processing – from harvesting to packing. Those who love the nostalgia of days gone by can head to Ah Ma House, a retro-style store that is decked with traditional snacks. For foodies, Sekinchan is a must-visit destination for its fresh seafood served in a variety of cooking styles. Take in the sea breeze at Bagan Fishing Village and Pantai Redang and drop by the Lemon Myrtle Orchard, said to be the first-of-its-kind outside of Australia. Sekinchan is about an hour's drive from Kuala Lumpur.



### I-CITY | Shah Alam

i-City is a unique destination which features a variety of attractions under one roof. It has been dubbed 'The City of Glittering Lights' for its mesmerising nightscape, created by a million LED lights. The highlight here is the 50,000 sq ft SnoWalk, where visitors can experience a simulated Artic environment. Other attractions include a Wax Museum, 6D motion theatre, water park and indoor amusement arcade





## ROYAL KLANG TOWN HERITAGE WALK | Klang

Hailed as the Royal Town of Selangor, Klang is rich in history, traditions and customs. The early settlement here was established at the southern bank of the Klang River, an area known for its tin production as early as the 15th century. Join this heritage walk for a glimpse into its history.

www.selangor.travel

(f) @Tourism Selangor (iii) @discoverselangor



### BUKIT MALAWATI (Malawati Hill) | Kuala Selangor This ancient fort was constructed in the late 18th century during the reign of the second Sultan of Selangor. It later yielded to the Dutch cannons. The site is preserved with

yielded to the Dutch cannons. The site is preserved with the original foundation stones, cannons as well as a fabled execution block. Visitors can enjoy a panoramic view of the coastline from the hill

website: www.mpks.gov.mympksofficialmpksofficial



### SPLASHMANIA, GAMUDA COVE | Sepang

Touted as Asia's largest rainforest water theme park, SplashMania is brimming with attractions such as water slides, wave pools, lazy rivers and a host of F&B outlets. Enjoy the rides and thrills while taking in the beauty of its natural rainforest setting. SplashMania is situated in Dengkil, about 20 km from KLIA. Gamuda Cove has two other attractions, namely Discovery Park (a 23-acre adventure park) and Paya Indah Discovery Wetlands.

gamudaland.com.my/gamudacove/splashmania
 splashmania

splashmania.my

### **SEPANG GOLDCOAST** | Sepang

Situated about one hour's drive from Kuala Lumpur, this small coastal town is home to scenic beaches with calm waters. Sepang is also the site of several beachfront resorts, seafood restaurants and cottage industries.





### FARM IN THE CITY | Seri Kembangan

Designed like a Malaysian village, with farms and fruit orchards, Farm in the City is the ideal enclave to see and interact with plants and wildlife. Visitors will be exposed to the many aspects of farm life and learn the importance of wildlife conservation and preservation. Attractions include a free-flight bird aviary, reptiles cavern and pet village. See nearly 100 species of animals up close including the Giant Tortoise, and view 300 birds from around the world.





# FO GUANG SHAN DONG ZEN TEMPLE | Jenjarum Built in 1994, Dong Zen Temple is a tranquil temple complex spread over 16 acres. In its heart is the Dong Zen School of Buddhism, the cradle for young Malaysian Buddhists.

www.selangor.travel@fgsmy

@ @discoverselangor

### EDU-PARK, UNIVERSITI PUTRA MALAYSIA (UPM)

Serdang

This is an innovative initiative by Universiti Putra Malaysia to provide educational touristic attractions. Visitors can learn about agriculture, science, technology and many more in a fun and interesting way. Attractions include the Malay Heritage Museum, Animal Anatomy Museum, Human Anatomy Museum as well as the Dairy and Deer Farm where visitors can experience feeding the animals. There is also the Serdang Gallery which displays creations from local artists. Edu Park@ UPM is suitable for all ages from kids, teenagers, to adults and families.

www.sciencepark.upm.edu.my

@eduparkUPM@edupark.upm





### THERE'S MUCH MORE IN SELANGOR

This state offers a variety of other interesting sights. Explore these great attractions:

- Laman Seni 7
- · Little India Klang
- Sungai Chiling (Kelah Sanctuary)
- Bukit Jugra
- MAFPS
- Strawberry Leisure Farm
- KidZania Kuala Lumpur
- Taman Botani Negara Shah Alam

- Shah Alam Lake Gardens
- Islamic Art Garden Complex
- Wet World Shah Alam
- Chocolate Museum
- Extreme Park Shah Alam
- Sultan Alam Shah Museum
- Raja Tun Uda Library
- Kuala Selangor Nature Park

- District 21
- Sewing World Gallery
- Bangi Wonderland
- Skytrex Sungai Chongkak
- Selangor Fruit Valley
- HL Dragon Fruit Eco Farm
- G2G Animal Garden: Petting Zoo Serdang

# Essential Information

### **SHOPPING**

Selangor has an abundance of shopping malls. Most shopping malls are designed with special themes and boast plenty of recreational facilities for all in the family. Find a range of apparels, accessories, electrical appliances and many more. Popular shopping malls include:

- Sunway Pyramid, Sunway
- · Subang Parade, Subang Jaya
- 1Utama Shopping Centre, Petaling Jaya
- The Curve, Mutiara Damansara
- Amcorp Mall
- Atria Shopping Gallery
- Tropicana City Mall
- Jaya One and Jaya 33
- Paradigm Mall
- Empire Shopping Gallery
- Mvdin Mall
- · Central i-City Mall

### DINING

Selangor has a wide variety of local and international fare to tempt all tastebuds. Major towns such as Petaling Jaya, Sunway and Subang offer a mix of restaurants and stalls that dish out local and international fare. Shopping malls are equipped with food courts that serve a variety of lip-smacking dishes from the Malay, Chinese and Indian kitchens along with other regional specialties. Don't miss a chance to try out the local food.

#### Satay

Visitors should not miss Satay - skewers of meat grilled over

charcoal fire. The township of Kajang is reputed to have the best satay in the country. Flavours range from chicken, beef and mutton to more exotic choices such as rabbit-meat satay.

### Tapioca and Banana Chips

Selangor is known for its cottage industries that produce a variety of snacks such as banana chips, tapioca chips and traditional cakes. These salted or sweetened chips taste great and last for a long time if they are stored in air-tight containers.

#### Indian Food

Connoisseurs of Indian food will find a vast array of Indian delights at the town of Klang. Enjoy staples such as rice and Roti Canai or try out tea time snacks such as vadai.



### Seafood

Seafood lovers can head to coastal areas such as Carey Island, Bagan Lalang, Morib, Pulau Ketam, Banting and Sekinchan for fresh seafood.

### **TRANSPORTATION**

Travelling to Selangor is convenient as it is easily accessible from all major cities and all parts of the country.

### Getting There

### By Air

There are three airports in the state. Kuala Lumpur International Airport (KLIA) is the main gateway into Selangor and the country. The national carrier, Malaysia Airlines, operates from here. The budget carrier AirAsia operates from KLIA Terminal 2, which is situated about 1.5 km away from the Main Terminal Building. Two other airlines, Firefly and Batik Air operate from both KLIA Terminal 1 and from the Sultan Abdul Aziz Shah Airport in Subang.



### By Sea

The nation's largest port, Port Klang, offers ultra-modern facilities. The exclusive Boustead Cruise Terminal welcomes passengers arriving via the Star Cruises luxury liner. Passengers from Indonesia arrive at the Passenger Cruise Terminal (PCT), situated at South Point.

### By Rail (ETS)

Visitors from Thailand and Singapore can make use of the Keretapi Tanah Melayu or KTM Railway services.

### By Road

An excellent network of roads provides easy access to any destination within the state. Selangor is also linked to Singapore, Thailand and all parts of Peninsular Malaysia via a system of tolled highways.

### Getting Around

Taxis, trains and buses are the main modes of transportation within the state. The KTM Komuter train service offers hassle-free accessibility to most parts of the state, including towns such as Klang, Port Klang, Bangi, Kuala Kubu Bharu and Tanjung Malim. Selangor is linked to Kuala Lumpur and Putrajaya (other destinations in the central region) by trains and buses. Car rental and e-hailing services are easily available.



### FOR MORE INFORMATION, CONTACT:

Tourism Malaysia Regional Office, Central Region

• Kuala Lumpur, Selangor, Negeri Sembilan

Tourism Malaysia Tourist Information Centres:

- Meet & Greet Tourism Malaysia (KLIA)
- KLIA2

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## **PUTRAJAYA**

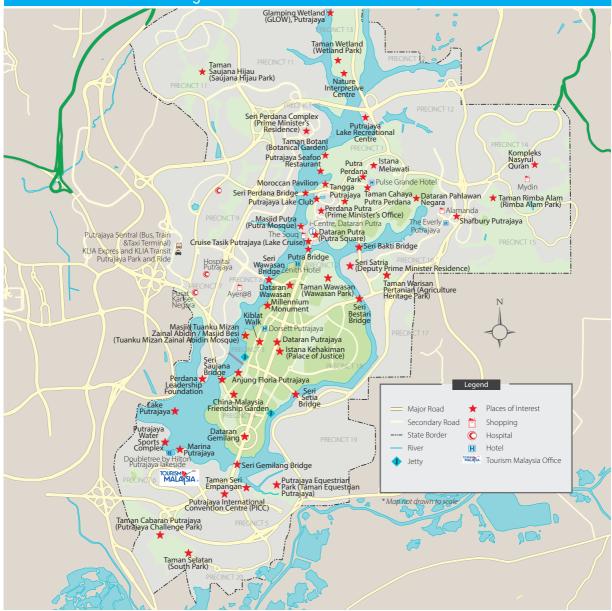
## Visit Malaysia's Intelligent Garden City

Recognized as an 'Intelligent Garden City', Putrajaya is the futuristic administrative capital of the country. This city combines the beauty of nature with strategic town planning and infrastructure development. It is a proud symbol of Malaysia's aspiration to be a developed nation.

Putrajaya is known for its striking architecture, wide open spaces, parks and a scenic man-made lake. The focal point of Putrajaya is the Putra Square. Aesthetically designed offices line the streets while uniquely shaped bridges link the various precincts of Putrajaya. The pink-domed Putra Mosque stands as one of the most prominent structures in the township. Tours and day trips to Putrajaya are easily available from Kuala Lumpur.



### MAP OF PUTRAJAYA



# Places of Interest

### PERDANA PUTRA | Precinct 1

Overlooking Lake Putrajaya, Putra Mosque and Putra Square, this complex comprises the Prime Minister's Office, the office of the Deputy Prime Minister and Chief Secretary to the Government. The design of Putra Perdana incorporates elements of Islamic Mogul architecture. The Prime Minister's Office is located at the Central Main Block and is distinguished by the distinctively topped main dome design that resembles the Zahir Mosque in Alor Setar, Kedah.

www.pmo.gov.my/perdana-putra





### DATARAN PUTRA (Putra Square) | Precinct 1

Covering an area of 300 m, the circular Putra Square is a popular venue for events and ceremonies. It has concentric stars representing the states of Malaysia and is adorned with light and water features. Putra Square is flanked by Putra Mosque, Perdana Putra, Putra Bridge and the Promenade.

**I ⊚** www.ppj.gov.my

### MASJID PUTRA (Putra Mosque) | Precinct 1

One of the most famous landmarks in Putrajaya, this mosque is distinguished by its magnificent pink dome. It is constructed with rose-tinted granite and inspired by some of the world's most famous mosques. The basement wall resembles the King Hassan Mosque in Casablanca, Morocco while the minaret is designed after the Sheikh Omar Mosque in Baghdad. The Mosque was officially opened on 30 August 2000. Visitors are advised to dress appropriately when visiting the mosque. Women will be required to wear headscarves.

www.masjidputra.gov.my@masjidputra@masjidputra





### TANGGA PUTRAJAYA (Putrajaya Steps)

Precinct 1

### The Longest Stairway in a Public Park

Putrajaya Steps is an iconic and instagrammable spot that is great for strolls and outdoor workouts. Consisting 248 steps, this attraction has been accredited by the Malaysia Book of Records as the Longest Stairway in a Public Park. The steps reach 30 m in height and were constructed in conjunction with Putrajaya's Silver Jubilee celebration. It is designed along the lines of the Spanish Steps di Italy and Potemkins Stairs di Ukraine. Putrajaya Steps provides a seamless connectivity for pedestrians to access two major places of interest - Dataran Putra and Putrajaya Landmark.



### MASJID TUANKU MIZAN ZAINAL ABIDIN (Tuanku Mizan Zainal Abidin Mosque) | Precinct 3

The Tuanku Mizan Zainal Abidin Mosque, or Iron Mosque is the second principal mosque in Putrajaya, Malaysia after Putra Mosque. It is located in Putrajaya's Precinct 3, opposite the Palace of Justice. The mosque was officially opened on 11 June 2010 by the 13th Yang di-Pertuan Agong or King of Malaysia, Tuanku Mizan Zainal Abidin. Among its main highlights is the fine glass used to create an illusion of a white mosque from a distance. The path towards the mosque crosses the road known as the Kiblat Walk.



www.masjidtuankumizan.gov.my @masjidtuankumizanzainalabidin



@ @masiidtuankumizanzainalabidin



### ANJUNG FLORIA | Precinct 4

Looking for something new for the gram? Anjung Floria is the place to create amazing OOTD shots. The garden has a variety of blossoms set within pebbled pathways, arched bridges and pavilions. Anjung Floria is the location of the annual Royal Floria Putrajaya.



### CRUISE TASIK PUTRAJAYA (Lake Cruise) |

Precinct 1

Visitors can embark on a leisurely cruise to take in the breath-taking sight of the city's landmarks. There are two different modes of transportation - a passenger cruise boat or, gondola-like vessels that resemble a traditional Malay *perahu*. Daun is a luxury dining cruise boat that comes with the trimmings of a five-star restaurant, so passengers can dine in style while enjoying the view.

www.cruisetasikputrajaya.com



### SERI PERDANA COMPLEX | Precinct 10 Seri Perdana is the official residence of the Prime Minister of Malaysia. Located on 42.5 acres of undulating and beautifully landscaped grounds, the building complex consists of three blocks with reception, banquet and residential facilities.

www.pmo.gov.my/seri-perdana-complex



### TAMAN BOTANI (Botanical Garden) | Precinct 1

Spread over an area of 92 hectares, this is the largest botanical garden in Malaysia. It is divided into three sections, namely flowers, ornamental plants as well as an area for preservation or research. More than 750 species from Malaysia and other parts of the world can be found here. In addition, visitors can view attractions such as the Moroccan Pavilion, Ethnobotanical Park, trails and also a gift shop selling environmentally-friendly souvenirs.

www.ppj.gov.my@tamanbotaniputrajaya

@tamanbotaniputrajaya



## MONUMEN ALAF BARU (Millennium Monument)

Precinct 2

Known as Putrajaya's first national monument, this structure is situated in Precinct 2 on a 25-hectare park. Standing at 68 m, the monument is constructed of solid metal. It serves to document the country's history, dating back to the 15th century.

www.ppj.gov.my



### I AKF PUTRA JAYA

Sprawling over 400 hectares, the serene Lake Putrajaya is one of the most prominent attractions in this city. The lake covers about 13% of the total land area, which stretches over 4,931hectares. Lake Putrajaya was created to enhance Putrajaya's aesthetic appeal. It also serves as a climate moderator. Putrajaya Lake Cruises are highly popular as they offer a chance to view the attractions around Putrajaya from an interesting and different perspective. Cruises are equipped with guides and commentaries.

www.ppj.gov.my



### SIGNATURE BRIDGES

Putrajaya's signature bridges are an arresting sight. The Putra Bridge is touted to be the most prominent bridge in Putrajaya. This 435 m concrete structure spans from Precinct 1 to Precinct 2. It is part of the main protocol route which links Dataran Putra and Persiaran Perdana. Other remarkable bridges include Seri Perdana Bridge, Seri Gemilang Bridge, Seri Bakti Bridge, Seri Setia Bridge, Seri Saujana Bridge, Seri Bestari Bridge and the Seri Wawasan Bridge.

🚯 www.ppj.gov.my



TAMAN WETLAND (Wetland Park) | Precinct 13 Comprising the Wetland Park (138 hectares) and wetland area (197 hectares), this is a must-see destination for nature-lovers and environmentalists. There are 24 wetland cells thriving with flora and fauna and the main habitats are marshes, swamp forests, ponds and lakes. Putrajaya Wetland Park is the biggest man-made wetland in Malaysia and the tropics.





# TAMAN WARISAN PERTANIAN (Agriculture Heritage Park) | Precinct 16

Sprawling over 35 acres, Taman Warisan Pertanian gives an insight into Malaysia's agricultural heritage and development. Learn all about the country's leading crops such as rubber, cocoa and oil palm. Various gardens, trails and plantation plots offer the chance for visitors to have a closer look at the plants and learn about their uses.

www.ppj.gov.my

(f) @tamanwarisanpertanianputrajaya @ @tamanwarisanpertanianputrajaya



# PUTRAJAYA INTERNATIONAL CONVENTION CENTRE (PICC) | Precinct 5

Sprawling over 135,000 sq ft, the Putrajaya International Convention Centre is a prime venue for large-scale events at both international and regional levels. Its unique design was inspired by the wau bulan, Kelantan's traditional giant kite, and the pending perak, a traditional ornamental silver belt from the state of Perak.

**(f)** @piccmalaysia

www.picc.com.my

@ @piccmalaysia

# THERE'S MUCH MORE IN PUTRAJAYA

- · Saujana Hijau Park
- Moroccan Pavilion
- Putrajaya Lake Club
- Putra Perdana Park
- · Dataran Pahlawan Negara
- Rimba Alam Park
- Nasyrul Quran Complex
- · Wawasan Park
- · China-Malaysia Friendship Garden

- Putrajaya Equestrian Park
- Putrajaya Water Sports Complex
- Putrajaya Challenge Park
- Putrajaya Lake Recreation Centre
- Glamping@Wetland Putrajaya (GL@W)
- Putrajaya Seafood Restaurant (PSR)
- · Taman Cahaya Putra Perdana
- Fkues The Cabin Café

# Essential Information

### **SHOPPING**

Putrajaya offers a refreshing and interesting shopping experience. Set in spacious and landscaped surroundings, the shopping outlets are trendy hangouts for the city's urbanites. The landmark shopping mall is Alamanda Putrajaya which houses more than 160 specialty shops and flagship stores along with popular restaurants and recreational facilities. The sprawling IOI City Mall, situated at the fringes of this township, beckons shoppers with the latest in fashion. footwear, bags and more. Vibrant and refreshing, Ayer8 is a waterfront hub with chic cafes and boutiques where shoppers can chill while enjoying the view of the city's iconic attractions such as Lake Putrajaya, Masjid Besi and Seri Wawasan Bridge. Get great buys from fashionable Muslim wear, biking essentials to gifts. More shopping awaits at the Soug, a shopping spot designed after the famous bazaars in the Middle Fast.



### DINING

Visitors will never be in short of choices when it comes to dining in Putrajaya. From air-conditioned restaurants, to alfresco cafes facing the lake or open-air food courts, there's

always a place to indulge in. Selera Putra, Medan Selera, Seri Empangan Putrajaya, Marina Putrajaya and Ayer8 are among the main areas that dish out a variety of local, western and fusion cuisine.

### Food Trucks

Food Trucks are a unique feature in Putrajaya's food scene. Fast, fuss-free and delicious, these 'restaurants on wheels' dish out a variety of items from local to international fare such as crispy fried chicken, Roti John (a large cheesy sandwich), noodles, wraps, *kebabs* and many more. There are designated areas known as Food Truck Hotspots in Precinct 2 and Precinct 14. Enjoy sightseeing around Putrajaya and try out these delightful street fare.

### Pasar Malam (Night Market)

Night Markets are a kaleidoscope of sights and sounds with lots of food, fresh vegetables, flowers, clothes, gadgets, accessories and more. The night market in Precinct 2 is a hive of activity with interesting food choices such as satay, fried rice, freshly-made banana, yam or fish fritters, refreshing desserts and many more.

## **Cruise Dining**

Indulge in a dining experience like no other, on board a cruise boat. Savour delicious tastes and flavours while taking in the sights around Lake Putrajaya. Bookings must be made in advance.

### Ikan Bakar (Grilled Fish)

Enjoy grilled fish by the lake, while taking in the view of the sunset. Situated by the lake, Seri Empangan Putrajaya is popular among locals, especially in the evenings and weekends

### **TRANSPORTATION**

# Getting There

Putrajaya is situated about 28 km from Kuala Lumpur and is easily accessible by road or train.

# By Train

Fast and comfortable, the state-of-the-art KLIA Transit rail service connects KL Sentral Station, the city's transportation hub to Putrajaya. The journey takes only 18 minutes, with one stop along the way at Bandar Tasik Selatan. Visitors from Selangor can take the KTM Komuter train to Bandar Tasik Selatan for the interchange to KLIA Transit.

## By Road

Visitors from Kuala Lumpur can drive to Putrajaya via the KL - Putrajaya Highway (MEX Highway) PLUS (E2) Highway and (ELITE) Highway. For those who are opting for the public

transport, RapidKL buses provide frequent services from Kuala Lumpur to Putrajaya. To travel within Putrajaya and its surrounding areas, the Nadi Putra bus serves as a good option. It connects passengers from Kuala Lumpur, Serdang, Bandar Saujana Putra, Dengkil and Cyberjaya. Long distance express buses connect visitors to other states.

# Getting Around

The most comprehensive mode of transport around Putrajaya is via the Nadi Putra bus. It is available every 15 - 30 minutes from 6.30am until midnight daily except on weekend and public holidays. Alternatively, taxis and e-hailing services provide a hassle-free way to get around.

# FOR MORE INFORMATION, CONTACT:

- · Perbadanan Putrajaya
- · Corporate Communication, Perbadanan Putrajaya

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# **NEGERI SEMBILAN**

# Discover the Home of Ancient Traditions

Negeri Sembilan is situated in the west of Peninsular Malaysia. It is about 50km south of Kuala Lumpur and spreads over an area of 6,645 sq km. Its name literally means 'nine states' as the state once consisted of nine districts.

The state is known for its Minangkabau culture, which is preserved by the Adat Perpatih, an age-old matrilineal social system. It is also synonymous with the unique Minangkabau architecture, which features unique upswept roof designs. Its capital city is Seremban, a flourishing urban centre with cultural and historical landmarks.



# MAP OF NEGERI SEMBILAN



# Places of Interest

### PORT DICKSON

Port Dickson comprises approximately 18 km of fine sandy beaches. One of the most popular beach retreats in the west coast, Port Dickson's close proximity to Kuala Lumpur – about 1½ hours' drive – makes it a popular getaway for urbanites. The beaches of Port Dickson are also ideal for a wide range of water

sports and beach activities. Teluk Kemang, Blue Lagoon and Cahaya Negeri are among the most popular beaches here.

www.mppd.gov.my@Majlis Perbandaran Port Dickson (MPPD)





# **ARMY MUSEUM | Port Dickson**

The Army Museum was originally home to the first Malay Regiment batch in 1933. It traces the history, contributions and achievements of the army from the days of the Melaka Sultanate until the present. Apart from kiosks as well as information and graphic panels, the museum also utilises the Pepper Ghost technology for its audio visual presentation, the first-of-its-kind in Malaysia. There are displays of canons, tanks, locomotives and vehicles used during the war.



@Muzium Tentera Darat Port Dickson



# SUNGAI MENYALA ECO-EDU TOURISM CENTRE | Port Dickson

Sungai Menyala Amenity Forest is spread over an area of 1280 hectares and is one of the largest lowland dipterocarp forests in the region. Nature lovers can enjoy a walk along the trails or view unique marvels of nature such as the largest Jelutong tree and the hollow tree.

forestry.ns.gov.my

@Hutan Simpanan Sungai Menyala Port Dickson



# ALIVE 3D ART GALLERY | Port Dickson

Enjoy optical illusions and visual effects at this gallery. View a collection of over 50 paintings and optical illusions with 3D art featuring five themes - adventure, aquarium, animation, exotic and dark art. You can touch and interact with the art pieces and blend in with the scenery through the clever visual effects.



www.segarcity.com @segarcity

# TAMAN NEGERI KENABOI

Kenaboi State Park is an eco-adventure destination located in the district of Jelebu, about 100 km from Seremban. This forest reserve is home to Gunung Besar Antu, the highest peak in Negeri Sembilan which stands at 1,462 m. Lata Kijang, one of the highest waterfalls in Peninsular Malaysia, is also situated here. Visitors can enjoy a trek to the indigenous villages, off-road expeditions and activities such as tubing, abseiling, mountain climbing and camping. Facilities at the park headquarters include a multipurpose hall, campsites, gazebos, restrooms and parking facilties. The remote location, dipterocarp jungle and lush greenery will be a true reward for nature lovers.



www.forestry.ns.gov.my.gov.my





### **ULU BENDUL RECREATIONAL FOREST**

This recreational forest is nestled within the Gunung Angsi Forest Reserve. Located just 16 km from Seremban on the main road to Kuala Pilah, this forest is ideal for outdoor activities. You can enjoy a refreshing dip in the stream or camp out and spend a night under the stars. Avid climbers can scale the 825 m high Gunung Angsi.



www.forestry.ns.gov.my.gov.my



### THE ROYAL MUSEUM OF SERI MENANTI

Seri Menanti

Completed in 1908, the Royal Museum of Seri Menanti is one of the country's last remaining wooden palaces. The former official residence of the state's royal family was made a Royal Museum on the 14th of July, 1992. It houses a host of royal insignia.

www.mdkp.gov.my



# **GUNUNG ANGSI**

The 825 m Gunung Angsi is located within the Ulu Bendul Recreational Forest in Kuala Pilah, about 16 km from Seremban. Due to its well-developed trails and adequate signage, Gunung Angsi is a relatively easy mountain to hike up. The summit, which takes three to four hours to reach, offers a great view of Seremban. The mountain is accessible via Ulu Bendul and Bukit Putus, 3 km away.





# LADANG ALAM WARISAN | Seri Menanti

A place to embrace the traditions of the Malay community. Learn all about the local customs, view traditional sports and pastimes, or learn horseback archery.





# REMBAU MUSEUM (REPLICA OF RAJA MELEWAR'S PALACE) | Rembau

Cultural artefacts, handcrafted antiques, community heirlooms and headgear can be viewed at the Rembau Museum in Rembau. Apart from these interesting cultural artefacts, the museum also provides information on the Adat Perpatih matrilineal social system.

www.lmns.ns.gov.my



### **NEGERI SEMBILAN STATE MUSEUM COMPLEX**

Seremban

The Negeri Sembilan State Museum showcases the ancient traditions and history of Negeri Sembilan. Made up of three main buildings – Teratak Perpatih (State Museum), Ampang Tinggi Palace and Negeri Sembilan House – this is a great place to view the unique features of the traditional Minangkabau architecture and get a glimpse into the state's rich history.



# FORT LUKUT AND LUKUT MUSEUM | Port Dickson

History enthusiasts can make a trip to the historical town of Lukut and visit its main attraction - the Lukut Museum and Fort. Here, you can read about Lukut's golden era as the capital of the tin trade or pore over artefacts from the Nassau shipwreck, a Dutch East India battleship, which sank off the coast of Port Dickson in 1606. Further away are the ruins of the Lukut Fort. The fort was built in 1847 to protect the town's booming tin trade. Other attractions here include the legendary 'poisoned well' that is believed to have been used to punish criminals in the ancient days.

www.jmm.gov.my

(f) @ muziumlukutnismilan

### THERE'S MUCH MORE IN NEGERI SEMBILAN

Apart from the main tourist destinations in Seremban and Port Dickson, you can also venture to Kuala Pilah, Rembau, Jelebu, Jempol and Tampin where more pleasant discoveries await.

### Seremban

- Jelita Ostrich Farm
- · Starfresh Agro Park
- Seremban Orchid Park
- Seremban Lake Garden
- State Mosque
- Sri Bala Thandayunthapani Temple
- Then Sze Temple
- · Galeri Diraja Tuanku Ja'afar
- Gamebox
- Masjis Sri Sendayan
- · Seremban Street Art

### Port Dickson

- Eagle Ranch Resort Sports Paradise
- Pengkalan Kempas Historical Complex
- PD Ostrich Farm

- X-Park Port Dickson
- PD Waterfront
- Balai Cerap Teluk Kemang
- Alive 3D Art Gallery
- Upside Down House
- Pasir Panjang Recreational Forest

#### Jelebu

- Titi Eco Farm Resort
- Muzium Adat Jelebu
- · AS Equestrian Centre, Linggi
- · Lata Kijang Recreational Forest
- Jeram Toi Recreational Forest
- Taman Alam Liar Negeri

### Kuala Pilah

- Jeram Tengkek Recreational Forest
- Craft Complex

### Rembau

- Gunung Datuk Recreational Forest
- Sungai Timun Wildlife Park
- · Horse Ranch Cape Cavalho

### Jempol

- Serting Ulu Recretional Forest
- Boden Edu Farm
- Teratak Za'ba ( House of Pendeta Za'ba, Lenggeng)
- · Kenaboi Adventure Camp

# Tampin

- Batu Maloi Recreational Forest
- Gunung Tampin Recreational Forest



# Essential Information

### **SHOPPING**

There are ample opportunities to shop at wholesale prices in Negeri Sembilan. To purchase a diverse variety of products, make your way to Nilai 3 wholesale centre.

Popular shopping spots:

- AFON BIG
- · Giant Hypermarket Senawang
- · Handicraft Complex Kuala Pilah
- AEON Seremban 2
- Tesco Hypermarket Seremban 2
- Nilai 3 Wholesale Centre
- Nilai Square Textile Centre
- · Oceanic Mall Port Dickson
- Terminal One Shopping Complex
- Seremban Prima
- Mvdin Mall Seremban 2
- Palm Mall Seremban
- Kip Mart Senawang
- Econsave Seremban
- Nilai 3 Streetmall
- Mesa Mall Nilai
- · Aeon Nilai
- · Angsana Seremban
- · Seremban Gateway

### DINING

Negeri Sembilan is home to the traditional hot and spicy Minangkabau or Minang food, which is easily available in the capital city of Seremban and other towns. The signature item in Negeri Sembilan is known as Masak Lemak Cili Api. Fast food and international fare is available at hotels, shopping malls, food courts and restaurants.

## Masak Lemak Cili Api

Among the state's traditional fare includes Masak Lemak Cili Api, where the main ingredient is usually beef, chicken or fish. It is simmered in coconut milk and cooked until tender. The fiery taste comes from the use of Cili Api or Cili Padi, which is a tiny variety of chilli but regarded as the hottest. This dish is a great accompaniment to white rice.

### Apam Johol

This traditional delicacy is famous in the town of Johol. Wheat flour, sugar, brown sugar and breadcrumbs are mixed and wrapped in a special leaf called Rambai leaf to preserve its aroma. It is then steamed and eaten with a sambal sauce or just as a tea-time snack.

#### Lemang

Lemang is made of glutinous rice and coconut milk, filled into young bamboo tubes and roasted over a slow open fire. It is savoured with a thick dry meat curry called Rendang.

### Satay Tulang Jelebu

A variation of the famous Malaysian satay, this version is made of chicken meat and its soft cartilage, marinated using a special recipe of spices. The satay is then charcoal grilled until tender.

#### Nasi Ulam

A tasty, refreshing and healthy option, Nasi Ulam is a rice dish that is cooked with an infusion of herbs and leafy vegetables, onions and roasted coconut.

# Air Jando Pulang

A refreshing thirst quencher, Air Jando Pulang is made of coconut water and sweetened with palm syrup. Basil seeds and a fruit called Buah Kabung are added for texture and taste.

#### Seafood

The seaside town of Port Dickson is known as a paradise for seafood lovers. The town is lined with food stalls, restaurants and open-air markets that offer a variety of seafood delights.

# **TRANSPORTATION**

Negeri Sembilan is a convenient location to visit with easy accessibility from neighbouring states such as Kuala Lumpur, Melaka, Pahang and Johor as well as other parts of the peninsula by air, road, rail or sea. The Kuala Lumpur International Airport (KLIA) is a 30 minutes' drive from Seremban.

# Getting There

# By Air

Seremban is only 40 km from the Kuala Lumpur International Airport in Sepang. Upon arrival, you can select from a range of transportation options such as taxi, bus and car rental services that are available from the airport to designated destinations in Negeri Sembilan.

# By Road

Seremban is about 60 km from Kuala Lumpur via the North-South Expressway. Port Dickson is located along the coastal road and is an hour's drive from Seremban.

### By Rail

Keretapi Tanah Melayu (KTM) provides the daily KTM Komuter & ETS service from the KL Sentral Station to Seremban and the smaller towns of Nilai, Batang Benar, Labu as well as Tiroi, at frequent intervals.

# Getting Around

### Taxis and Rental Cars

You can book a taxi at the Seremban Railway Terminal as well as the Terminal One Bus Station and Port Dickson Bus Terminal. Alternatively, visitors can rent a car and explore the state at their own leisure, traversing the scenic rural roads amidst undulating hills, waterfalls and lush greenery.

#### Buses

Bus services are available from the Terminal One Bus Station in Seremban to towns like Kuala Pilah, Kuala Kelawang, Port Dickson, Nilai and Tampin. The Seremban Municipal Council offers free shuttle services around town every 20 minutes from 6.30am to 8.00pm.

E-hailing services are also available.

# FOR MORE INFORMATION, CONTACT:

Tourism Malaysia Regional Office, Central Region

• Kuala Lumpur, Selangor, Negeri Sembilan

Tourism Malaysia Tourist Information Centres:

Tourism Infoline

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# **MELAKA**

# Experience Wonder and Excitement in Historical Welaka

Melaka enjoys a strategic location on the west coast of Peninsular Malaysia, along the historic Straits of Malacca, covering an area of 1,650 sq km. Established in 1403, Melaka was an important trading post in Malaysia's early history and attracted traders from all over the world. Today, it is named as a UNESCO World Heritage City. This capital city invites you to experience the old world charm of its historic buildings and architecture inherited from centuries of Portuguese, Dutch and British rule, and to witness the various customs and cultures of its people. Beyond the city are attractions such as theme parks, fruit farms, animal and nature parks as well as resorts and homestays.

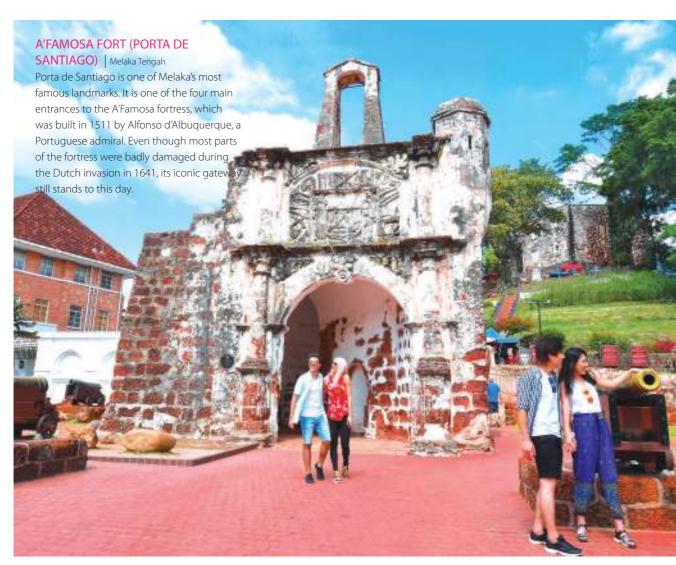
Come, experience wonder and excitement in historical Melaka!



# MAP OF MELAKA

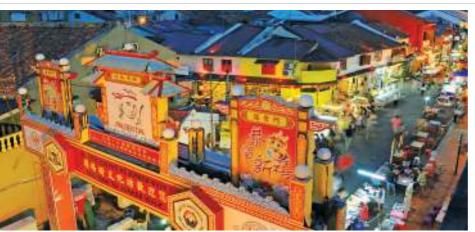


# Places of Interest





# THE STADTHUYS | Melaka City Characterised by salmon red walls, The Stadthuys was once the official residence of the Dutch governors and their officers. Built in 1645, it now houses the Museum of History and Ethnography. Next to it is the similarlycoloured Christ Church, a Dutch Church built in the 18th century.



# JONKER STREET | Melaka City

Jonker Street or Jalan Hang Jebat is interspersed with antique shops selling an interesting array of artefacts and relics. Some date as far back as 300 years and can be found among a host of interesting collectibles, each with its own history and mystery. Located in the older section of the city, Jonker Street is popular among bargain hunters and antique collectors.

@jonkerstreetmelaka



# **ENCORE MELAKA**

A showcase of Melaka's heritage and culture, Encore Melaka presents fascinating performances through a series of local life stories. The 70-minute show chronicles the historic city, from the stories of the early voyagers to the birth of modern Melaka, through songs and performances. Encore Melaka is touted to be Southeast Asia's largest permanent show theater that boasts innovative and stunning video projection mapping and multistage hydraulic sets, advance lighting and features a 360-degree rotating audience platform.

www.encore-melaka.com

**♠** @encore.melaka

@ @encore\_melaka



# BABA & NYONYA HERITAGE MUSEUM | Melaka City

Once the ancestral home of three generations of a Baba Nyonya family, the Baba Nyonya Heritage Museum offers a glimpse into the life of a wealthy Straits Chinese community. The museum comes complete with original antique rosewood furniture and an indoor courtyard.

www.babanyonyamuseum.com

@babanyonyamuseum @babanyonyamuseum



# TAMING SARI TOWER | Melaka City

A 360-degree view of Banda Hilir and its environs awaits you at the 110 m high Taming Sari Tower. The name and design of this tower were inspired by the Taming Sari dagger, the legendary weapon owned by the Malay warrior, Hang Tuah. This tower is only a few minutes away from the Dataran Pahlawan Megamall and Mahkota Parade Shopping Complex.

www.menaratamingsari.com@menaratamingsari

@ @menaratamingsariofficial



present, which includes old warehouses, ancient shop houses, original bridges and Kampung Morten, a traditional Malay village.

www.melakarivercruise.my

@melakarivercruise

@ @melakarivercruise1



## FREEPORT A' FAMOSA OUTLET

Alor Gajah

Freeport A'Famosa Outlet houses over 80 fashion, sport and accessories brands within its 180,000 sq ft premises. The outlet is situated in an open air mall set amidst a pond, fountains, carousel and windmill in line with Melaka's Dutch heritage. Shoppers will find brands such as Cotton On, Puma, G2000, Carlo Rino, Clarks, Parkson Branding and many more.

- www.freeportafamosa.com (f) @freeportafamosaoutlet
- @ @freeportafamosaoutlet



# MALAYSIA HERITAGE STUDIOS @ MINI MALAYSIA & ASEAN CULTURAL PARK | Ayer Keroh

A theme park that showcases 13 traditional wooden houses with selected themes, offering magical & cultural experiences. Visitors can enjoy the unique architecture of each house equipped with arts exhibition and special display of in house talents creating the perfect atmosphere of the era.

malaysiaheritagestudios.com

@Malaysia Heritage Studios @malaysiaheritagestudios @malaysiaheritagestudios



# MELAKA TROPICAL FRUIT FARM | Sungai Udang

Enjoy a variety of fresh tropical fruits such as the durian, rambutan and mangosteen at the Melaka Tropical Fruit Farm. Sprawling over 173 acres of land in Sungai Udang, the farm comprises an orchard, herb garden, exotic plants and more. A mini zoo with camels, ostriches, deer and various other animals can also be found here. Activities include cycling, kayaking, fishing, flying fox, animal feeding, jungle-trekking and more. Chalets and hostels are available for overnight visitors.

- www.melakatropical.com
- @mtffmelaka



# KAMPUNG MORTEN | Melaka City

Situated along Melaka River, Kampong Morten is a rustic and traditional Malay village. It was named after Frederick Joseph Morten, the British Land Commissioner who helped to acquire the land back in 1938. Most of the beautiful homes are now owned by descendants of the first settlers. Some have been turned into 'kampungstays' for visitors who wish to experience life in a traditional setting. The oldest house here was built in 1921 and named Villa Sentosa. It is living museum with a collection of artefacts such as Ming dynasty ceramics and a 100-year old copy of the Quran. Although set against a backdrop of modern buildings, Kampung Morten still exudes a relaxing and tranquil ambience. It was declared a heritage village under Melaka's Preservation and Conservation Enactment in 1989.



# A'FAMOSA RESORT | Alor Gajah

Sprawled over 530 hectares of land, the A'Famosa Resort comprises a 27-hole golf course, a Water World theme park, an Animal World Safari, a hotel and several condotels and villas. A'Famosa Resort is touted to have the largest water theme park in the country. See more than 100 species of animals in the Animal World Safari.





# MELAKA SULTANATE PALACE | Melaka City

A replica of a 15th century palace in Melaka, this museum mainly displays exhibits that are related to the state's culture. Other items include a huge diorama depicting a sultan's court as well as clothing, weapons, stone inscriptions, musical instruments and photographs.

www.perzim.gov.my@muzium&gallerymelaka

@ @melakamuseum



# HERITAGE GALLERY | Dataran Pahlawan, Banda Hilir

Looking for local food and souvenirs? Visit the Heritage Gallery for a diverse array of local delicacies such as Cencaluk (a salty preserve made of fermented shrimps) or Gula Melaka (local palm sugar) as well as keychains, fridge magnets, t-shirts and many more. Heritage Gallery is located at the Lower Ground Floor of Dataran Pahlawan Melaka Megamall.

www.dataranpahlawan.com

@dataranpahlawanmelakamegamall

@ @dataranpahlawan

# **SUBMARINE MUSEUM** | Jalan Klebang

This is the first and only submarine museum in the country. Experience the thrill of getting into SMD Quessant, an Agosta 70 class submarine. It contains original equipment such as the torpedo launching platform, torpedo bays, navigational and communications equipment as well as its engine room. This submarine was built in 1978 by Arsenal de Cherbourg in France. It was decommissioned by the French Navy in 2001 and transferred to the Royal Malaysian Navy where it was used as a training vessel from 2005 to 2009. The SMD Quessant is an electric/diesel powered non-nuclear submarine. Visitors can also view the living area of the crew.





# THERE'S MUCH MORE IN MELAKA

Make a trip to other places of interest that are located in the state:

### Melaka City

- Ti Fang Fu Temple
- Toys Museum
- Hang Tuah Centre @ Hang Tuah Village, Duyong
- The Shore Oceanarium
- Upside Down House
- Prison Museum
- The Shore Sky Tower

### Jasin

- Pulau Besar
- Asahan Waterfalls
- · Lubok Bandung Aborigine's Village
- · Gapam Baru Aborigine's Village
- · Agricultural Museum

- Jasin Hot Springs
- Bukit Senggeh Forest Reserve
- · Orna Golf & Country Club
- · Sg. Rambai Aerodrome
- Demang Abdul Ghani Gallery
- Bukit Gapis (Melaka Mountain)
- Selandar Farm

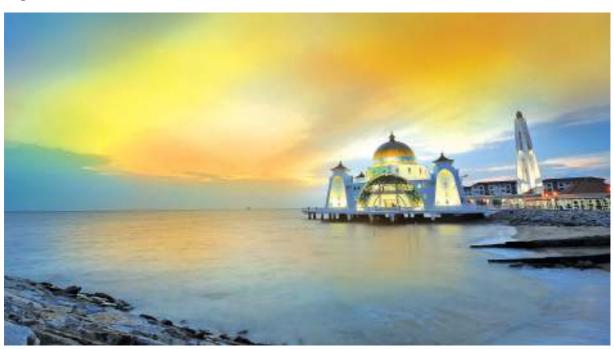
# Hang Tuah Jaya / Ayer Keroh

- Melaka International Bowling Centre
- · Tiara Golf Club & Resort
- · Ayer Keroh Country Resort

# Alor Gajah

- Al-Khawarizmi Astronomy Complex
- Gadek Hot Springs

- Tanjung Tuan Beach
- Padang Kamunting Beach
- Fort Supai Kuala Linggi
- Paya Laut Recreational Forest
- Bukit Beringin Recreational Forest
- Sungai Udang Recreational Forest
- Datuk Wira Poh Ah Tiam Machap Recreational Forest
- Bukit Payong Aborigines Village
- Dato' Dol Said's Mausoleum
- Orchard Wellness & Spa Resort
- British Graveyard
- Cherana Putih Hot Springs



# Essential Information

# **SHOPPING**

You can shop for antiques, handicrafts, art pieces as well as a wide range of local food products in Melaka. Just make a trip to the shopping complexes, antique shops as well as handicraft and food stores found throughout the state.

Popular shopping spots include:

- Dataran Pahlawan Melaka Megamall
- · AEON Mall Bandaraya
- Mahkota Parade
- · MYDIN, MITC
- The Shore Shopping Gallery, Melaka City
- · Hatten Square
- · Lotuss Store Cheng/ Lotuss Store Bandaraya
- Jonker Street
- Medan Samudera
- MYDIN (Melaka Sentral)
- The Store, Melaka City
- Fashion City, Ayer Keroh
- KIP Mart
- Melaka Mall, Ayer Keroh
- · Aeon Mall, Ayer Keroh
- Madam King, Melaka City

### DINING

Melaka is famous for delicious food like Satay Celup, Chicken Rice Balls, seafood as well as a delicious range of Nyonya, Chitty and Portuguese food. You can sample these local delights at the city's many restaurants, coffee shops, cafes and food courts.

### Portuguese food

Malaysian Portuguese food is a mix between traditional Portuguese recipes, with traces of Dutch, British and local

ingredients. It is also influenced by Malay, Chinese, Indian and Nyonya styles of cooking. Be adventurous and try dishes such as Pasu Kaemadu (baked fish), Garing Garing Fretu (fried whitebait with sliced shallots) and the fiery El Diablo curry (Devil's Curry) while you are here.

# Satay Celup

Satay Celup is unique to Melaka. It comprises a large variety of seafood, meat and vegetables – raw or semi-cooked, that is eaten with a thick and spicy peanut sauce. It is served with rice cubes and cucumber.

### Chicken Rice Balls

Enjoy the novelty of eating rice balls with chicken meat, cucumber and garlic infused chilli sauce. This dish is another much sought after delicacy in Melaka.

### Seafood

Grilled fish wrapped in banana leaf, fish in tamarind sauce, fish head curry, chilli crab, buttered prawns, stuffed squids, cockles and oysters – these are just a few of the mouth-watering seafood dishes offered at restaurants in Umbai, Serkam, Alai, Pernu and Kuala Sungai Baru on the southern coast of Melaka.

### Nyonya food

Nyonya cuisine is a marriage of Chinese cooking styles with Malay ingredients and condiments. Melaka is one of the best places to savour exotic Nyonya fare such as Otak-Otak (spicy fish meat wrapped in banana leaf), Itik Tim (duck stew with salted vegetables) and Perut Ikan (preserved fish stomach in herbs).

# Chitty food

Traditional Chitty food boasts a delectable blend of Indian spices and local ingredients. Tickle your taste buds with dishes like Ikan Parang Masak Pindang (fish in spicy soup base), Nasi Lemak (cooked Chitty-style), Nasi Kembuli (Kembuli rice) and Pulut Tekan (glutinous rice cake).

### Cencaluk

Unique to Melaka, this is a traditional preserve made of fermented small shrimps known in the local language as Udang Geragau. It is usually served as a condiment together with chilli, lime juice and shallots.

### Gula Melaka

A speciality of Melaka, Gula Melaka is a palm sugar that is solidified in bamboo tubes. It has a slightly smoky and caramelised flavour and even said to taste like butterscotch. Gula Melaka is used to sweeten local desserts such as Cendol and cakes such as Kuih Keria and Onde Onde.

### **TRANSPORTATION**

Melaka is located on the southwestern coast of Peninsular Malaysia. It is 144 km from Kuala Lumpur, 90 km from Port Dickson and 224 km from Johor Bahru. Travel options are numerous as the state is accessible by air, road, rail or sea.

# Getting There

# By Air

Those arriving at the Kuala Lumpur International Airport can take a taxi or bus to Melaka. As for those arriving at Melaka Airport in Batu Berendam, you may take a taxi or bus to Melaka City, which is 10km away from the airport.

### By Road

The North-South Expressway runs through the state and provides easy access to the places of interest within the city,

especially places that are located near the Simpang Ampat, Ayer Keroh and Lipat Kajang exits. Melaka Sentral, the bus and taxi terminal in Peringgit, is situated about 6 km from the city. The terminal also houses a shopping arcade and bazaar.

### By Sea

There are daily ferry services to Melaka from Dumai and Bengkalis in Sumatera, Indonesia. The Melaka Marina Complex in Kota Laksamana is a new stopover destination for cruise ships.

### By Rail

Keretapi Tanah Melayu Berhad (KTMB) operates regular services from various parts of the country to Tampin and vice versa. You can take a taxi or bus from the Tampin / Pulau Sebang Station, which is 38 km from Melaka City.

# Getting Around

## Trishaw Ride

The best and most interesting way to discover Melaka's city's historic heart is by a trishaw ride. The trishaw will take you through streets, turning into corners and lanes where many fascinating sights await. The trishaw can be hired on an hourly basis or by distance at The Stadthuys.

# By Taxi

You can get a taxi at bus stations, hotels and shopping complexes. Please agree on the price before you get into a taxi. Another option is to hire a car and travel at your own pace or use e-hailing applications.

# By Bus

To enjoy the sights and scenes like a local, take the local buses or the Panorama Melaka tourist bus.

# FOR MORE INFORMATION, CONTACT:

Tourism Malaysia Southern Region Office

· Johor Bahru, Johor

Tourist Information Centre (TIC Jalan Kota)

+607 222 3590 / 3591

+606 283 6220



# MAP OF JOHOR



# Places of Interest





# **DESARU FRUIT FARM** | Kota Tinggi

Housing over 100 varieties of seasonal and non-seasonal tropical fruits and over 10 plant species, the 100-acre Desaru Fruit Farm gives you the chance to sample a variety of juicy and refreshing tropical fruits such as rambutan, mango, pineapple, ciku, mangosteen and durian.

https://dff.world/ @desarufruitfarm

@ @dffdesarucoast



# TANJUNG PIAI NATIONAL PARK | Pontian

Tanjung Piai National Park encompasses over 926 hectares of rainforest, including 526 hectares of coastal mangroves. Among its inhabitants are dusky leaf monkeys, long-tailed macaques, mud skippers as well as rare bird species and migratory birds. A monument here marks Tanjung Piai as the southernmost tip of Mainland Asia.

www.johornationalparks.gov.my

@TamanNegaraJohor

@ @JohorNationalParks



# JOHOR PREMIUM OUTLETS | Kulai

Set within a beautiful outdoor setting, this major shopping hub is the place for competitively priced designer and branded items. Get everything from men's and ladies' apparel, footwear, bags as well as fashion accessories. Since opening in December 2011, it has drawn thousands of shoppers from both sides of the Causeway.

www.premiumoutlets.com.my

@JohorPremiumOutlets@johorpremiumoutlets



Covering an area of approximately 92,000 hectares, Endau Rompin National Park is a nature reserve teeming with exotic flora and fauna. Straddling across two states, Johor and Pahang, Endau Rompin is the second largest national park after Taman Negara. It derives its name from the rivers of Endau and Rompin. The park is home to a vast species of birds, mammals, frogs, insects as well as endemic and rare varieties of orchids, herbs, medicinal plants and trees. Hikers may chance upon leaf monkeys, long-tail macaques, white-handed gibbons and birds. The pristine jungles are home to elephants, deer, tapirs and the occasional tiger and leopard. For adventure lovers, the scenic Buaya Sangkut waterfalls and rapids are not-to-be-missed destinations. There are two entry points to the national park from Johor; one through Kampung Peta and the other at Kampung Selai. To protect the pristine environment, only limited areas of the park are open for ecotourism. Entry to the park requires a special permit from the Johor National Park Corporation.

www.johornationalparks.gov.my
@TamanNegaraJohor

@ @JohorNationalParks



# SULTAN ISKANDAR MARINE PARK

Located in Mersing, the marine park is made up of a cluster of six islands – Pulau Aur, Pulau Tinggi, Pulau Pemanggil, Pulau Besar, Pulau Rawa and Pulau Sibu. Covering over 8,000 hectares, the marine park is characterised by crystal-clear waters, powdery-white sandy beaches and diverse marine life. Spend a relaxing day on the beach or go snorkelling to admire the undersea paradise.



## GUNUNG I FDANG NATIONAL PARK

The legendary Gunung Ledang – otherwise known as Mount Ophir – is famed for its captivating natural beauty as well as the legends and myths surrounding it. The trek up the mountain is a spectacular experience as it is dotted with cascading waterfalls, flowing streams a and variety of flora and fauna. On a clear day, stunning views of the Straits of Malacca and its surroundings can be seen from the top.

www.johornationalparks.gov.my

@TamanNegaraJohor@JohorNationalParks



# HOMESTAY PARIT BUGIS | Batu Pahat

Located about 34 km from Muar and 27 km from Batu Pahat, this homestay comprises 12 villages. Visitors can take in the clean air and rustic beauty of the landscape and learn about agricultural activities in the oil palm and pineapple plantations. Try making traditional snacks and cakes or watch cultural performances such as *kuda kepang* and *barongan*.

www.homestayparitbugis.blogspot.com@Homestay-Parit-Bugis-Muar



# **DESARU COAST**

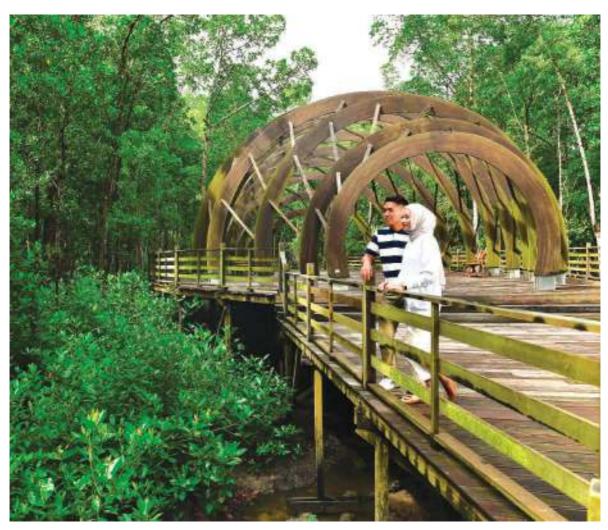
Desaru Coast is a premium integrated destination resort in the south. The beachfront is dotted with numerous luxury resorts, one of the world's largest waterparks (Adventure Waterpark Desaru Coast) and championship golf courses. Desaru also has a public beach that is popular among weekend holiday-makers for its water sports and other fun activities. Its 26 km coastline is perfect for a relaxing swim, canoeing, water-skiing and catamaran sailing. Looking for something out of the ordinary? Try flying an ultra-light aircraft or take part in a go-kart race. This is also the place to enjoy the best of nature – go jungle-trekking, horseback riding or try 4x4 adventures in the surrounding greenery. Further away, Pantai Tanjung Buloh in Sedili invites with its calm waters and rustic views.



# PULAU KUKUP NATIONAL PARK | Pontian

Pulau Kukup is a 647-hectare, uninhabited mangrove island. Acknowledged as a RAMSAR site (Wetland of International Importance), it is surrounded by 800 hectares of mudflats and is reputedly one of the largest-of-its-kind. It was declared a national park in 1997, in order to preserve the island's diverse variety of wetland flora and fauna.

www.johornationalparks.gov.my@TamanNegaraJohor@JohorNationalParks





# ADVENTURE WATERPARK DESARU COAST | Desaru

Set against the backdrop of a Malaysian village, the waterpark consists of wet and dry rides for all ages. Have fun at the Tidal Wave Beach – one of the world's biggest wave pools – or enjoy the Kids Ahoy, Riptide, Kraken's Revenge, Surf Wall and many more. This park is situated within Desaru Coast, a premium integrated destination resort.

www.desarucoast.com@desaru coast malaysia

@desaru coast malaysia@desarucoastmalaysia



## NASUHA HERBS AND SPICES PARADISE | Muar

Covering an area of 3,200 hectares, this is the place to see, touch, smell and taste nearly 150 varieties of spices and herbs from around the world. The herbs are grown free of chemicals and pesticides. Besides delving deeper into the world of herbs and their properties, visitors can also enjoy a relaxing time at the spa or sauna, try out herb-infused culinary delights at the restaurant, go camping, jungle-trekking or kayaking.

https://nasuhaherbsparadise.blogspot.com/@HerbaMalaysia

@ @nasuhaherbs



X Park is the country's first theme park dedicated to motorized and non-motorized extreme sports. Spread over 40 acres, X Park offers over 20 different activities that suit various ages and preferences. Get your adrenalin fix here and take on the various challenges, ranging from Flying Fox, Motocross, Go Kart, ATV, High Rope, Bubbleball Futsal, Skate Park and Paintball. Visitors also have ample choices for milder pursuits such as Aquawalk, Kayaking, Swan Boat Paddling and Glamping.

xparkmalaysia.com/Sunwaylskandar.aspxXpark Sunway Iskandar





### UK FARM AGRO RESORT | Kluang

Come and experience modern farm life at the 100-acre UK Farm. With a breeding capacity of 4,000, it is believed to be the largest goat and sheep farm in Malaysia. As it is located within a resort, it provides facilities such as a restaurant, farm mart, conference room, chalet, dormitory, barbeque area, open stage, campsite and karaoke. Activities here include guided tours of the farm and visits to the Jakun Orang Asli Village, Herb Sanctuary, Passion fruit factory, Ostrich Park, mushroom and vegetable farm as well as the Mini Zoo.

www.ukfarm.com.my
@UKAgroResort

@ @ukfarmagroresortofficial





### CATTLE QUEEN PARK | Kluang

Cattle Queen Park has been accredited as the First Ruminant Park in Malaysia by the Malaysia Book of Records in 2021. Stretching over 10 acres, the park offers the chance to see more than 20 types of animals. Try your hand at feeding the animals or have your pictures taken. Kandang Kitchen dishes out tasty dishes right from the farm to the table. The park also has a souvenir shop, camp site and wedding photography area.

1 cattlequeenpark

### **SUNGAL JOHOR & SUNGAL LEBAM FIREFLIES**

Kota Tinggi

As dusk falls, charter a boat and go on an excursion along the Lebam River. Keep your eyes on the banks as it will be illuminated by colonies of fireflies. These unique creatures feed and live on the Berembang trees that grow by the riverbanks. You can witness this rare natural phenomena in Kota Tinggi as well as a few other places in the country. Among fireflies cruise operators that visitors can check out are:

### Kota Tinggi Firefly Park

Website: ktfireflypark.business.site/ Facebook: @Kota Tinggi Firefly Park

### Restoran Terapung Seafood Bujang Firefly (Seafood Floating Restaurant)

Website: alisashahana.wixsite.com/bujangfirefly Facebook: @Restoran Terapung Seafood Bujang Firefly

### THERE'S MUCH MORE IN JOHOR

There is so much more to discover in Johor. Visit these places for a great time and an experience unlike any other:

### Johor Bahru

- · Permaisuri Zarith Sofea Opera House
- Bukit Timbalan / Sultan Ibrahim Building
- JB Bazaar
- Kampung Sinaran Baru Homestay
- PERSADA Johor International Convention
   Centre
- Sultan Abu Bakar Mosque
- Johor Bahru Visitor Centre (MBJB Gallery)
- Johor Bahru Old Chinese Temple
- · Sri Raja Mariamman Temple
- · Sikh Gurdwara Sahib
- · Masjid India Muslim
- •The Church of Immaculate Conception
- Tiong Hua Chinese Heritage Museum
- Dataran Bandaraya Johor Bahru
- Arulmigu Sri Rajakaliamman Glass Temple
- Berjaya Waterfront Ferry Terminal
- · Austin Heights Water & Adventure Park
- Kompleks Warisan Sultan Abu Bakar
- Kompleks Kraf Johor
- · Senibong Seafood Village
- SkyScape Johor Bahru
- B5 Johor Street Market

### Kota Tinggi

- Kampung Temenin Baru Homestay
- Kota Tinggi Waterfalls
- · Sebana Golf and Marina Resort
- · Homestay Felda Semenchu
- Kampung Felcra Sungai Ara Homestay
- Kampung Lukut Homestay
- Pantai Desaru
- Fishermen's Museum Tanjung Balau
- Kota Johor Lama Museum
- Kota Tinggi Museum
- Ostrich Farm
- · Pantai Tanjung Balau
- Teluk Sengat Crocodile Farm
- KOREF Desaru Leisure Farm
- RAF Point
- · Geology Park Tanjung Balau
- Pulau Tanjung SUrat Eco-Tourism

### **Batu Pahat**

- Kampung Parit Tengah Homestay
- · Ceramic Pottery, Ayer Hitam
- Homestay Kg. Sarang Buaya
- Galeri Dato' Onn
- Kampung Parit Bugis Homestay
- Old Street Batu Pahat
- Penggaram Square
- · Kampung Segenting/Lover's Bridge
- Hutan Lipur Soga Perdana
- Batu Pahat Street Mural Arts
- Fortune Dragon Temple
- · Taman Botani Johor

### Kluang

- Gunung Belumut
- Gunung Lambak Eco-Resort
- Kluang Railway Station
- Small & Medium Industry, Simpang Renggam
- Kluang Coffee Powder Factory
- Street Art Kluang
- · Cattle Oueen Park

### Mersina

- Air Papan Beach
- Islands of Mersing
- Kampung Air Papan Homestay
- Gunung Arong Recreational Forest
- · Pantai Penyabong
- · Mersing Harbour Centre
- Tanjung Resang Beach
- Teluk Gorek Beach
- · Mentigi Bay Glamping
- Mersing Bee Farm

### Muar

- Muar River Cruise
- · Homestay Kg. Parit Bugis
- ungai Gersik Hot Springs
- Muar Art Gallery
- Muar Leather Craft
- Rumah Ambah Anang
- · Desa Keroma Eco Resort

### **Pontian**

- Kukup Island National Park
- · Tanjung Piai National Park
- Pineapple Museum
- Kampung Tanjung Piai Homestay
- Kampung Puteri Menangis Homestay
- Kampung Mukim Serkat Homestay

### Segamat

- Endau Rompin Selai National Park
- · Labis Hot Springs
- · Bekok Waterfall
- · Labis Sunrise Farm
- · Homestay Felcra Bukit Kepong

#### Kulai

- Legend Golf and Country Resort
- Riders Resort
- Kampung Sri Paya Homestay
- Kampung Sri Gunung Pulai Homestay

### Islands

 Pulau Pemanggil, Pulau Aur, Pulau Rawa, Pulau Tinggi, Pulau Besar, Pulau Dayang and Pulau Sibu

### Tangkak

- Everlasting Food Industries (brown rice)
- Tangkak (Textile Town)
- Gunung Ledang National Park
- · Kesang River Cruise

### Iskandar Puteri

- X Park Sunway Iskandar
- Kota Iskandar Mosque
- Kampung Sungai Melayu Eco-Tourism
- RUD Carting Centre
- Iskandar Malaysia Studio
- Legoland Malaysia
- Sireh Park
- Puteri Harbour
- Hard Rock Cafe Puteri Harbour
- FnerG X Park

## Essential Information

### **SHOPPING**

Johor has an extensive range of shopping malls, craft bazaars, duty-free outlets, hypermarkets and night markets. Many of these outlets can be found in Johor Bahru and also in the other towns. You can select from a huge variety of local and imported products ranging from designer labels, fashion accessories, electrical appliances to ceramics and handicrafts.

### Popular shopping spots:

- · AEON Bukit Indah
- AEON Tebrau City
- JB City Square
- Komtar JBCC (formerly known as Komtar)
- Galleria@Kotaraya (formerly known as Plaza Kotaraya)
- Giant
- · Holiday Plaza
- Toppen Shopping Centre
- IKEA Tebrau
- · Johor Premium Outlets
- KSL Citv
- Paradiam Mall
- Mini Kelantan
- Pelangi Leisure Mall
- Angsana JB Mall
- Plaza Pelangi
- · Lotus's
- Berjaya Waterfront Complex
- Mid Valley Southkey
- Sutera Mall
- Skudai Parade
- · Wetex Parade, Muar
- Kluang Mall
- Summit Parade, Batu Pahat
- · UO, 1Segamat
- IOI Mall, Kulai
- BP Mall, Batu Pahat
- · Square One, Batu Pahat
- The Summit, Batu Pahat
- Sunway Big Box Retail Park

- R&F Mall, JB
- Beletime Danga Bay, JB
- · Perling Mall, JB
- · AEON Bandar Dato' Onn
- SKS City Mall, Bandar Penawar, Kota Tinggi

### DINING

Don't forget to sample the mouthwatering spread of delicacies such as Laksa Johor, Nasi Briyani Gam, Lontong and Mee Bandung. Other Johorean specialities include Mee Rebus, Kacang Pool and Otak-Otak. Seafood lovers should head for Kukup, about 10 minutes' drive from Tanjung Piai, the southernmost tip of mainland Asia. Try these authentic local favourites:

### Laksa Johor

This scrumptious blend of noodles with fish curry gravy is a Johor speciality. It is garnished with pickled white radish, onions, bean sprouts, mint leaves, coriander, cucumber and added with a dash of lime juice and sambal belacan (chilli paste) on the side.



### Nasi Briyani Gam

Unlike other varieties, the Nasi Briyani Gam is cooked by sealing both the rice and meat in a pot using edible starch as 'gum' so that the meat juices infuse with the rice grains. It is then eaten with vegetable dalcha, pickles and chutney. This rice dish originates from Batu Pahat.

### Mee Bandung

Another Johor speciality is Mee Bandung, a noodle dish that is eaten with slices of beef, prawns, dried shrimps, boiled egg and a sprinkle of crushed peanuts.

### Lontona

First time visitors should try this unique dish – rice cubes eaten with a rich vegetable gravy. The gravy has a coconut milk base and contains a generous assortment of vegetables, soybean cake and anchovies. This wholesome meal is complemented by the flavoursome chilli paste.

### Seafood

Kukup is famous for its fresh and tasty Chinese as well as Malay seafood. Select from an assortment of fish, crab, squid or cockles and have them grilled, steamed or fried. Have your meal while enjoying a scenic view of the sea. Nearby is Kukup Island, the world's second largest mangrove island.

### TRANSPORTATION

Johor, the southernmost state, ranks among the country's main transportation hubs. It is 368 km from Kuala Lumpur and borders Singapore. You can fly, drive or take the train or ferry here as it is connected by a comprehensive transportation network.

### Getting There

### By Air

Apart from Kuala Lumpur and other parts of the peninsula, Johor is also accessible from Sabah and Sarawak by air. You can fly to Johor from several destinations in Malaysia. Senai International Airport is situated 32 km from Johor Bahru.

### By Road

Johor Bahru is 330 km or a four-hour drive from Kuala Lumpur via the North-South Expressway. Both the Johor-Singapore Causeway and the Second Link Expressway connect Singapore to Johor as well as the rest of the peninsula. Bus services to Johor from major cities and towns in the peninsula are available throughout the day. Tickets must be purchased early during peak seasons.

### Bv Rail

Keretapi Tanah Melayu Berhad (KTMB) or the national railway connects Johor to other states in the peninsula and also Singapore. JB Sentral Railway Station is the most southern station in the country. Other stations include Kempas Baru, Kluang, Kulai, Labis, Paloh, Renggam and Segamat.

### Bv Sea

Tanjung Belungkor is the entrance point from Singapore by ferry. Ferry services are also available from Batam and Tanjung Pinang in Indonesia to Johor Bahru International Ferry Terminal.

### Getting Around Taxis and Rental Cars

You can get a taxi at the Larkin Taxi Station, bus stations, hotels and shopping complexes. It is advisable to request that the taxi meter be switched on or agree on the fare before you begin the ride. Alternatively, you can rent a car from car rental companies at the airport, or book online. E-hailing services are also available in Malaysia.

### Buses

Bus services to various destinations in Johor as well as other towns in the peninsula are available at the Larkin Bus Terminal.

### FOR MORE INFORMATION, CONTACT:

### Tourism Malaysia Southern Region Office

· Johor Bahru, Melaka

### Tourism Malaysia Tourist Information Centre:

• Customs, Immigration and Quarantine Complex, Sultan Iskandar Building

+607-224 4133

+607 222 3590 / 3591

+607-222 0822 / 1822

 JB Sentral 76 | JOHOR



UNRAVEL more wonders as you journey up north, traversing the states of Perak, Penang, Kedah and Perlis. Discover cultures that are as diverse as the attractions – islands and beaches, rainforests and caves, temples and museums, theme parks and historic sites – complemented by a delightful mélange of things to experience.

Perak and Penang are well-developed states. Nevertheless, they have retained their old-world charm and natural heritage. Kedah and Perlis are the country's main producers of rice. They are known not only for their picturesque paddy fields and traditional villages but also as eco-adventure destinations.

The Northern Region is the ideal choice for heritage and old-world charm. Within it lie the internationally famous Pangkor Laut Resort, the UNESCO World Cultural Heritage City of George Town, Asia's first Global Geopark – Langkawi and the UNESCO Archaeological Heritage of the Lenggong Valley. Wonderful surprises abound here and there are more than enough reasons to make it the perfect getaway.

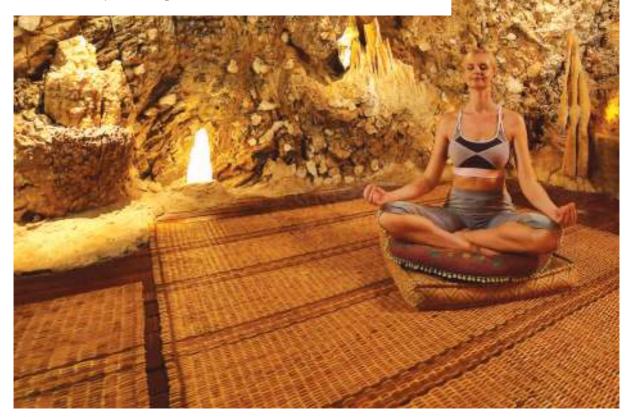


Gua Cherita, Langkawi

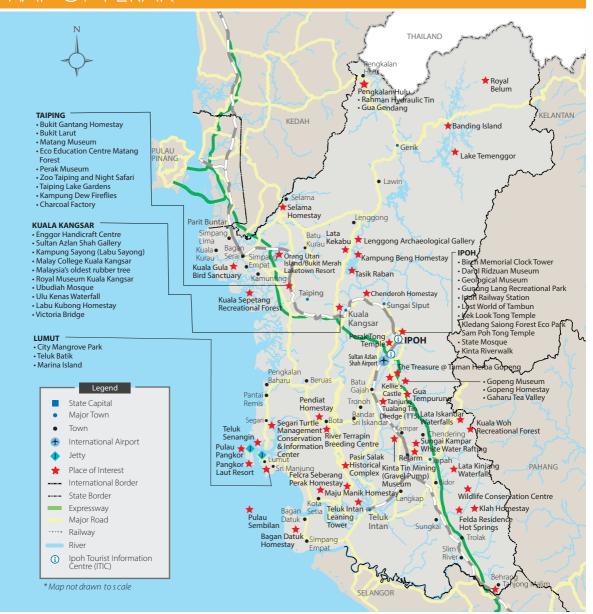
## **PERAK**

### Land of Grace

Perak is situated along the west coast of Peninsular Malaysia and covers an area of 21,000 sq km. Meaning silver in Malay, it was so named as the state is home to Kinta Valley, which once contained the world's richest tin deposits, drawing traders from around the globe. Today, it captivates hearts with its cave temples, virgin rainforests with exotic animals and bird species, hipster cafes that dish out delicious varieties of cuisine and the world-renowned Pangkor Laut Resort. Perak's capital city is Ipoh. Come and experience the graceful charm of Perak!

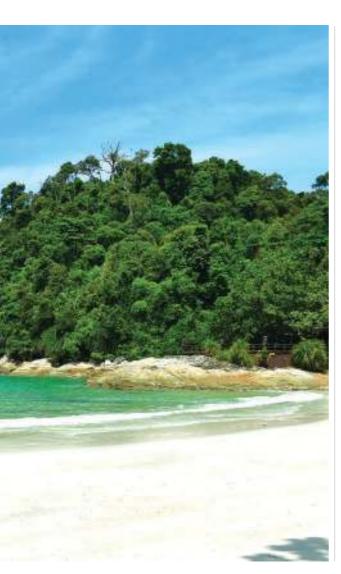


### MAP OF PERAK



# Places of Interest





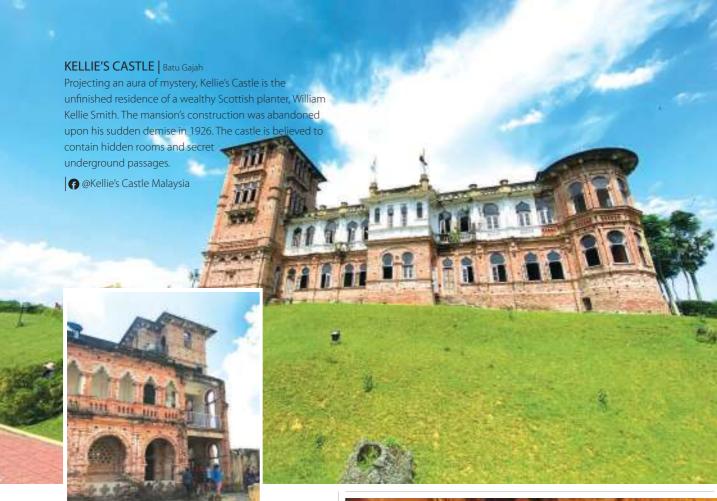
### **ROYAL BELUM**

Nestled within the protected Belum Valley, Royal Belum beckons with its unspoilt nature. Its virgin rainforest possesses a complex ecosystem and is one of the few places in Malaysia where one can find the rare Rafflesia. It is also an important habitat for a number of endangered species such as the Seladang, the Asian Elephant and the Malayan Tiger. Royal Belum is also one of the country's important birding sites or IBA (Important Bird and Biodiversity Area).

www.royalbelum.my
@www.royalbelum.my

@perbadanan-taman-negeri-perak-perak-state-parks-corporation





### **GUA TEMPURUNG** | Gopeng

Stretching over 1 km from Simpang Pulai to Kuala Dipang, Gua Tempurung is one of the largest limestone caves in Peninsular Malaysia. This magnificent showcave is made up of five domes with coconut shell-like ceilings and contains a wealth of natural beauty which includes stalactites, stalagmites and impressive rock formations. It offers various levels of difficulty, making it ideal for all types of spelunkers.





### LOST WORLD OF TAMBUN | Tambun

Lost World of Tambun is an action-packed, wholesome family adventure destination. This self-contained wonderland is cocooned by lush tropical jungle, natural hot springs and breathtaking limestone formations. The park boasts seven amazing attractions including a water park, animal park and hosts exciting live shows, making it the ultimate day and night destination for visitors of all ages.

ntering www.sunwaylostworldoftambun.com

@lostworldoftambun

@ @sunwaylostworldoftambun



### **ZOO TAIPING & NIGHT SAFARI** | Taiping

Home to some 180 local and exotic wildlife species, Zoo Taiping is the country's first zoo. Join the Night Safari for a ride on the mini train around the zoo and watch the zoo's nocturnal inhabitants in action.

www.zootaiping.gov.my@zootaipingnightsafari@zootaiping



### TANJUNG TUALANG TIN DREGDE (TT5) | Batu Gajah

Tin dredges were a common sight in Perak in its heyday as a tin-mining destination. Today, there is only one remaining tin dredge known as Tanjung Tualang Tin Dredge No. 5 or TT5. This restored relic is open to the public and offers a Guided Dredge Tour and panning demonstrations. Commissioned in 1938 and built in England by F.W. Payne & Sons, the dredge was upgraded in 1963 and continued its operations for 44 years until August 1982. In 1997, Malaysian Mining Corporation (MMC) donated TT5 to the Perak State Government. It is located about 40 minutes' drive from Ipoh.

http://www.tt5perak.com/

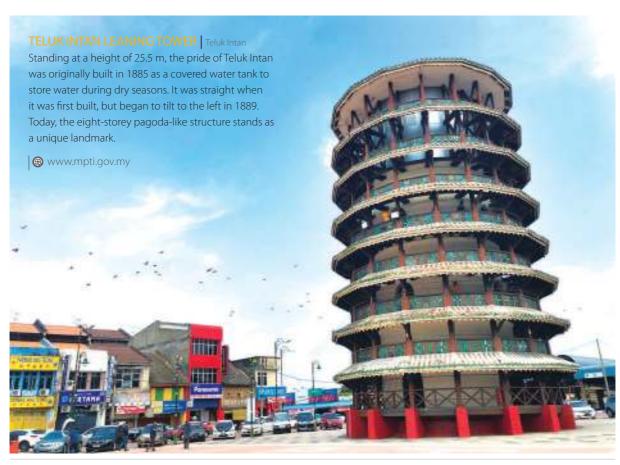
@tanjungtualangno5 @tanjungtaualangno5

### FELDA RESIDENCE HOT SPRINGS | Sungai Klah

The FELDA Residence Hot Springs is filled with natural, free-flowing hot springs that are said to contain healing properties for various ailments such as arthritis and eczema. Located at the foot of the Titiwangsa Range, it boasts beautiful natural surroundings.

www.feldatravel.com.my
@ feldaresidencehotspring





### **BUKIT LARUT (MAXWELL HILL)**

Bukit Larut, once known as Maxwell Hill, is Malaysia's smallest hill resort. Perched 1,250 m above sea level, it towers over the scenic town of Taiping. Its virtually undisturbed montane forest was gazetted as a permanent forest reserve in 1910 and houses an impressive collection of flora and fauna.



mww.mptaiping.gov.my



### THERE'S MUCH MORE IN PERAK

Various places of interest can be found in towns such as Ipoh, Kuala Kangsar and Taiping. There are many other gems in its sprawling countryside.

### lpoh

- · Birch Memorial Clock Tower
- Darul Ridzuan Museum
- · Geological Museum
- Gunung Lang Recreational Park
- Ipoh Railway Station
- Kek Look Tong Temple
- Kledang Saiong Forest Eco Park
- · Sam Poh Tong Temple
- State Mosque
- Kinta Riverwalk

### Kuala Kangsar

- Enggor Handicraft Centre
- · Sultan Azlan Shah Gallery
- · Kampung Sayong (Labu Sayong)
- Malay College Kuala Kangsar
- · Malaysia's Oldest Rubber Tree
- Ubudiah Mosque
- Royal Museum Kuala Kangsar
- · Ulu Kenas Waterfall
- · Labu Kubong Homestay
- · Victoria Bridge

### Perak Tengah

- Pasir Salak Historical Complex
- Pulau Tiga Handicraft Centre
- River Terrapin Breeding Centre
- Pendiat Homestay

### Manjung

- Marina Island Jetty Complex (Pulau Pangkor)
- Marina Island Yacht Club (Pulau Pangkor)

- Pangkor Gallery
- Teluk Nipah
- Segari Turtle Management
   Conservation and Information Center
- Teluk Batik
- Teluk Senangin
- · City Mangrove Park

### Lenggong

- Lenggong Archaeological Museum
- · Kampung Beng Homestay
- Lata Kekabu Waterfalls

### Taiping, Larut Matang and Selama

- · Bukit Gantang Homestay
- · Matang Museum
- Eco Education Centre Matang Forest
- Perak Museum
- Selama Homestav
- Taiping Lake Gardens
- Charcoal Factory

### **Batang Padang**

- Kuala Woh Recreational Forest
- Lata Iskandar Waterfalls
- · Lata Kinjang Waterfalls

### Batu Gajah

- Clear Water Sanctuary Resort
- Kellie's Castle
- Tanjung Tualang Tin Dredge No. 5 (TT5)

### Kampar / Gopeng

- Gopeng Homestay
- Sungai Kampar (white-water rafting)
- Gaharu Tea Vallev
- · Gopeng Museum
- · Heritage House Gopeng
- Kinta Tin Mining (Gravel Pump) Museum
- Gua Tempurung

### Kerian

- Kuala Gula Bird Sanctuary
- · Ban Pecah Beach

### Gerik

- · Banding Island
- · Lake Temenggor

### Hilir Perak

- · Teluk Intan Leaning Tower
- · Bagan Datuk Homestay
- · Maju Manik Homestay
- Felcra Berhad Seberang Perak Homestay
- Pulau Sembilan

### Sungkai

- Klah Homestay
- Wildlife Conservation Centre
- Felda Residence Hot Springs

### Pengkalan Hulu

- · Gua Gendang
- Rahman Hydraulic Tin

# Essential Information

### **SHOPPING**

You can look forward to a great shopping experience in Perak. The state has modern shopping complexes, night markets and simple roadside stalls. Just about everything is available here – food, fruits, clothing, footwear, accessories and many more. Handicraft such as the Labu Sayong, a gourd shaped water vessel, is unique to Perak and can be purchased from Kampung Sayong in Kuala Kangsar. Pangkor Island is newly-declared as a duty-free island and this is an added attraction for visitors.

Those in search of quaint souvenirs can browse through the souvenir outlets for embroidered fabrics, earthenware and more. Popular shopping spots in Ipoh are:

- Enggor Handicraft Centre
- Gerbang Malam
- Ipoh Parade
- Angsana Mall
- AEON Mall Kinta City
- AEON Mall Station 18
- AEON Mall Klebang
- · Memory Lane

#### DINING

Perak has carved an identity for itself as a foodie's haven with its varied street fare and unique restaurants. The state is famous for its hipster cafes that are often shared in social networking sites. These hipster cafes are visited by foodies from around the country. Chinese delicacies that are not-to-be-missed here are Sar Hor Fun, Hor Hee, Dim Sum and Chicken Rice with Bean Sprouts. Try out these local favourites:

### Ipoh White Coffee

If you are in Ipoh, don't leave without trying the Ipoh White Coffee. A favourite among coffee lovers around the country, Ipoh White Coffee had a rich aroma and smooth taste as the beans are slow-roasted in palm oil margarine.

### Ikan Pekasam

Enjoy the most famous fish in town, Ikan Pekasam. Marinated in toasted rice and salt, the fish is left to ferment for two weeks in a closed urn. The process softens the fish's scales and bones and gives the traditional delicacy its distinct sharp tangy taste. Pekasam is usually eaten with plain rice or added in fried rice. It can be found at most wet markets here.

### Nasi Kandar Vanggey and Nasi Ganja

Love curry? Try out Nasi Kandar Vanggey, a plateful of rice laden with a selection of spicy curries. Nasi Ganja is another item that has carved a name for itself. An interesting point to note is that ganja actually means cannabis. It humorously implies that the dish is so good that it is addictive.

### Chicken Rice with Bean Sprouts

This delectable combination of braised chicken, bean sprouts and rice is another recipe that originates from Ipoh. Fresh and crunchy, the bean sprouts here are said to taste better as they are grown with water from the limestone hills.

### Seafood

Seafood lovers will find a variety of dishes at the towns of Lumut on the mainland, and on Pangkor Island.

### Rendang Tok

Rendang Tok is a flavorsome Malay delicacy made with a combination of spices, herbs, coconut milk as well as beef and served with turmeric rice. It is normally served during special occasions such as weddings and important celebrations.

### Pomelo

This large citrus fruit is found abundantly in Ipoh and Tambun. Roadside stalls are aplenty selling freshly plucked pomelos from the farms. Pomelo is juicy and has a subtle sweetness and a tinge of bitter aftertaste, making it unique and refreshing.

### **TRANSPORTATION**

Ipoh is connected to other major towns and cities in the peninsula by a comprehensive network of road, rail and sea transportation.

### Getting There

### By Road

Ipoh is 165 km from Penang and 205 km or 2 ½ hours' drive from Kuala Lumpur. Apart from air-conditioned coaches from Kuala Lumpur International Airport to Ipoh, there are also bus services from main bus terminals in Kuala Lumpur (Terminal Bersepadu Selatan and Hentian Duta) and Butterworth in Penang to the Amanjaya Terminal in Meru Raya, Ipoh.

### By Rail

Keretapi Tanah Melayu Berhad (KTMB) provides train services to all major towns in Perak, namely Sungkai, Batu Gajah, Ipoh,

Kuala Kangsar and Taiping. The fastest mode is the Electric Train Services (ETS) that plies between Seremban, KL Sentral and Ipoh.

### By Air

Sultan Azlan Shah Airport is located in Ipoh, about 6 km from the city. Airlines such as Air Asia and Scoot Airlines fly the Ipoh -Singapore - Ipoh route.

### Getting Around

### Taxis

You can hail a taxi at bus stations, hotels, shopping complexes and many other parts of the city. Please agree on the price for a round tour of the city before you get into the taxi. Call taxis are also available.

### **Buses**

Taking the local bus is an affordable way of travelling around the state and it is also a good way to observe the local lifestyle. The main bus terminal is the Amanjaya Bus Terminal located in Meru Raya, about 20 minutes from Ipoh town.

#### Cars

Driving is one of the most convenient ways of getting around the state. You can rent a car and explore the state at your own pace. E-hailing services are also available.

### FOR MORE INFORMATION, CONTACT:

Tourism Malaysia Northern Region Office Ipoh Tourist Information Centre (ITIC):

+604-263 4941 / 264 3494 / 261 0058

+605-208 3151

## **PENANG**

### Bearl of the Orient

Witness the delightful fusion of the East and West as well as the old and new in the Pearl of the Orient, Penang. This 1,048 sq km sun-kissed state comprises the island of Penang and Seberang Perai on the mainland. The island and the mainland are linked by the state-of-the-art Penang Bridge. The first bridge (Penang Bridge) is the 5th longest in Southeast Asia and the second bridge (Jambatan Sultan Abdul Halim) is the 2nd longest in Southeast Asia. Elegant colonial buildings rise among modern skyscrapers in its capital, George Town, a UNESCO World Heritage Site, while unique flora and fauna flourish in the Penang National Park. Festivals are celebrated with much colour and exuberance at this state. One of the main attractions of Penang is its bewildering array of mouth-watering food, ranging from Malay, Chinese, Nyonya to Western and fusion fare. Explore and discover the beauty of Penang!



### MAP OF PENANG



# Places of Interest



### **GEORGE TOWN**

### A UNESCO World Heritage City

Penang's vibrant capital city, George Town, was awarded UNESCO World Heritage City status in 2008. Full of character and vibrance, this city is filled with heritage buildings, historical landmarks and a colourful medley of cultures. Many attractions are situated within walking distance of each other – in fact, walking the streets of George Town is a visual feast in itself. Alternatively, take a tour of the city on one of the cheerfully-decorated trishaws available at every corner.

www.gtwhi.com.my

@gtwhi @gtwhi

### STREET OF HARMONY | George Town

A short walk along Jalan Masjid Kapitan Keling, otherwise known as the Street of Harmony, demonstrates how the island's four main communities can coexist peacefully. At the northern end of the street is St. George's Church, the first Anglican church in Southeast Asia. Just minutes away is the Goddess of Mercy Temple, one of Penang's oldest surviving buildings dating back to the 1800s. Visitors will also find the Sri Maha Mariamman Kovil, the oldest Hindu temple on the island. Further along the street, the minaret and dome of the imposing Kapitan Keling Mosque rise above the rooftops.

www.pht.org.my
@PenangHeritage





### THE TOP KOMTAR | George Town

Touted as The World's First Tower Curved Skywalk at The Top Penang, this is the state's largest theme park which brings more than 18 themed attractions. Explore the Rainbow Skywalk, Jurassic Research Centre, Penang Boutique Aquarium and Zombie Outbreak. There is also a Penang State Gallery that features everything you have ever wanted to know about Penang. Don't miss Durian The King of Fruits, is a gallery dedicated to the infamous, thorny fruit! Enjoy your tour and savour great food at the restaurants while you enjoy the view.

www.thetop.com.my@thetopofpenang@thetoppenang

### PENANG NATIONAL PARK | Teluk Bahang

Home to hundreds of species of flora and fauna, Penang National Park offers a wondrous journey into the heart of nature. Also within the park are a 19th-century lighthouse, a natural meromictic lake, nature trails and a turtle conservation centre.

www.wildlife.gov.my





### TROPICAL FRUIT FARM Teluk Bahang

Savour a variety of fruits at the Tropical Fruit Farm. The farm covers an area of 25 acres and is located in the hilly terrain of Teluk Bahang. Over 200 tropical and subtropical fruits are grown in this orchard. They include durians, lychees, mangoes, guavas, avocados and dragon fruits. After touring the farm, you can sample freshly cut fruits or great-tasting fruit juices.

www.tropicalfruitfarm.com.my

@penangtropicalfruitfarm

@ @tropicalfruitfarmpg

### CHOWRASTA BAZAAR | George Town

Operating since the late 1800s, Chowrasta Bazaar is divided into several sections. In the front are stalls selling local products including pickled nutmeg, durian cake, medicinal oils and balms. The wet market is at the back with stalls selling fresh produce. The upper level is a treasure trove of shoes and clothes, with coffee shops and even second hand bookstores.







### PENANG BATIK FACTORY | Teluk Bahang

Located near the Penang Butterfly Farm (Entopia), Penang Batik Factory is the place for tourists seeking local crafts and souvenirs. Take the opportunity to do some batik shopping in the large showroom featuring a range of menswear, ladieswear, scarves, tablecloths and more. Daily tours are also available at the factory and soon you will discover why this place is the largest traditional batik manufacturer in the northern region of Malaysia.





### **ESCAPE** | Teluk Bahang

ESCAPE is a fun destination with exciting rides and games hosted in a natural environment. Its main attraction is the World's Longest Water Slide, stretching up to 1,111 m. It has been listed in the Guinness World Records. Visitors can enjoy a variety of other activities such as Aerobat, Airbag, AK Academy, AK Discovery, AK Splash, Family Trail, Family Twister and many more.





### TROPICAL SPICE GARDEN | Teluk Bahang

Set out over eight acres of secondary jungle in Teluk Bahang overlooking the Straits of Malacca, the garden has more than 500 species of tropical flora and fauna. Different trails introduce more than 100 varieties of spices, herbs, ferns and orchids. Throughout the garden are themed Garden Rooms with special plant collections complete with informational signages.





### **ENTOPIA** | Teluk Bahang

Entopia is the World's First Tropical Butterfly & Insect Sanctuary. It was previously known as Penang Butterfly Farm. ENTOPIA sits on 9,290 sq m of exhibition space in Teluk Bahang. Branded as an Entomological Utopia, this is a sanctuary for 15,000 species of live butterflies, dragonflies and fireflies from around the world. This nature learning destination will reconnect visitors to the true spirit of human nature to live harmoniously with Mother Nature.

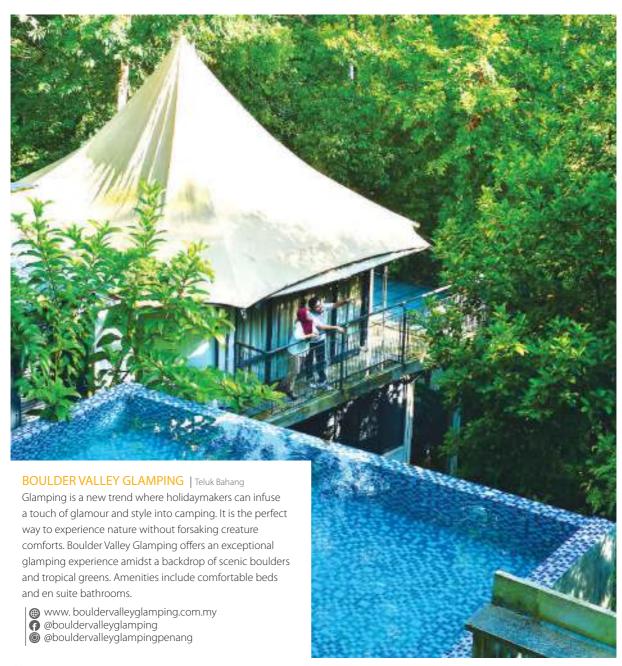


@ @myentopia



### **BATU FERINGGHI**

Batu Feringghi is the most popular beach destination in Penang. With its stretch of golden sand, this beach is the focal point of resorts, water sports, leisure activities and shopping. The scenic backdrop of large granite boulders, fine sand and calm waters makes this an idyllic relaxation spot. The beach front beckons with watersports, scores of restaurants, watering holes and recreational spots, coupled with a lively night bazaar.



### THERE'S MUCH MORE IN PENANG

Places of interest abound in George Town as well as along the north coast of Penang island. For more attractions, make a trip to the mainland and enjoy the scenic journey across the channel.

### George Town

- · Acheen Street Malay Mosque
- Chinatown
- · City Hall & Town Hall
- Dhammikarama Burmese Temple
- Goddess of Mercy Temple
- Penang Islamic Museum
- · Kapitan Keling Mosque
- Little India
- P. Ramlee's House
- Penang Museum
- · Sri Maha Mariamman Temple
- · St. George's Church
- State Mosque
- My Crystal Museum
- Penang Street Art
- Penang 3D Trick Art Museum
- PG Gold Museum
- Ghost Museum
- · Asia Camera Museum
- · Batik Painting Museum
- Sun Yat Sen Museum
- Rozana's Batik
- Cheah Kongsi Interperative Museum
- · Oueen Victoria Clock Tower
- Wat Chavamangkalaram
- · Penang Hajj Gallery
- · Magic World & Ice Cafe
- Colonial Museum
- · Galeri Melavu Penang
- Dark Mansion
- Upside Down Museum
- Wonder Food Museum
- · Glass Museum Penang
- Esplanade & Fort Cornwallis
- Cheong Fatt Tze Mansion (The Blue Mansion)
- The TOP, KOMTAR
- The Gravityz, KOMTAR
- Tech Dome, KOMTAR
- Penang House of Music
- · Khoo Kongsi
- Penang State Art Gallery

- · Hin Bus Depot
- Clan Jetties
- Pinang Peranakan Mansion
- Suffolk House

### Gelugor

• Tuanku Fauziah Museum and Gallery

### Jalan Kebun Bunga

- Bee Gallery
- · Penang Botanic Gardens
- · Waterfall Hilltop Temple

#### Air Itam

- · Penang Hill
- The Habitat Penang Hill
- · Penang Hill Gallery @ Edgecliff
- Kek Lok Si Temple

### **Bayan Lepas**

- Pulau Jerejak
- · Penang War Museum
- Snake Temple
- Fisheries Research Institute (FRI Aquarium Batu Maung)

### Balik Pulau

- Countryside Stable (Horse Riding)
- Audi Dream Farm
- · Penang ATV Eco Tour
- Matahari Cycle
- · Saanen Dairy Goat Farm

### Tanjung Bungah

• Floating Mosque

### Batu Feringghi

- · Batu Feringghi Night Market
- TeddyVille Museum
- Tropical Spice Garden
- · Batu Feringgi Beach

### Teluk Bahang

- Penang Forestry Museum
- Toy Museum
- Entopia
- Tropical Fruit Farm

### Escape

• Penang National Park

### Seberang Perai Utara

- Rope walk Taman Selat Butterworth
- Kampung Agong
- Rekreasi Air Hitam Dalam
- Frog Hills
- Masjid Abdullah Fahim Kepala Batas
- Masjid Tuan Samad Permatang Dua
- Masjid Jamek Haji Abdul Rashid Sungai Dua
- Nine Emperor Gods Temple (Tow Boo Kong Temple)
- Pasar Bisik Kuala Muda
- Tukang Besi Permatang Benuan
- Butterworth Art Walk
- Capal Jago Kepala Batas

### Seberang Perai Tengah

- Juru Auto City
- Taman Negeri Bukit Panchor
- Penang Bird Park
- Taman Rimba Bukit Mertajam
- Sri Muniswarar Temple
- Sri Sri Radha Krishna Temple of Devotion & Understanding
- Ku Zheng Tse Temple
- Arulmigu Karumariamman Temple
- · Makam Kerabat Diraja Kedah
- Rumah Tuan Guru Haji Othman
- St. Anne's Church
- Cherok Tokun Nature Park
- Mengkuang Dam

### Seberang Perai Selatan

- Design Village
- IKFA
- Nibong Tebal Firefly Jetty
- Pulau Aman
- · Central Island Park, Batu Kawan
- · Church of St. Anthony

## Essential Information

### **SHOPPING**

Shopping in Penang is convenient as one-stop shopping malls, retail outlets, handicraft stores, flea markets, night markets and sidewalk bazaars are available in the state. Whether you are looking for mementos, branded apparel, electronic items, books, local food products, antiques and curios, or just browsing around, you will find it a pleasant experience.

Lebuh Campbell

Straits Quay Mall

• Sunshine Square

· Chowrasta Bazaar

Megamall Penang

Giant Hypermarket

· Midlands Park Centre

• Penang Times Square

• Kompleks Bukit Jambul

· Lorong Kulit Flea Market

Popular shopping spots include:

- Precinct 10
- Island Plaza
- Prangin Mall
- Gurney Plaza
- · Jalan Penang
- Design Village Outlet Mall
- Juru Auto-City
- 1st Avenue Mall
- Oueensbay Mall
- Gurney Paragon
- The Summit Bukit Mertajam
- Batu Feringghi Night Market
- Lebuh Kapitan Keling (Gold Bazaar)
- Sunway Carnival Mall, Seberang Jaya
- Lotus's Store Alma & Seberang Jaya
- Lotus's Store Jelutong, Sungai Dua & Seri Tanjung Pinang
- Rope Walk Bagan, Taman Selat, Butterworth

### DINING

One of the main highlights of a trip to Penang is the food. You will be amazed at the sheer variety of Chinese, Malay, Indian and Nyonya cuisine vying for your attention. Don't miss delicious street food like Assam Laksa, Hokkien Mee, Chee Cheong Fun, Char Kuay Teow, Pasembor and Mee Goreng. You can also try delicious Peranakan or Nyonya food such as Mee Siam, Otak-Otak, Kerabu, Enche Kabin and Curry Kapitan. Equally delicious is Nasi Kandar, an Indian Muslim dish. Seafood restaurants offering

a wide variety of scrumptious dishes are found in abundance along the coastal areas on the island as well as the mainland. Main foodie zones include Gurney Drive. Enjoy Penang's authentic local favourites.

### Char Kuay Teow

The aromatic Char Kuay Teow is one of the most popular street food in Penang. It is made from flat rice noodles stir fried with dark and light soy sauce as well as prawns, cockles, chilli, bean sprouts and Chinese chives. Duck egg and crab meat are usually added for that extra flavour.

### Assam Laksa

A soupy dish, Assam Laksa tickles the tastebuds with a combination of sweet, sour and spicy flavours. A bowl of Assam Laksa comes with smooth rice noodles, shredded fish (typically mackerel), sliced pineapples, cucumber and lettuce, topped with onions, red chillis and mint leaves. The condiments are immersed in a tangy tamarind-flavoured soup.

### Nasi Kandar

Nasi kandar is a speciality of the Indian Muslim community that originates from Penang. Enjoy rice with a tantalising choice of beef, chicken, mutton, fish, prawn or squid curry, accompanied by side dishes and papadom crackers. It is said that a visit to Penang is incomplete without savouring a good plate of Nasi Kandar.

### Hokkien Mee

Unlike its namesake in Kuala Lumpur, the Penang Hokkien Mee comprises flavoursome prawn soup and noodles garnished with prawns, fish cake, vegetables and fried shallots.

### Pasembor

Similar to dressed salads, the Pasembor is a mix of shredded turnip and cucumber, dough fritters, fried bean curd as well as boiled potatoes topped with a sweet and spicy sauce. The

crunch of the fritters, the taste of the sauces and the freshness of the vegetables make Pasembor a delightful snack.

### Roiak

Rojak comprises a wide variety of refreshing local fruits, cuttlefish slices and fritters that are stirred into a bowl of pungent prawn paste dressing and sprinkled with ground peanuts before it is served. This healthy snack can be enjoyed at any time of the day.

### **TRANSPORTATION**

Getting to Penang is easy as it boasts a comprehensive network of air, sea, road and rail transportation.

### Getting There

### By Air

Penang has air links with Kuala Lumpur and major capitals of the region such as Singapore, Bangkok, Phuket, Medan, Banda Acheh, Macau, Hong Kong, Xiamen and Taipei. Its airport, the Penang International Airport, is about 16 km from George Town. You can purchase taxi coupons at the airport before leaving for various destinations in the state or hire limousines, which cost slightly higher.

### Bv Road

Visitors can enjoy a drive to Penang via the Penang Bridge and enjoy the beautiful scenery along the way. The mainland is accessible via the North-South Expressway (Plus Highway).

### By Sea

You can get to Penang Island from Butterworth by ferry. Fares for passengers are collected at the Butterworth terminal and no payment is required for the return journey.

### By Rail

For rail travel, the destination to look out for is Butterworth, which is the main transit point for travellers to Penang Island. The

fastest option is via the sophisticated Electric Train Service (ETS) which connects Kuala Lumpur to Butterworth in just about 4 ½ hours. Bookings can be made online or at the counters. Visitors from Alor Setar, Padang Besar, Hadyai and Bangkok can also arrive by train to Butterworth.

### Getting Around

Getting around Penang is easy. You can hop on public transport and explore the state by taxis, buses or trishaws.

### Taxis

Taxis are easily available to get around Penang. Please ensure that the meter is switched on or agree on the price before you begin your ride.

### Buses

The Hop On Free Central Area Transit (CAT) takes visitors around George Town for free. This bus service is available every 20 - 30 minutes from 6.00am - 11.00pm. It plies between the Weld Quay Jetty and KOMTAR, taking you to 19 stops within this UNESCO World Heritage City. The main bus terminals are at Weld Quay Jetty (ferry terminal) and KOMTAR (ground floor). Tips: Buy Rapid Penang Bus Pass RM 30 for unlimited ride (Valid for 1 week)

### Trishaws

Travel the old fashion way. Get on a trishaw, a unique three-wheeled vehicle, and take in the sights at your own pace. You can stop at any point to snap pictures or buy souvenirs. As there is no standard fare, it would be wise to agree on the price before getting on the trishaw. For extended sightseeing, it is advisable to hire them by the hour.

### FOR MORE INFORMATION, CONTACT:

Tourism Malaysia Northern Region Office Tourist Information Centre:

- Penang International Airport
- · George Town

+604-263 4941 / 264 3494 / 261 0058

+604-642 6981

+604-262 2093

## **KEDAH**

### Ancient Ruins. Beach Holidays and Bastoral Charms

Kedah is said to be Malaysia's oldest state, with an ancient civilization that dates back to the 5th century AD. This state is also Malaysia's main rice producer and boasts expansive views of paddy fields. It is home to Southeast Asia's first Geopark, situated on the renowned island resort of Langkawi. Enjoy carefree days by the beach, snorkelling at the marine park or go on mangrove tours. At the mainland, the ancient Bujang Valley archaeological site is a must for history buffs for its intriguing excavation sites, relic and candis. Kedah's capital city, Alor Setar is dotted with historic buildings. For a memorable holiday, make Kedah your tropical getaway!



### MAP OF KEDAH



## Places of Interest

### **LANGKAWI**

Langkawi comprises a group of 99 tropical islands lying off the northwestern coast of Peninsular Malaysia. The main island is known as Pulau Langkawi. The islands are shrouded in myths and legends, the most prominent being a curse laid by a wronged maiden named Mahsuri. A natural paradise, the clear emerald waters around the islands are perfect for a host of water sports and recreational activities. The enchanting marine life in Pulau Payar Marine Park beckons diving enthusiasts. Langkawi has been accorded the Global Geopark status by UNESCO for its beautiful geological heritage of stunning landscapes, karsts, caves, sea-arches, stacks, glacial dropstones and fossils. Langkawi is perfect for doing everything or nothing at all. Relax at the international-standard resorts or rejuvenate at the spa. Come to Langkawi for a holiday unlike any other.





### LANGKAWI SKYCAB | Burau Bay

Enjoy an exhilarating cable car ride to the top of Gunung Machinchang. Visitors can enjoy marvellous views of the Andaman Sea and the Langkawi Island group, as well as breathtaking sights such as overhanging cliff walls and isolated pinnacles. With a length of 950 m, the Langkawi SkyCab has been recognised as 'The Longest Free Span Mono Cable Car' by the Malaysia Book of Records.

At the middle and top stations, walking trails and viewing platforms are available to further enjoy the panoramic views. Langkawi SkyCab is situated at the Oriental Village in Burau Bay, about 30 minutes away from Kuah town. After the ride, drop by at the Oriental Village to browse through the assortment of souvenirs.

www.panoramalangkawi.com

@langkawiskycab

@ @langkawiskycab



### KILIM GEOPARK

Kilim Geoforest Park is one of the three geoforest parks in Langkawi. Spread over 100 sq km, this park features a beautiful mix of well-protected green mangrove forests, secluded white beaches and blue lagoons. On the trail, along the calm winding river, you will be exposed to the wonders of the park's marine ecosystem and flora and fauna like the overhanging Bogak Trees, Brown Eagles, crabs, iguanas and macaques. Enjoy the spectacular view of unique limestone rock formations emerging from the floor of the mangrove swamps and the sea. These fascinating geological wonders have been dubbed the Temple of Borobodur, the Elephant Stone and the Hanging Gardens.

www.kilimgeoforestpark.com (f) @Kilim-Geoforest-Park

**@** @kilimgeoforestpark



### PUI AU PAYAR MARINF PARK

This day trip destination is situated in the northern part of the Straits of Malacca, 19 nautical miles south of Langkawi and encompasses the islands of Pulau Payar, Pulau Lembu, Pulau Segantang and Pulau Kaca. The marine park teems with a fascinating diversity of marine life and vegetation. Pulau Payar is the most popular of the islands as its sheltered waters are ideal for snorkelling, diving and swimming. Among the enchanting dive spots is the Coral Garden, an area covered with bright, multi-hued soft corals.

Visitors can get to Pulau Payar from Kuah Jetty by catamaran or speedboat. The ride on the catamaran takes about 1 hour while the speedboat takes about 30 minutes. It is advisable to book the catamaran service one day ahead. An entry fee to the marine park is chargeable. To protect the environment, there is no accommodation on Pulau Payar Marine Park.



marinepark.dof.gov.my @tamanlautmalaysia

### TASIK DAYANG BUNTING

Tasik Dayang Bunting will enthrall you with its beautiful surroundings and mysterious past. The name of Langkawi's largest freshwater lake is attributed to the legend of a lovely fairy princess who married an earthly prince. Her child died shortly after birth, which made her so sad and depressed that she buried the child in the crystal clear waters of the lake

Before she returned to her celestial abode, she blessed the waters so that any childless maiden who bathed in the lake would conceive thereafter. To reach the lake, one has to get to the Island of the Pregnant Maiden first and then take a short walk through the forest reserve.



www.ladaeco.my

(a) @ladaecotourism.sdnbhd

@ @ladaecotourism

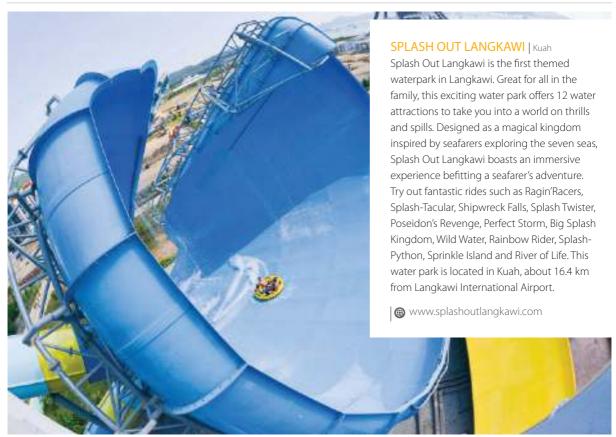


### ORIENTAL VILLAGE | Burau Bay

Overlooking the beautiful Burau Bay, Oriental Village is one of the region's most unique shopping, cultural and culinary destinations. Specially designed to provide a new concept in resort duty-free shopping, Oriental Village houses souvenir outlets and themed restaurants that reflect Asia's culinary traditions. Oriental Village is a 15-minute drive from the Langkawi International Airport.







### **KEDAH MAINLAND**

### TREETOP WALK AND SEDIM RIVER

Stretching 925 m atop the forest canopy, the Tree Top Walk in Sedim River Recreation Park is the Asia's longest canopy walkway. Enjoy a dramatic view of the surrounding forest with occasional glimpses of birds, gibbons and other wildlife. The Sedim River flows beneath the walkway, where you can enjoy white-water rafting and kayaking.

www.treetopwalk.com.my@TreeTopWalkSgSedim@treetopwalksgsedim



### PADDY MUSEUM | Keriang Hill

Situated at the foot of Keriang Hill, the Paddy Museum contains exhibits and information relating to the country's staple crop. A not-to-be-missed attraction here is the revolving platform on the third level, which gives a panoramic 360° view of an astonishingly lifelike mural. As the platform revolves, the mural depicts paddy fields, villages and its surroundings while showcasing the processes involved in paddy harvesting.

www.muziumkedah.gov.my@Lembagamuziumnegerikedahdarulaman@lembagamuziumnegerikedah





### MAHATHIR MOHAMAD'S BIRTHPLACE COMPLEX | Alor Setar

Malaysia's former and longest-serving Prime Minister, Tun Dr. Mahathir Mohamad, was born in this traditional, one-room wooden house in 1925. Here, you can read all about his life and his achievements. The items on display here include furniture, documents on family genealogy and school photographs. Within the grounds are two exhibition halls, an auditorium and office, a souvenir shop and the first ice factory in Alor Setar.





### ALOR SETAR TOWER | Alor Setar

The state-of-the-art Alor Setar Tower is one of the city's most distinctive landmarks. Standing at 165.5 m, it is the 2nd tallest telecommunications tower in Malaysia. The tower is equipped with an observation deck and a revolving restaurant.



www.menaraalorsetar.com.my @menaraalorsetarofficial @menaraalorsetarofficial

### **BUJANG VALLEY ARCHAEOLOGY MUSEUM**

Sprawling over 224 km, Bujang Valley is the site of one of Southeast Asia's oldest civilisations, believed to be more than 2000 years old. More than 50 ancient structures known as candi and close to 1.000 artefacts have been unearthed so far. Some of the candis have been preserved and relocated to the museum grounds. Visitors can gain an insight at the museum gallery or visit the surrounding candis to view these incredible relics up close.

www.jmm.gov.my/en/museum/lembah-bujang-archaeological-museum @malbmerbok





### **ULU LEGONG HOT SPRINGS**

Situated about 22 km from Baling, the Ulu Legong Hot Springs Recreational Centre comprises five pools with temperatures ranging between 30 to 60° C. It is the only hot springs in the country to operate round the clock. Facilities include a 24-hour cafeteria, gazebos, ladies' pool, changing rooms dan showers

www.mdbalingtourism.gov.my

@prapulmdb

@ @ululengonghotspring



### MASJID ZAHIR | Alor Setar

A famous landmark in Alor Setar, Masjid Zahir features distinctive black domes – one main dome and five smaller domes, which represent the five tenets of Islam. The exquisite Moorish architecture of this mosque is similar to mosques in Langkat, North Sumatera. It was built in 1912 by the then Sultan of Kedah. The mosque is one of the oldest in Malaysia.



www.jaik.gov.my @masjidzahirofficial

@ @masjidzahirofficial



### **GUNUNG KERIANG CAVES**

The Gunung Keriang Caves – Gua Terus, Gua Pelamin, Gua Seribu Bayur and several unnamed ones are among the arresting formations that will appeal to cavers. The caves are about 8 km from Alor Setar.





### **ULU MUDA ECO PARK**

Ulu Muda Eco Park is a sanctuary for over 109 species of mammals, 54 species of reptiles and 33 species of fish. Nestled within the vast 120,000-hectare Ulu Muda Forest, it is a safe haven for animals such as elephants, tigers, rhinoceros, seladang, sun bears and tapirs. The park is among the best places for birdwatching as it shelters some 200 bird species including the Red-crowned Barbet, Large Wren Babblers and Hooded Pitta.



www.kedforestry.gov.my

#### THERE'S MUCH MORE IN KEDAH

More sightseeing, shopping and dining opportunities are available in Langkawi, Alor Setar and other towns in the state. Kedah's countryside is ideal for those who love the great outdoors.

#### Alor Setar

- · Balai Besar
- Balai Nobat
- Kedah State Museum
- · Kompleks Al-Bukhari
- Kota Kuala Kedah
- Pekan Rabu
- Royal Museum
- Rumah Merdeka
- Rumah Seri Banai and Rumah Tok Su
- Taman Jubli
- Tunku Abdul Rahman Memorial
- · Zahir Mosque

#### **Kubang Pasu**

- Bukit Wang Recreational Park
- · Fantasia Aqua Park
- Puncak Janing
- MnM Home Whimsical Houses

#### Yan

- Air Terjun Seri Perigi
- Gunung Jerai
- Hutan Lipur Batu Hampar
- · Pantai Murni
- Rekreasi Titi Hayun

#### Pendang

- Hutan Lipur Sungai Rambai
- · Pendang Lake Resort

#### Kuala Muda

- Pantai Merdeka
- · Sungai Merbok
- Tanjung Dawai
- The Carnivall Cinta Sayang Theme Park

#### Baling

· Hutan Lipur Bukit Hijau

#### Kulim / Bandar Baharu

- Hutan Lipur Air Terjun Junjung
- · Hutan Lipur Ulu Paip

#### Sik

- · Hutan Lipur Lata Bayu
- · Hutan Lipur Lata Mengkuang
- Hutan Lipur Peranginan Sik (Rimba Taqwa)

#### Bukit Kayu Hitam

• Duty Free Zone

#### Langkawi

- Eagle Square
- · Kompleks Kraf Langkawi
- · Kota Mahsuri
- Kuah Town
- · Laman Padi
- · Seven Wells Waterfall

- Underwater World Langkawi
- Langkawi Wildlife Park
- Temurun Waterfall
- · Beras Basah Island
- Taman Lagenda
- · MARDI Agro Technology Park
- · Air Hangat Village
- · Crocodile Adventureland Langkawi
- Durian Perangin Waterfall
- Beras Terbakar
- 3D Art Langkawi
- 6D Cinemotion
- CHOGM Park
- · Faizy Crystal Glass Blowing
- Island Horses
- Skytrex Adventure Park
- UMGAWA Zipline Eco Adventure
- MORAC Adventure Park
- Balai Seni Negara (National Art Gallery)
- · Atma Alam Batik Art Village
- · Langkawi Skybike
- Paradise 101
- · Splash Out Langkawi
- Kilim Geoforest Park
- Lake of the Pregnant Maiden (Tasik Dayang Bunting)
- Langkawi SkyCab
- Kubang Badak BioGeo Trail
- Perdana Quay Eco Marine Park

# Essential Information

#### SHOPPING

Kedah is a firm favourite among Malaysian shoppers. Go duty-free shopping in Langkawi and stock up on imported confectionery, crockery, apparel, chocolates and many more. Duty-free shopping is also possible at the border town of Bukit Kayu Hitam on the mainland. You can also head to shopping malls, department stores, retail outlets, boutiques and bazaars such as Pekan Rabu where you can purchase handicrafts and foodstuff. Popular shopping spots:

#### Alor Setar

- · Aman Central Mall
- Alor Setar Mall
- City Plaza
- Pekan Rabu
- Star Parade
- Lotus's Mergong
- · Lotus's Stargate
- Ukir Mall

#### Bukit Kayu Hitam

Duty Free Zone

#### Sungai Petani

- · Amanjaya Mall
- Village Mall
- · SP Plaza
- Central Square
- Lotus's Sungai Petani (North)
- Lotus's Sungai Petani (South)
- · Lotus's Bandar Puteri Java
- Parkson Ria

#### Langkawi

- Haji Ismail Group
- Idaman Suri Sdn. Bhd.
- Kompleks Jetty Point
- · Langkawi Fair
- · Langkawi Parade
- Oriental Village
- Padang Matsirat
- Pantai Chenang
- Rams Duty Free Shopping
  Centre
- Cenang Mall

#### DINING

Try the delicious northern delicacies of Kedah such as the Laksa Kuala Kedah, Gulai Rebung, Pekasam or Nasi Ulam. There are numerous coffee shops as well as western and fast food restaurants in major towns. In the evenings, you can head towards Tanjung Dawai and enjoy the popular Ikan Bakar (grilled fish) as well as other seafood dishes. Kedah also offers delectable Thai food. Try these authentic local favourites:

#### Laksa Kuala Kedah

Tickle your tastebuds with this local speciality – a delightful dish made from rice vermicelli noodles and aromatic fish gravy. It is garnished with cucumber, onion and herbs. Unlike other types of laksa, Laksa Kuala Kedah has additional ingredients like eels, spicy shredded coconut and boiled eggs.

#### Pekasam

This pungent delicacy is made from fish preserved with salt, rice and tamarind slices. The longer it keeps, the better it is said to taste. Fried Pekasam can be served with fresh chilli as well as shallots and eaten with rice or glutinous rice. Pekasam is sold at Pekan Rabu in Alor Setar.

#### Nasi Ulam

Nasi Ulam is a healthy combination of rice, fresh herbs and spices. It is very popular during the fasting month of Ramadan. Gulai Rebung or stir-fried bamboo shoot is another delicacy in Kedah

#### Seafood

Head to the coastal areas of Tanjung Dawai and Kuala Kedah for a seafood feast with the freshly caught prawns, fish, clams and more. Grilled fish is a popular item here.

#### **TRANSPORTATION**

Kedah, one of the country's northern gateways, is situated about 450 km from Kuala Lumpur and shares a border with Thailand. To get here, you can travel by air, road, rail or sea.

#### Getting There

#### By Air

Kedah's domestic airport is known as Sultan Abdul Halim Airport. It is located in Kepala Batas, about 20 minutes' drive from Alor Setar.

#### By Road

You can take a five-hour drive from Kuala Lumpur to Kedah via the North-South Expressway. Air-conditioned express buses to Kedah are available from the Jalan Duta Bus Terminal and Terminal Bersepadu Selatan in Bandar Tasik Selatan, Kuala Lumpur. These buses connect to Alor Setar, Sungai Petani, Gurun, Jitra, Kulim and Bukit Kayu Hitam. Express buses and taxis are also available from all other states in Malaysia to Kedah and vice versa.

#### By Rail

KTMB's electric train or ETS provides daily services from Kuala Lumpur to Alor Setar. The border town of Bukit Kayu Hitam is the entry point for visitors who are driving from Sadao, Thailand. There is an Immigration Office and checkpoint at the border crossing that is open from 6.00am to midnight (Malaysian time).

#### Getting To Langkawi

#### By Air

Malaysia Airlines provides daily direct air services to Langkawi from KLIA and Penang, while its subsidiary, Firefly, operates daily flights to Langkawi from Subang and Penang. Additionally, AirAsia and Batik Air operate daily flights to Langkawi from Kuala Lumpur. If you are in Singapore, you can get to Langkawi via Silk Air and Scoot Air. Qatar Airways also operates weekly flights from Doha via Penang to Langkawi.

#### By Sea

Express ferries provide regular services to Langkawi from Kuala Kedah in mainland Kedah and Kuala Perlis in the neighbouring state of Perlis. The ride from Kuala Kedah takes about 1 1/2 hours. Ferry services to Langkawi are also available from Penang as well as Satun, Thailand.

#### Getting Around Self-Drive

You can rent a car at the airport and explore Kedah via the comprehensive network of roads around the state.

#### **Buses and Taxis**

The main terminal for local buses, outstation buses and taxis is known as Shahab Perdana in Jalan Langgar, Alor Setar. In Sungai Petani, the bus and taxi terminals are situated in Jalan Kuala Ketil. Getting around Langkawi is easy through hired cars and vans. E-hailing services are also available.

#### FOR MORE INFORMATION, CONTACT:

Tourism Malaysia Northern Region Office Tourist Information Centre:

- · Langkawi International Airport
- Tourist Information Centre, Jetty Point Langkawi
- Tourist Information Centre, Bukit Kayu Hitam

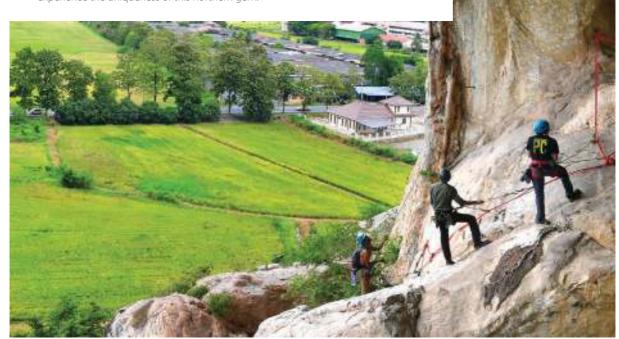
+604-263 4941 / 264 3494 / 261 0058

- +604-955 7155
- +604-966 0494
- +604-922 1076 / 1077 / 1078

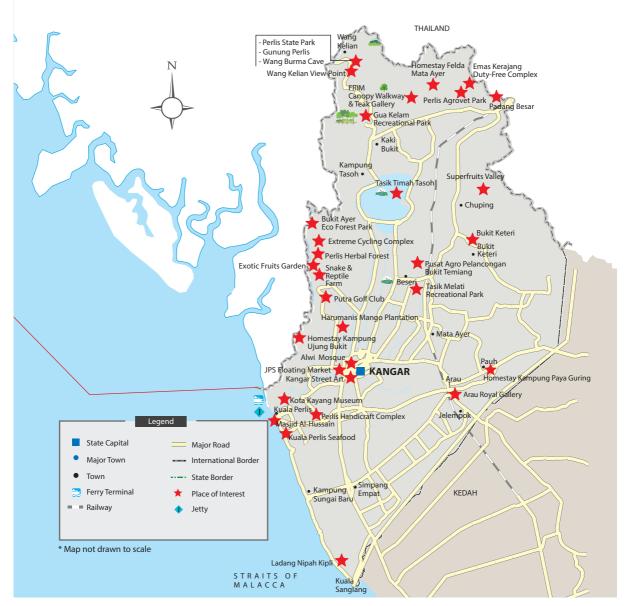
## **PERLIS**

## Visit the Unique Northern Gem

Perlis is the northern gateway to Malaysia, flanked by Kedah in the south and Thailand in the north. It is the peninsular's tiniest state and covers only 810 sq km. Perlis is characterised by sprawling countrysides with expansive paddy plains that are interspersed with rustic villages, limestone outcrops and serene lakes. Blessed with numerous natural attractions, Perlis lays claim to the country's only semi-deciduous forest and fascinating caves. Visits to fruit farms and plantations are a highlight here as mango and paddy thrive on the fertile Perlis soil. Sample a pace of life that is unhurried in Kangar, the state capital. Here, you will find historical buildings such as the 97 year-old Alwi Mosque. Close by is Arau, the royal town. Visit Perlis and experience the uniqueness of this northern gem!



### MAP OF PERLIS



## Places of Interest



#### PADANG BESAR

A quaint border town, Padang Besar is one of the country's premier shopping destinations with a wide range of products from clothing to duty-free goods. The town has three main shopping hubs, Padang Besar Arcade, Padang Waremart and the duty-free The Zon Complex (Emas Kerajang).





#### PERLIS HERBAL FOREST

Comprising 12 hectares of lush vegetation, Perlis Herbal Forest is home to over 1,000 plant species with various beneficial properties. Guided tours are available to take you around the herbal garden, enabling you to learn more about the plants available here.

www.forestry.perlis.gov.my@forestryperlis



#### FRIM CANOPY WALKWAY

Nature lovers will enjoy a visit to the Forest Research Institute Malaysia (FRIM) Canopy Walkway. The walkway spans 100 m and is suspended 17 m above ground level, giving visitors an exciting adventure and fantastic views of the surrounding vista. It is supported by iron-based towers for safety.

www.frim.gov.my



#### SNAKE AND REPTILE FARM

The Snake and Reptile Farm was formerly a research facility set up by the Institute for Medical Research in 1981 to study snakes and to develop antivenom for snakebites. Pythons, cobras and pit vipers are among the 20 snake species found at the farm. You can request to have your pictures taken with the snakes. The farm also houses crocodiles, tortoises, iguanas, and cats.

TamanUlar dan Reptilia Negeri Perlis @ @tamanulardanreptilia





#### **AL-HUSSAIN MOSQUE**

Dubbed as one of the most beautiful mosques in Malaysia, Masjid Al-Hussain is a well-known icon of the state. Built next to the Kuala Perlis Jetty, the mosque's structure extends over the Straits of Malacca, earning it the nickname 'Floating Mosque'. A 50 m bridge connects to the main prayer hall suspended above the water. When the tide is up, and at just the right light conditions, the mosque appears to float.





#### **SUPERFRUITS VALLEY** | Chuping

This is an area dedicated to nine superfruits such as figs, lemons and many more. Packed with antioxidants, fibre, vitamins and minerals, these superfruits are a tasty and nutritious addition to our diet. Visitors can walk through the orchards, sample and buy freshly plucked fruits.





#### KOTA KAYANG MUSEUM

Kota Kayang Museum was built on historical grounds, where an ancient palace used to stand. The breathtaking limestone hills in the background once served as an effective barrier against enemy attacks. The museum features an impressive collection of relics and artefacts.



#### THERE'S MUCH MORE IN PERLIS

The attractions in Perlis are spread throughout the state and are easily accessible by road. Make a trip to the countryside and experience the pastoral charm as well as the relaxing atmosphere.

#### Bintong

- Homestay Kampung Ujung Bukit
- Taman Sakura Tebing Tinggi

#### Sungai Batu Pahat

- Bukit Ayer Recreational Park
- Putra Golf Club
- Harumanis Plantation
- Perlis Herbal Forest
- Exotic Fruits Garden

#### Kuala Perlis

- Handicraft Complex
- · Laman Brasmana (Food Court)
- Kompleks Makanan Laut (KOMALAUT)
- · Kota Kayang Museum

#### Beseri

- Tasik Melati Recreation Park
- Pusat Agro Pelancongan Bukit Temiang
- Lake Timah Tasoh

#### Kuala Sanglang

· Ladang Nipah Kipli

#### Arau

- Arau Royal Gallery
- · Homestay Kampung Paya Guring

#### Wang Kelian

- · Perlis State Park
- · Wang Kelian View Point

#### Padang Besar

- · Arked Niaga Padang Besar
- The Zon Duty Free (shopping mall)
- · Homestay Felda Mata Air
- · Perlis Agrovet Park
- Padang Waremart

#### Kangar

- Alwi Mosque
- Kangar Street Art
- JPS Floating Market

#### Chuping

Bukit Keteri

## Essential Information

#### **SHOPPING**

Enjoy value-for-money shopping at this northernmost state. Head to the duty-free complexes at the border and select from a wide variety of perfumes, confectionery, cigarettes, liquor, clothing, cookware and dinnerware. You can also make a trip to the farmer's markets and night markets found throughout the state. Popular shopping spots include:

- Emas Kerajang Complex
- Padang Besar Arcade
- Pasar Tani (Farmer's Market and Night Markets state wide)
- · Padang Waremart

#### DINING

A huge array of northern delicacies awaits adventurous foodies. Choose from a delicious spread of flavoursome rice dishes, noodle soups, traditional salads and fresh seafood. Tasty and affordable, you can find them at the numerous hotels, restaurants, coffee shops and food stalls in Perlis. Some of the most popular dishes on the menu are:

#### Laksa Perlis

Laksa Perlis is the state's signature dish. A combination of rice noodles and fish gravy topped with boiled egg, cucumber, onion and herbs, this dish is an explosion of savoury and spicy tastes. It is sometimes complemented by Pulut Udang, a glutinous rice snack with prawn sambal filling.

#### Grilled Catfish

Freshwater fish lovers will enjoy the enticing smoky aroma of the catfish. The grilled fish is dipped in a sauce made of tamarind, chilli and sugar and usually savoured with rice and a herb salad on the side.

#### Ikan Bakar Kuala Perlis (Grilled Seafood)

The coastal town of Kuala Perlis is famous for is fresh seafood. Take your pick from the unending variety, such as lobster, fish, crab, prawn, squid and more.

#### **TRANSPORTATION**

Perlis is the country's northern gateway. It shares a border with Thailand. Perlis is connected by a comprehensive road and railway network and is accessible via air and sea.

#### Getting There

#### By Air

Kangar is only 45 minute's drive from the Sultan Abdul Halim Airport in Kepala Batas, Kedah. Flights to and from Kuala Lumpur and Subang are available at the airport. From there, you can take taxis and buses to Perlis

#### By Road

Driving to Perlis is convenient as it is accessible via the North-South Expressway. Visitors can also take a bus or taxi from most major towns to Perlis. The main bus terminals are situated in Kangar and Kuala Perlis.

#### By Sea

Hourly ferry services between Langkawi and Kuala Perlis are available from 7.00am to 7.00pm. The journey takes about an hour. Tickets can be purchased at the ferry terminals in Langkawi and Kuala Perlis.

#### By Rail

Keretapi Tanah Melayu Berhad (KTMB) operates regular trains and Electric Train Services (ETS) from Kuala Lumpur, Alor Setar, Penang and Hatyai to Arau and Padang Besar.

#### Getting Around

Kangar Bus Station is the hub for shuttle services to Kangar, Padang Besar, Arau, Kuala Perlis, Pauh, Alor Setar, Jitra, Kodiang, Simpang Empat, Padang Melangit, Chuping and Kaki Bukit. Another convenient and affordable way to get around Perlis is by taxi. As in other places, e-hailing services are available.

#### FOR MORE INFORMATION, CONTACT:

Tourism Malaysia Northern Region Office

+604-263 4941 / 264 3494 / 261 0058

# Fast Coast Region

TERENGGANU KELANTAN

> Imagine being in an idyllic island surrounded by the azure waters of the South China Sea, or a pristine tropical rainforest with rare, exotic plants and towering trees. Spend some time at invigorating hill resorts or charming coastal villages where you can try out fascinating cultural pursuits. This is the East Coast Region - a place that offers a lovely assemblage of nature and culture. There are three states in this region - Pahang, Kelantan and Terengganu. Pahang is the largest state in the peninsula. Kelantan and Terengganu beckon with rural landscapes and pastoral charm. Visitors will notice a distinct difference between the peninsular's west and east coasts. Here, time seems to move at an unhurried pace and the busy city life makes way for a laidback lifestyle. Within this region resides Taman Negara, a 130-million-year-old rainforest. Sun-seekers can delight at the internationally-famed islands of Tioman, Perhentian, Redang and Lang Tengah. Premier highland resorts, such as Genting Highlands and Cameron Highlands are also among the region's remarkable assets. Filled with unique attractions, the East Coast Region is an oasis of serenity, perfect to unwind and relax in. Be enchanted by the magic of the East Coast Region.

Lata Berkoh, Pahang

## PAHANG

## A Gift of Nature

Pahang is the largest state in Peninsular Malaysia. Nearly two-thirds of the state is enveloped in verdant rainforest, making it a refreshing enclave of lush greenery, exotic wildlife and natural treasures. Its attractions include Taman Negara, a 130-million-year-old rainforest as well as animal sanctuaries, parks, lakes and waterfalls. Other natural gems include Rompin State Park and Tioman, an idyllic island. Pahang's capital city is Kuantan, a bustling township with interesting sights. Come, enjoy this Gift of Nature today!



## MAP OF PAHANG



# Places of Interest







#### **CAMERON HIGHLANDS**

Cameron Highlands is Malaysia's largest hill resort. It consists of three main townships, Ringlet, Tanah Rata and Brinchang, which are characterised by a refreshing temperate climate and beautiful highland panorama. Cameron Highlands has undulating valleys, sprawling tea plantations, terraced flower gardens, vegetable farms and strawberry parks.



#### TAMAN NEGARA (NATIONAL PARK)

Sprawling over three states, Taman Negara is Pahang's premier national park. It is over 130 million years old and home to a vast diversity of flora and fauna as well as amazing natural landscapes. Gunung Tahan, the highest mountain in Peninsular Malaysia, as well as the world's longest canopy walkway, are situated in Taman Negara.





#### **RESORTS WORLD GENTING**

Gear up for round-the-clock entertainment and excitement at Genting Highlands. Perched some 1,800 m above sea level, Genting Highlands is tremendously popular for its outdoor and indoor theme parks. Other not-to-be-missed attractions include the SkyCab cable car ride, live performances, casino, shopping at Genting Highlands Premier Outlet and lots more. Genting Highlands is easily accessible from Kuala Lumpur via the Karak Highway. The journey takes about one hour. Daily bus services to Genting are also available from the KL Sentral Station in Kuala Lumpur.

www.pahangtourism.org.mytourismpahangtourismpahang



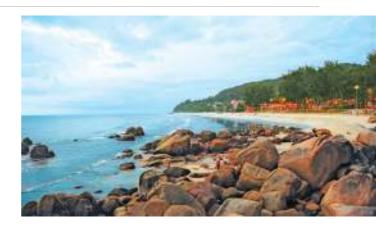
#### FRASFR'S HILL

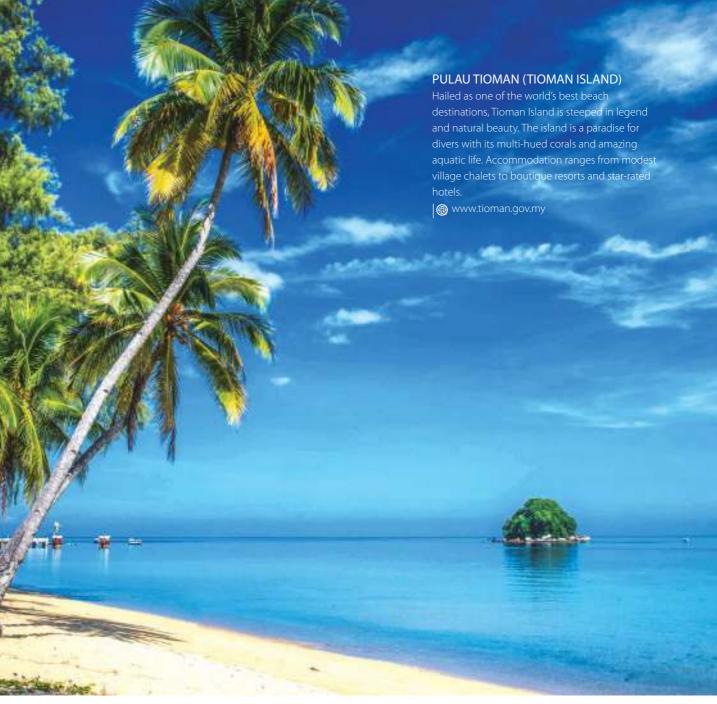
Nestled prettily amidst the Pahang rainforest is the little hamlet of Fraser's Hill. Akin to a little Scottish village, Fraser's Hill is characterised by granite coloured Tudor-style houses and English countryside cottages. The hill resort exudes a nostalgic charm, almost as if visitors have been taken back in time to a bygone era. At 1,524 m above sea level, the highland resort is a naturalists' paradise boasting a wide range of plants, birds and animals. Fraser's Hill is ideal for visitors who are interested in a relaxing, quiet holiday.

www.rwgenting.comResortsWorldGentingresortsworldgenting



Located approximately 5 km from Kuantan, Teluk Chempedak is a popular beach retreat with calm waters and beautiful casuarina-lined coastline. The beach is popular for windsurfing and sailing activities.







#### NATIONAL ELEPHANT **CONSERVATION CENTRE**

Kuala Gandah

The only one-of-its-kind in the country, the National Elephant Conservation Centre is a sanctuary dedicated towards rescuing and rehabilitating elephants. Visitors can watch these huge mammals up close and even volunteer their services by applying directly to the centre.



www.wildlife.gov.my elephantcentreMalaysia



#### **BUKIT GAMBANG RESORT CITY**

Bukit Gambang Resort City (BGRC) is an integrated resort city sprawling across 727 acres of secondary jungle. It boasts the largest Safari Park in Malaysia where visitors can marvel at the Malayan tiger, Spotted Hyenas, bears and many more. Cool down the tropical heat at the Water Park where lots of other attractions await - a wave pool with eight different wave modes, an aqua play structure for kids and the longest family raft ride in Malaysia! This resort is 218 km from Kuala Lumpur and just 35 km from Kuantan.



www.bgrc.com.my





#### **SUNGALLEMBING** MUSEUM | Sungai

Lembina

Dubbed as the 'Fl Dorado' of the Malay States, this serene township was the site of the largest subterranean tin mine in Southeast Asia. In its heyday, Sungai Lembing

used to be the largest producer of tin-ore in Pahang. The Sungai Lembing Museum takes visitors back to this glorious era, with exhibits such as mining equipment and workers' attire. The collection of furniture and household. items give a glimpse into the lifestyle of the English community that once lived here. Don't miss the diorama, reputed to be among the best in the country.



www.jmm.gov.my



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#### **CHERATING BEACH**

Fringed by the waters of the South China Sea, Cherating Beach offers a quiet holiday amidst a rustic setting. The shore is lined by hotels and resorts catering to all budgets, from backpacker's inns to luxury beach resorts. Attractions include catamaran sailing, kayaking, windsurfing, river cruising and visits to a turtle sanctuary. Cherating Beach is about 47 km north of Kuantan. Other popular beaches in the vicinity are Chendor, Teluk Chempedak and Balok.



#### TAMAN NEGARA SUNGAI RELAU (SUNGAI RELAU NATIONAL PARK) | Merapoh

This is the second entrance to Pahang's national park or Taman Negara Pahang. The entrance is located on the western side of the national park. Nature lovers can enjoy wildlife observation, trekking, night jungle walks, birdwatching, night safari, caving, camping and canoeing. Sungai Relau is known for its two Kelah or Red Mahseer fish sanctuaries. It is also famed among mountain climbers as the gateway to Gunung Tahan, one of the most challenging peaks in the peninsula. The route to Gunung Tahan only takes about two days from Sungai Relau compared to the longer five-day trek from Kuala Tahan. The park is about 7 km from the small town of Merapoh and can be accessed by road or train.



www.wildlife.gov.my perhilitanofficial





#### THE ROYAL TOWN OF PEKAN

Pekan, Pahang's Royal Town, has a number of distinguished attractions that reflect the state's glorious past. The Sultan Abu Bakar Palace or Royal Palace is an impressive sight even from afar. At the Sultan Abu Bakar Museum, visitors can view a collection of exhibits on the state and its esteemed royal family. Other treasured exhibits include antiques, ceramics and glassware. Pekan is situated along the banks of the Pahang River, about 50 km south of Kuantan.

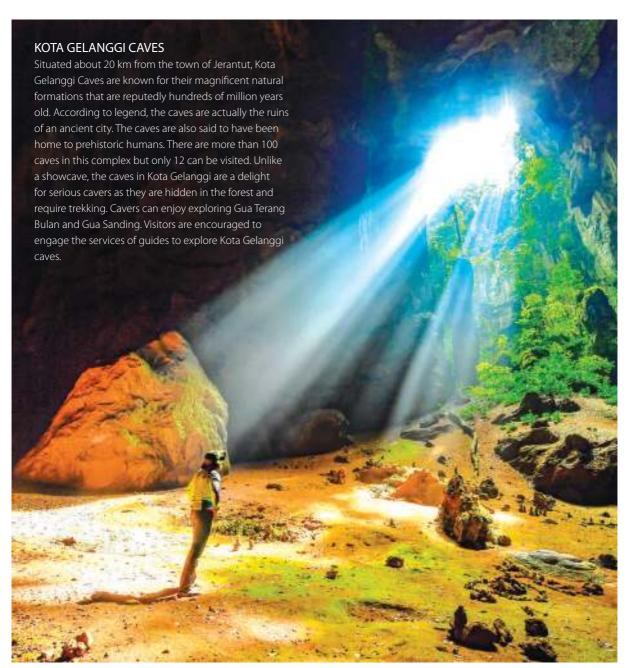


#### KOMPLEKS PENGEMBANGAN TENUN PAHANG DIRAJA SULTAN HAJI AHMAD SHAH (Sultan Haji Ahmad Shah Royal Pahang Weaving Development Centre) | Kampung Soi

Located 8 km from Kuantan city, this centre aims to promote the Tenun Pahang, a woven royal fabric. The fabric was traditionally used in royal ceremonial occasions and is now used to design traditional costumes, scarves and sarong. Visitors can watch how the fabric is made and purchase this unique fabric.



www.pknp.gov.my



#### KENONG ECO RIMBA PARK

Kenong Eco Rimba Park is located about 32 km from Kuala Lipis, at the fringes of Taman Negara. Sprawling over 128 sg km, Kenong Eco Rimba Park is a favourite among spelunkers for its numerous caves such as Gua Harimau, Gua Hijau, Gua Buta, Gua Batu Tangkup and Gua Batu Tangga. The park is dotted by lofty Tualang trees (kompassia excelsa), gigantic ficus tree, water lilies, ferns and wild orchids. It is home to elephants, tapirs, leopards, deer and other small mammals. Birdwatching is another popular activity with over 200 species of birds. Visitors to the park must be accompanied by qualified and registered guides.



www.pahangtourism.org.my 



#### THERE'S MUCH MORE IN PAHANG

As the largest state in the peninsular, Pahang is home to numerous other attractions. Take the time to explore Kuantan, the capital city, as well as Kuala Krau, Raub and Temerloh for an unforgettable holiday.

#### Kuantan

- Menara Kuantan 188
- Bazar Serambi Teruntum
- Mini 700 Taman Teruntum
- Kuantan River Cruise
- Teluk Chempedak
- Pahang Royal Museum
- Sultan Ahmad 1 Mosque
- Galeri Tenun Bandar Mypride
- Pahang Royal Library

#### Balok

- Balok Recreation Centre
- Natural Batik Village
- Beserah Fishing Village
- · Batu Hitam Beach

#### Cherating

- · Cherating Village
- Cherating Turtle Sanctuary
- · Chendor Beach
- · Hafiz's Cherating Activities
- Pulau Ular

#### Away from Kuantan

- Galeri Warisan (Kraftangan Pahang)
- · Panorama Hill
- · Pelangi Waterfall
- 3D Gallery Sungai Lembing
- Sunrise Hill
- Sungai Lembing Mines
- · Berkelah Waterfall
- Jerangkang Waterfall
- Pantai Sepat
- Pantai Kempadang

#### Raub

- Jeram Besu
- · Lata Berembun Waterfall
- · Lata Jarum Waterfall
- Lata Lembik
- Pulau Chekas
- Tanah Aina Exclusive Resorts

#### **Kuala Lipis**

- · Bandar Lipis (historical buildings)
- Malaysia's zero milestone signage
- Sungai Relau Kelah Sanctuary

#### Maran

- Taman Tasik Maran
- Teladas Waterfall
- Che Minah Sayang Recreation Park
- · Lubuk Yu Ecopark
- Rabbitland
- Jenaka Wonderland
- Sri Marathandavar Aalayam Temple

#### Pekan

- Sultan Abu Bakar Museum
- Perkampungan Kraf DiRaja Tunku Azizah
  - Cheminahsavang
  - Institut Kemahiran Tenun Pahang Diraia Pulau Keladi
  - Rumah Kelahiran Tun Abdul Razak
  - Pahang Traditional House
  - Galeri Permaisuri
- Royal Mausoleum of Pekan
- Sultan Abdullah Mosque Museum

#### Tasik Chini (Lake Chini)

• PPTC LIKM

(UKM Research Centre Tasik Chini)

#### Bera

- Tasik Bera
- Bertangga Waterfall

#### Rompin

- Lanjut Beach
- Hiburan Beach
- Tasik Biru

#### Temerloh

• Gunung Senyum Caves

- Kubang Gajah Waterpark
- Vanilla Amani
- Centre Point of Peninsular Malaysia
- · Deerland Park

#### Bentong

- Ulu Tampik Waterfall, Janda Baik
- · Hot Springs Pool, Bentong
- Genting Premium Outlet
- Bukit Tinggi

#### Cameron Highlands

- MARDI Agrotechnology Park
- Mossy Forest
- Tea Plantations
- Strawberry Farms
- · Lavender Garden
- Butterfly Garden
- Bee Farm
- Kea Farm

# Essential Information

#### SHOPPING

Shopping for souvenirs is an exciting experience in Pahang. There are souvenir stalls in almost every town in the state, especially in areas around Kuantan, Cherating and Pekan. Shopping malls in Kuantan include the East Coast Mall, Kuantan City Mall, Berjaya Megamall, Kuantan Parade and Teruntum Complex. Visitors in search of novelty items and unique buys can visit the craft centres. Get a range of souvenirs made of pandanus leaves, woodcarvings and batik. Among the popular shopping spots in Pahang are:

- · Sungai Karang/Beserah
- Natural Batik Village
- Cherating Village
- Serambi Teruntum
- Sultan Haji Ahmad Shah Weaving Development Centre
- · Kuantan MyPride

#### DINING

A diverse variety of Malay, Chinese and Indian food make up Pahang's culinary scene. Continental food is available in major hotels and restaurants and fast food is easily found in various parts of the state. Adventurous visitors can enjoy Pahang's local delights that entice with a tantalising aroma and taste. A number of dishes are said to have royal origins as they were specially created by the royal chefs of yesteryear.

Destinations such as Jerantut, Lipis, Temerloh and Pekan are regarded as the places to sample authentic Pahang food.

Seafood lovers should not miss a visit to Temerloh, famed as Bandar Ikan Patin or 'the town of silver catfish'.

Some local favourites include:

#### Lemang Periuk Kera

A rare treat, Lemang Periuk Kera literally means 'pitcher plant glutinous rice'. This is a recipe from the state's indigenous communities. A special variety of pitcher plant is sourced from the rainforest, cleaned and used as a mould to cook glutinous rice with coconut milk

#### Laksa Pahang

Noodles and fish fillet are cooked to perfection and served with a spicy gravy. Although laksa is available in other parts of the country, Laksa Pahang gets its unique taste and flavour from its special ingredients and traditional recipe.

#### **Opor Pahang**

Made of beef, mutton or lamb, this spicy, dry meat dish is cooked with spices and coconut milk. Opor Pahang is best savoured with white rice or fragrant buttered rice.

#### **Puding Raja**

Hailed as a royal favourite, this delectable dessert is made with a medley of bananas, prunes, dates, cherries and cashew nuts. The ingredients are then served in a thick creamy sauce made of condensed milk, corn flour and eggs. The result? A dessert fit for a king!

#### Patin Masak Tempoyak

Originating from the town of Temerloh, the main ingredient of this dish is Ikan Patin, a freshwater fish. It is cooked with Tempoyak, a fermented durian paste along with exotic spices to create a harmonious blend of tastes from sweet, sour to spicy.

#### Sambal Hitam

Sambal lovers can try out this crispy and tangy version of sambal that is black in colour. Although sambal is usually red, this variety gets its darker hue from the *belimbing buluh* (belimbi / tree sorrel) that is slow cooked with anchovies, bird's eye chilli and onions. It is a perfect match with rice, porridge and soups.

#### **TRANSPORTATION**

#### Getting There

#### By Air

Malaysia Airlines operates daily flights from the Kuala Lumpur International Airport (KLIA) to the Sultan Ahmad Shah Airport in Kuantan. The journey takes about 40 minutes. In addition, visitors can get to Pahang via Firefly and Batik Air.

#### By Road

Kuantan is situated about 260 km from Kuala Lumpur. There is a good network of roads linking the state to Kuala Lumpur, the capital city, as well as the neighbouring states of Kelantan and Terengganu. Visitors can self-drive from Kuala Lumpur and the journey takes approximately 3 ½ hours via the East Coast Highway.

#### By Bus

Air-conditioned express buses to Pahang can easily be obtained from Kuala Lumpur. Buses depart from the Bandar Tasik Selatan bus terminal. Pahang is also well-connected to the neighbouring states of Kelantan and Terengganu.

#### By Rail

The towns of Mentakab, Jerantut, Kuala Krau and Kuala Lipis in Pahang are among the towns connected by rail. The towns are accessible from Kuala Lumpur and the neighbouring states via the KTM trains

#### Getting Around

Getting around Kuantan is relatively simple with the easy availability of buses and taxis. Taxis are available at main hubs such as Kompleks Teruntum, Berjaya Megamall and Jalan Mahkota. To visit the outlying places in Pahang, visitors can board the outstation buses from Hentian Bas Bandar Kuantan and Terminal Sentral Kuantan. Alternatively, arrange with a tour operator. E-hailing services are also available.

#### Getting to Tioman Island

Tioman is accessible from the Teluk Gading Jetty in Pahang (Terminal Jeti Penumpang Teluk Gading) and Mersing Jetty in Johor. The journey takes about 1½ hours.

#### FOR MORE INFORMATION, CONTACT:

#### Tourism Malaysia Regional Office East Coast:

• Pahang, Terengganu, Kelantan

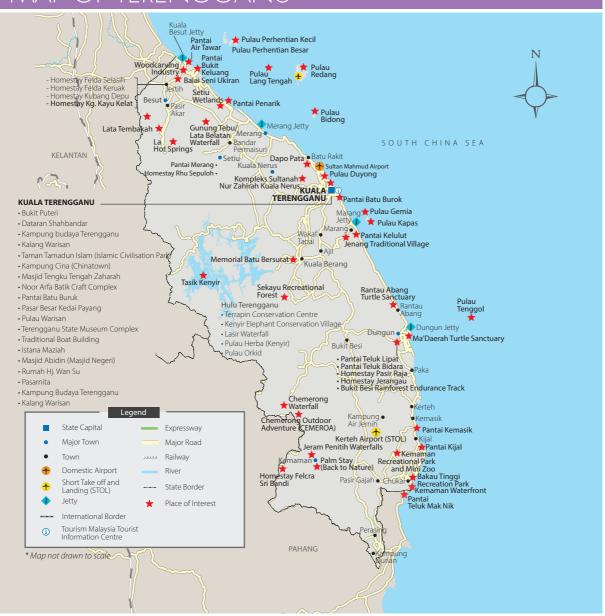
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# TERENGGANU Experience the Treasures of Terengganu

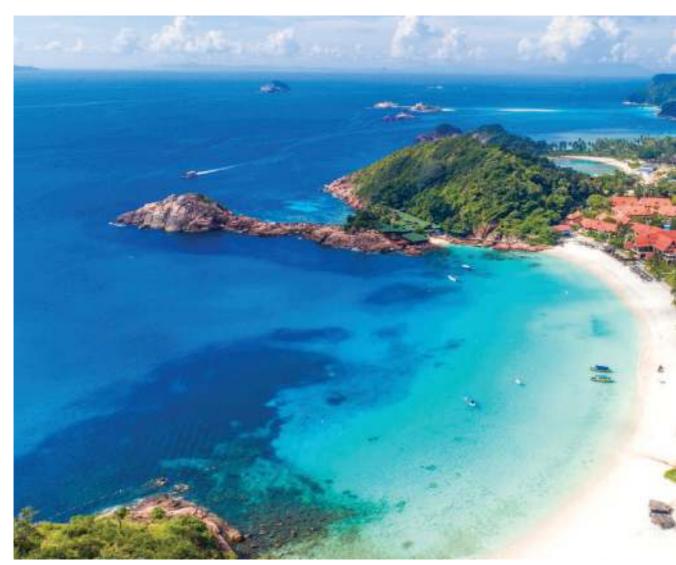
Hailed as the 'Gem of the East Coast', Terengganu is a marvellous destination steeped in culture and heritage. Its long coastline offers sweeping vistas of aquamarine waters fringed by white powdery sands. Away from the shores, lie a cluster of islands that gleam invitingly in the South China Sea. Kuala Terengganu is the charming capital of this state. Meandering rivers lit by the glow of fireflies, cascading waterfalls and sprawling lakes form some of the state's picturesque natural sceneries. Home to charming coastal villages and a wealth of traditional crafts, Terengganu beckons with a grace and beauty that is distinctly Malay. Come and experience the treasures of Terengganu!



## MAP OF TERENGGANU



# Places of Interest







#### PULAU PERHENTIAN (PERHENTIAN ISLAND)

Lying just off the edge of Pulau Redang, Pulau Perhentian is a world-famous scubadiving paradise. Comprising two main islands, Pulau Perhentian Besar and Pulau Perhentian Kecil, the islands' natural beauty is legendary with lush rainforests and pristine sandy beaches. Its superb water visibility and spellbinding underwater scenery make it a popular destination for snorkelling and diving.

www.beautifulterengganu.com

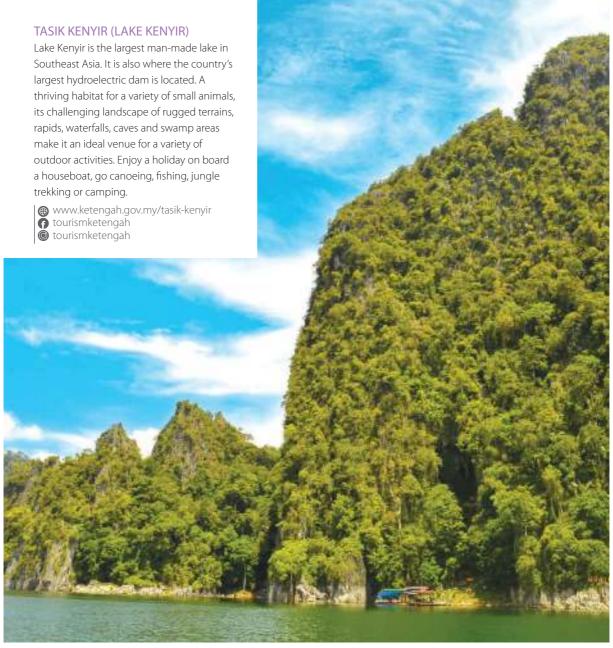
#### PULAU REDANG (REDANG ISLAND)

Pulau Redang is the state's largest island, lying approximately 45 km off the coast of Terengganu. Pulau Redang is cited as one of the world's most beautiful islands. This marine park contains hundreds of coral species and thousands of colourful marine species, including manta rays, stingrays and reef sharks. The island also boasts 31 spectacular dive sites which include two World War II wrecks and a black coral garden.



www.beautifulterengganu.com









#### PASAR PAYANG 2 | Kuala Terengganu

Pasar Payang 2 is Kuala Terengganu's central market. The market offers a variety of fresh local produce, traditional snacks, textiles, handicrafts, trinkets and many other interesting collectibles.





## TAMAN TAMADUN ISLAM (ISLAMIC CIVILISATION PARK)

Pulau Wan Man

Featuring the finest aspects of Islamic architecture, the Islamic Civilisation Park in Pulau Wan Man is one of the state's premier attractions. The gleaming steel and glass structure of Masjid Kristal (Crystal Mosque) forms its centrepiece, while its aweinducing Monument Park features replicas of the world's most famous Islamic buildings such as Palestine's Dome of the Rock and India's Taj Mahal.

#### UPTOWN KONTENA | Kampung Tok Jembal

Uptown Kontena is a hipster hangout by the beach, where you can dine, relax and listen to some music. The area features a cluster of eateries called Dapo Pata, made from shipping containers that are repurposed and refurbished. Interestingly, Dapo Pata means 'beach kitchen' in the state's local dialect. A hit with locals and tourists for its casual ambience and variety of food, Uptown Kontena is abuzz with people from 5pm until 2am. Savour a variety of delectable food and take in the cool night air.





#### KAMPUNG CINA (CHINATOWN) | Kuala Terengganu

Established by the Chinese community in the late 19th century, Kampung Cina was once a major centre of commercial activity in its heyday. Today, the quaint streets of the 200-year-old village are lined with souvenir shops, restaurants that serve some of the best traditional fare, a place of worship and other stores.

- www.beautifulterengganu.com
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#### PULAU KAPAS AND PULAU GEMIA

Pulau Kapas lies a short distance off the coast of Terengganu. A tiny tropical paradise, the island is home to a variety of both hard and soft corals, amongst which reside a rich marine life. The island is known for squid fishing at certain times of the year. Pulau Gemia is a privately-owned island with a solitary boutique resort. It is the place for a quiet holiday with activities such as snorkelling, scuba diving, jungle trekking and beach games. The island is just 15 minutes away from the mainland. The jumping-off point is Marang Jetty (not to be confused with Merang Jetty which is the staging point to Pulau Redang).





TENGKU TENGAH ZAHARAH MOSQUE | Kuala Terengganu Built in 1994, the mosque showcases a combination of Moorish and modern architectural elements. It is dubbed as the 'Floating Mosque' for its unique design. This mosque is built on a submerged platform. When the water level rises during high tide, it creates the illusion of a floating mosque. The mosque is situated at the estuary of Sungai Ibai, 5 km from Kuala Terengganu.

www.mbkt.terengganu.gov.mybeautifulterengganumalaysia@beautifulterengganumalaysia





#### TERENGGANU STATE MUSEUM COMPLEX

Kuala Terengganu

Touted as the largest museum complex in Southeast Asia, the Terengganu State Museum Complex comprises four main blocks with the Maritime Museum situated next to the main building complex. Learn about the state's rich history and cultural heritage or view rarely-seen vintage vehicles. Within the museum's grounds are life-size replicas of Terengganu's traditional dwellings.

www.museum.terengganu.gov.myterengganustatemuseummuziumterengganu

#### BUKIT MARAS PARAGI IDING & RECREATIONAL PARK

A hidden gem, Bukit Maras is located about 20 km away from Kuala Terengganu. The hill overlooks the state's airport, paddy fields, rivers and orchards. The hilly terrain makes it a paradise for hiking, climbing and tandem paragliding.

Hiking Bukit Maras
hikingmaras





#### PANTAI TELUK MAK NIK

Teluk Mak Nik, sometimes referred to as Monica Bay, is an important nesting ground for green turtles. Located by the beach, the turtle sanctuary houses a hatchery where visitors can learn more about conservation efforts and view newborn hatchlings. Not surprisingly, the main activities here are turtle watching and helping to release turtle hatchlings back into the wild.





#### PUI AU I ANG TENGAH

Hailed as one of Terengganu's best-kept secrets, Lang Tengah is a smaller, more secluded getaway located between the islands of Redang and Perhentian. From the time you arrive, the magic of Lang Tengah will enchant you – the waters are crystal clear, the view stunningly beautiful and the atmosphere totally peaceful. There are only three resorts on this island, giving visitors total relaxation and lots of privacy. Access to this island is via the Merang Jetty.

www.beautifulterengganu.com **n** beautifulterengganumalaysia @ @beautifulterengganumalaysia

#### CHEMERONG WATERFALL | Hulu Dungun

Hailed as the highest waterfall in the country, the multi-tiered Chemerong Waterfall is truly a spectacular sight. It cascades some 305 m along rugged cliffs and rock faces and plunges into a scenic pond. The vast size of this waterfall makes it visible even from afar. Visitors in search of milder forms of recreation can visit the recreational forest nearby. Chemerong Waterfall is situated in the Chemerong Forest Reserve, about 30 km from Bandar Al Muktafi Billah Shah in Dungun.

http://mpd.terengganu.gov.my majlisperbandarandungun





#### PULAU TENGGOL (TENGGOL ISLAND)

The well-sheltered bay at Pulau Tenggol is home to mature coral gardens, making it a delight for reef lovers. Being the furthest island from the mainland, the nutrient-rich waters of Tenggol are home to a kaleidoscope of colourful corals and marine life. Enjoy a stay at any of the three beach resorts here and make Pulau Tenggol your dream holiday destination. Access to this island is via the Kuala Dungun Jetty.

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#### THERE'S MUCH MORE IN TERENGGANU

Do take the time to explore other places of interest in Terengganu. The capital city has several interesting spots that are situated near to one another. More natural attractions can be enjoyed around the state, particularly at Marang and Paka. Terengganu's long coastline gives rise to a number of beaches that are stunningly beautiful.

#### Kuala Terengganu

- Istana Maziah (Maziah Palace)
- · Bukit Puteri (Princess Hill)
- Kuala Terengganu River Cruise
- Batu Burok Recreational Park
- Kuala Terengganu Waterfront
- Masjid Abidin (Masjid Putih)
- Planetarium, Terengganu Science and Creativity Centre
- · Wanisma Tembaga
- · Dataran Syahbandar
- · Pesisir Payang
- · Kampung Budaya Terengganu
- · Kalang Warisan

#### Marang

- · Marang River Cruise
- Kelulut Beach
- Kampung Jenang Traditional Village
- Pinehill Garden
- · Dataran Batu Puteh
- Pulau Kekabu

#### Hulu Terengganu

- Batu Bersurat (Inscribed Stone Memorial)
- · Sekayu Herb Garden
- · State Agriculture Park, Sekayu
- Kelah Sanctuary
- · Lasir Waterfall
- Saok Waterfall
- · Lake Kenyir House Boat
- · Herbs Island
- Orchid Island

- · Bukit Batu Kapal
- Sungai Deka Elephant Sanctuary (PERHILITAN)
- Taman Negara Tanjung Mentong
- Kenyir Elephant Conservation
   Village (KECV)
- · Sekayu Waterfall

#### Kemaman

- Telaga Simpul
- · Kemasik Beach
- Marina Beach
- · Kijal Beach
- · Kampung Tuan Mosque
- · Jambi Mosque
- Kemaman Recreation Park & Mini 700
- · Jeram Penitis Waterfall
- Palm Stay (Back to Nature)
- Kemaman Waterfront

#### Besut

- Balai Seni Ukiran (Traditional Woodcarving)
- Bukit Keluang Beach
- Air Tawar Beach
- · Masjid Ulul Albab (Masjid Kayu)
- Tunjang Bakawali (Malay Crafts)
- Lata Belatan
- · Lata Kolam Air Deru Ecopark
- Gunung Tebu
- · Lata Belatan Waterfall

- Bukit Bubus, Kota Putra Paragliding
- · La Hot Spring
- · Lata Kolam Air Deru Ecopark
- · Masjid Lapan Kubah

#### Kuala Nerus

- Pantai Teluk Ketapang
- Kompleks Sukan Negeri Terengganu
- Kompleks Tuanku Nur Zahirah

#### Dungun

- Teluk Bidara Beach
- Rantau Abang Turtle Sanctuary
- Ma' Daerah Turtle Sanctuary
- Paka Beach
- Iron-ore Mines
- · Tanjung Jara Beach
- · Kubu Mat Kilau
- · Cemerong Outdoor Adventure

#### Setiu

- Penarik Beach
- · Setiu Wetland
- · Merang Beach
- · Lata Payong
- Terengganu International Endurance Park
- · Via Ferrata, Pulau Lang Tengah

# Essential Information

#### SHOPPING

Traditional crafts, handmade souvenirs and beautiful fabrics are among the assortment of souvenir items that await shoppers. Fabrics include Songket (a silk brocade) as well as Batik. Aside from the traditional Sarong, Batik is also fashioned as pareos, beach wear, bags and scarves. Among the popular shopping spots in Kuala Terengganu are:

- Pasar Payang2 Central Market, Kuala Terengganu
- Noor Arfa Craft Complex, Chendering, Kuala Terengganu
- · Wanisma Tembaga, Kuala Terengganu
- PB Square, Kuala Terengganu
- KTCC Mall

#### DINING

Terengganu offers an array of delectable culinary delights. As in other states, rice is the staple food. Food is reasonably priced and visitors have a wide range of delicacies to try out. As the state is situated close to the sea, seafood plays a prominent role in its culinary scene. Fresh ingredients are said to give Terengganu's food its lip-smacking taste and distinct fragrance. Try these authentic local favourites:

#### Laksam

Akin to pasta, Laksam is made of wheat and rice flour. It is then steamed and served with a gravy made of fish and coconut milk.

#### Nasi Dagang

A great treat for rice lovers, Nasi Dagang is a satisfying, delicious meal made of rice and glutinous rice, cooked with rich coconut cream. The aromatic rice is eaten with a tuna curry and a vegetable pickle. Nasi Dagang literally means travellers or traders' rice, as it was often taken along by traders who travelled far.

#### Satar

This interesting dish consists of succulent boneless fish marinated in spices. Satar is wrapped in banana leaves and grilled over a flaming charcoal fire.

#### Keropok Lekor

A fried snack, keropok lekor is a thick, chewy cracker made of ground fish meat. Keropok lekor is best eaten with its special chilli dip.

#### Otak-otak

Slices of mackerel or prawns are marinated in a coconut and spice paste. They are then cooked over a charcoal fire. Otak-otak can be eaten as a snack, or together with rice.

#### Nekbat

Rice flour and eggs are the main ingredients of this dessert. It is eaten with a pandan-flavoured syrup.

#### Laksa Terengganu

Rice noodles and a fragrant fish gravy make Laksa Terengganu a simple but highly satisfying dish.

#### **Ketupat Sotong**

Seafood lovers should not miss this unusual dish. Ketupat sotong or stuffed squid features boiled squids filled with glutinous rice cooked in thick coconut milk. The cooked squids are lightly sweetened with palm sugar. Ketupat Sotong is a popular teatime snack.

# **TRANSPORTATION**

# Getting There

# By Air

Malaysia Airlines and Batik Air operates direct flights from the Kuala Lumpur International Airport (KLIA) to the Sultan Mahmud Airport in Kuala Terengganu. The journey takes about 55 minutes. In addition, Firefly also provides services to Kuala Terengganu. Alternatively, visitors can take the budget airlines AirAsia and Batik Air.

# Self-Drive

The journey from Kuala Lumpur to Kuala Terengganu covers a distance of 455 km via the East Coast Expressway. Visitors can

see panoramic views of the countryside and stop at waterfalls, coastal villages and orchards.

# By Bus

Express buses to various towns in Terengganu are easily available from Kuala Lumpur and other parts of the country. Visitors can board the buses from Kuala Lumpur. The journey takes about five to seven hours. Tickets must be purchased early during festive seasons and public holidays.

# Getting to the Islands

Island	Jumping-off Point	Location
Pulau Redang	Merang Jetty and Syahbandar Jetty	Kuala Terengganu
Pulau Lang Tengah	Merang Jetty	Setiu
Pulau Bidong	Merang Jetty	Setiu
Pulau Perhentian Kecil and Pulau Perhentian Besar	Kuala Besut Jetty	Kota Bharu, Kelantan Although the island is situated in Terengganu, the jumping-off point is situated in the neighbouring state of Kelantan.
Pulau Kapas	Marang Jetty	Marang
Pulau Gemia	Marang Jetty	Marang
Pulau Tenggol	Kuala Dungun Jetty	Dungun

# FOR MORE INFORMATION, CONTACT:

Tourism Malaysia Regional Office East Coast:

• Pahang, Terengganu, Kelantan

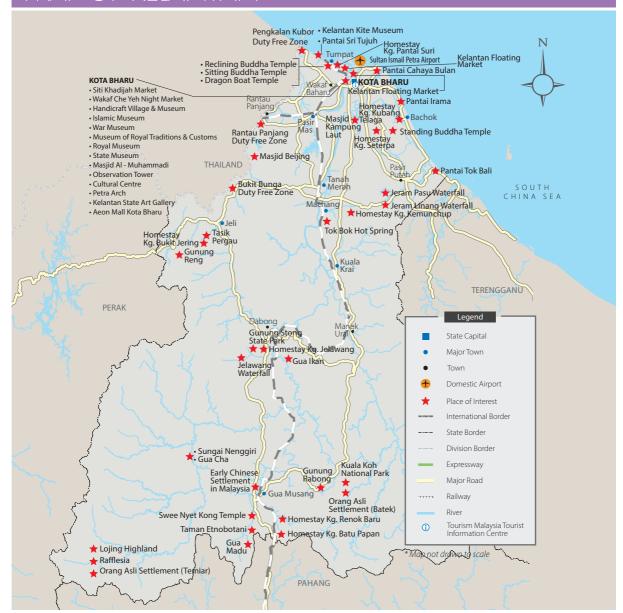
+609 567 7112 / 7115

# KELANTAN The Cradle of Malay Cutture

The most rustic of the three states in the region, Kelantan truly lives up to its name as the 'Cradle of Malay Culture'. The state's landscape is a charming blend of quaint villages, small towns and riverine settlements. Amidst the houses built on stilts and covered with thatched roofs, one can revel in the time-honoured Malay heritage and culture. The capital city of Kelantan is Kota Bharu. Kelantan's hinterland is a dramatic mix of mountains, caves and pristine jungles. Scale the imposing Mount Stong or trek into the Kuala Koh National Park. Experience the rustic charm of Kelantan.



# MAP OF KELANTAN



# Places of Interest





# DUTY FREE SHOPPING | Pengkalan Kubor

and Rantau Panjang

Avid shoppers can visit the towns of Pengkalan Kubor and Rantau Panjang. Both towns are situated near the Thai border and are known as a shopping paradise for the variety of goods and affordable prices. Visitors can selected from the extensive range of items, including accessories, fabric, traditional attire to gadgets and home equipment.







# KOTA BHARU TOURISM ZONE |

Kota Bharu

Kota Bharu Tourism Zone contains the city's major tourist attractions. Among them are Masjid Al-Muhammadi (Muhammadi Mosque) Istana Jahar (Museum of Royal Traditions and Customs), Istana Batu (Royal Museum), Kampung Kraftangan (Handicraft Village), Padang Merdeka, Gerbang Sultan Ismail Petra (Petra Arch) and Siti Aishah Bazaar. The attractions are all situated within walking distance from one another.



# **GUNUNG STONG** | Kuala Krai

Situated in the Stong State Park, Gunung Stong is one of the country's most popular spots for eco-adventure. Its magnificent seven-tiered Jelawang Waterfall is reputedly the highest in Southeast Asia. The park is home to a variety of animals and as well as exotic and endemic plant species.

www.mddabong.gov.my / www.kesedar.gov.my gunungstong



# KUALA KOH NATIONAL PARK | Gua Musang

Pristine and unspoilt, Kuala Koh National Park is the northern gateway to Taman Negara. Watch wild animals from the Bumbun or observation hides, or walk along the jungle trails and canopy walkway for a closer look at the thriving jungle flora and fauna. This eco-adventure destination beckons with other delightful activities such as birdwatching, canoeing, camping and visits to an indigenous settlement.





# WAKAF CHE YEH NIGHT MARKET

This is the largest market in the state, situated about 4 km from Kota Bharu, and quite close to the Thai border. Functioning as a wet and wholesale market during the day, it comes alive at night with an assortment of local products ranging from fabrics and clothes to food and local fruits. Whether just wandering around and taking in the local slights or haggling with local traders, a visit here is entertaining.

www.mpkbbri.gov.my

# **BUDDHIST TEMPLES**

Kelantan has numerous ornate Buddhist temples. The most well-known is Wat Photivihan in Kampung Jambu. This temple houses the largest Reclining Buddha in Southeast Asia. It measures 40 m in length and 9 m in width. Wat Machimmaram in Kampung Bunohan is famed for its Sitting Buddha. It is said to be the second largest of-its-kind in Southeast Asia. Wat Mai Suwankhiri or the Dragonboat Temple is another famous landmark in the state, featuring replicas of a huge dragonboat quarded by two magnificent dragons.



# FLOATING MARKET PULAU SURI | Tumpat

Floating markets may be synonymous with other Asian countries, but the state of Kelantan has its own version. This floating market preserves the Malay culture where merchants in the era of the Melaka Sultanate traded their wares on boats and sampan. Traders sell a variety of local produce such as coconut jelly, palm sugar and honey along with food items from their decorated boats.

PasarTerapungKelate



# KAMPUNG LAUT (COTTAGE INDUSTRY) | Tumpat

Serunding or meat floss is a traditional dry snack made of beef, chicken or fish. It can be eaten with rice or on its own and can be stored for a long time. This village is well-known for its cottage industries from which meat floss is made and supplied to various restaurants and shops.



# AL-MUHAMMADI MOSQUE | Kota Bharu

Graceful arches and golden-coloured domes make this mosque an impressive sight even from afar. Also known as the State Mosque, this remarkable place of worship was named after the late Sultan Muhammad IV who contributed greatly to the state. Visitors are advised to dress appropriately.

www.e-maik.my





GELANGGANG SENI (CULTURAL CENTRE) | Kota Bharu Known as the one-stop centre for Kelantan's folk art, Gelanggang Seni is a place to watch, learn and immerse yourself in a variety of traditional art forms. Watch Silat, the Malay martial arts, or see how musical instruments such as Rebana Ubi (a giant drum) are played. From spinning top, to kite-flying to Wayang Kulit (shadow puppetry) and Mak Yong (a traditional musical theatre), a visit to Gelanggang Seni gives you a great insight into local arts

http://tourism.kelantan.mytic.kelantan

# HANDICRAFT VILLAGE & CRAFT MUSEUM (KAMPUNG KRAFTANGAN) | Kota Bharu

This is a good place to begin your tour of Kota Bharu. Set within a beautiful courtyard, the complex houses a Craft Museum, souvenir shops, tourism offices and a restaurant. Visitors can drop by at the tourism offices here for more information on the state's attractions. View an impressive collection of the state's crafts at the Craft Museum, from embroidered fabrics such as Songket and Batik, to silver and pandanus mats. Visitors can learn about the history and the processes of making these unique handicrafts.









# PAK DAIM'S SHADOW PLAY GALLERY | Tumpat

Kelantan is synonymous with cultural performances and traditional pastimes. Among them is Wayang Kulit or Shadow Puppetry, which is an ancient form of storytelling. In the past, the village would gather in the evenings to watch the puppet master or Tok Dalang as he narrates the stories using prose, poetry and songs. This gallery has a collection of shadow puppets, raw materials as well as articles and information associated with this interesting art. Visitors can watch how the puppets are made or try their hand at making them.



www.wayangpakdain.com.my wayangpakdain.dain



# **COTTAGE INDUSTRIES & CRAFTS**

Kelantan is famed for its arts and crafts. Although many craft items are now produced on a big scale by factories, cottage industries continue to thrive and handmade crafts are still very much in demand. One of the best places to see cottage industries is the stretch of road that leads to Pantai Cahaya Bulan. Here, Batik fabric in various shades can be seen drying out in the sun, while roadside stalls offer prettily-decorated giant kites, bags and other interesting souvenirs.



# CAVING IN GUA IKAN AND GUA GELAP | Dabong

There are a numerous caves in Kelantan, especially in the district of Gua Musang and Kuala Krai. The most well-known cave is Gua Ikan. Literally meaning 'Fish Cave', this formation was named after a fish-shaped rock. Another popular spot for spelunking is Gua Gelap, which literally means 'Dark Cave'. It truly lives up to its name, with small crevices on the cave walls being the only source of natural light. The town of Dabong, situated about 160 km to the west of Kota Bharu, is the gateway to most of these natural attractions. Other exciting caves in the state are Gua Cha, Gua Pintu and Gua Sidang.



www.kesedar.gov.my / www.mddabong.gov.my



# SULUKTOK SELEHOR | Tumpat

Suluk Tok Selehor is one of the state's places of interest for Islamic tourism. Suluk refers to a place of isolation and seclusion to bring oneself closer to God. Suluk Tok Selehor is a subterranean hut in the Kok Pasir cemetery that resembles a Muslim grave. It was built as a place for prayer and contemplation by Tok Selehor or Abdul Rahman Bin Othman, a pious man who lived in the 19th century. He lived his life by teaching religion to children in a Madrasah (religious school). Tok Selehor feared that he would become arrogant and wanted the grave-like structure to serve as a reminder that all of us will one day return to our Creator. The Suluk remains to this very day while the Madrasah has been upgraded and converted into a mosque.



www.mdtumpat.gov.my

# THERE'S MUCH MORE IN KELANTAN

Kelantan's attractions are diverse and interesting. Kota Bharu, the capital city, has a number of attractions that can be visited on foot. Some of these places are situated close to one another. Just outside of Kota Bharu, more rustic villages and countrysides begin to unfurl. The state has a number of waterfalls and jungle-clad hills:

# Kota Bharu

- · Padang Merdeka
- Islamic Museum
- · Min House Camp
- · Langgar Mosque
- River Cruise from Kota Bharu to Kampung Laut
- Pantai Cahaya Bulan
- Pantai Sabak Fishing Village
- Gerbang Sultan Ismail Petra (Petra Arch)
- Menara Tinjau Tambatan DiRaja (Observation Tower)
- · Balai Kartun Rossem
- Kelantan Golf & Country Club
- Indera Petra Splash Water Park
- Pasar Tani Pelancongan@ Pengkalan
   Datu
- · Masjid Ar-Rahman
- Collectibles Museum

# Gua Musang

- MUSE Eco Park
- · Swee Nyet Temple
- Gua Musang
- Gunung Rabong
- · Gunung Chamah
- Ethnobotany Camp
- · Gua Cha
- The Aborigines Gallery
- MUSE Eco Park
- Gunung Rabong
- · Gunung Chamah
- · Ethnobotany Camp

- · Gua Cha
- · Nenggiri Water Rafting
- Swee Nyet Temple
- The Aborigines Gallery

# Kuala Krai

- · Lata Rek
- · Lata Beringin
- · Mambong Pottery
- Sq. Nal's Suspension Bridge

# Dabong

- · Jelawang Waterfall
- · Lata Kertas
- Taman Negeri Gunung Stong
- Trans Jelawang (Gunung Stong, Baha, Ayam, Kob, Menyelit, Che Tahir, Beirut, Tera, Saji)
- Kenerong Tubing
- Sg. Batu Waterfall

# Bachok

- Melawi Beach
- · Irama Beach
- Nik Rashiddin (ANR) Academy
- Singhorra (Singgora) Roof Tiles
- Wat Phothikyan (Standing Buddha)

# Pasir Puteh

- · Pantai Bisikan Bayu
- · Jeram Linang Waterfall
- · Jeram Pasu Waterfall
- · Zahhra Arabian Park
- Jeram Mengaji

# Tumpat

- Tok Janggut's Tomb
- · Sri Tujuh Beach
- · Geting Beach
- · Kite Museum
- Budu Cap Ketereh Factory
- Pantai Suri Floating Market

# Tanah Merah

Guillemard Bridge

# Jeli

- Gunung Reng
- · Lake Pergau
- •The Aborigines Museum
- Gunung Basor
- · Gunung Noring Timur Machang
- Tok Bok Hot Spring
- Bukit Bakar Waterfall

# Lojing

- · Loiina Highland
- Rafflesia Conservation Centre
- Ber Hot Spring
- Gunung Yong Yap
- Gunung Tok Nenek
- · Gunung Bubu

# Pasir Mas

- · Beijing Mosque
- Brunei Darussalam Mosque

# Essential Information

# **SHOPPING**

A bewildering range of handicrafts in various colours, shapes and sizes fill the shelves at Kelantan's souvenir shops. Take your pick from the intricate handicrafts, silverware, fashionable batik sarongs, pareos and trendy bags to the richly-embroidered Songket fabric and many more. In many places, visitors can also watch how the crafts are made. Some items such as giant kites can be custom-made to suit your liking.

Among the popular shopping spots in Kelantan are:

- Siti Aishah Bazaar (Kota Bharu)
- Tok Guru Bazaar (Kota Bharu)
- Tengku Anis Bazaar (Kota Bharu)
- Tuan Padang Bazaar (Kota Bharu)
- · Siti Khadijah Market (Kota Bharu)
- · Wakaf Che Yeh Night Market (Kota Bharu)
- Nordin Batik & Craft Sdn Bhd (Kota Bharu)
- Cik Bidah Songket (Kota Bharu)
- Cik Minah Songket & Batik (Kota Bharu)
- KB Permai Silverware (Kota Bharu)
- DY Silver Crafts (Kota Bharu)
- Ayu Fashion (Tumpat)

# Duty-free shopping zones:

- Rantau Panjang (Pasir Mas)
- Pengkalan Kubor (Tumpat)
- Bukit Bunga (Tanah Merah)

# DINING

Kelantan has is a delightful assortment of local fare and most eateries are open until late at night to cater to the adventurous foodies. Rice, the staple food, is creatively cooked in many ways with the infusion of different herbs and spices. Local dishes are spicy and pungent and some dishes have Thai influences.

The state is also known for its variety of sumptuous desserts. Alternatively, visitors can opt for Western food served at major restaurants and hotels. Fast food outlets are available at major towns. Try these authentic local favourites:

# Ayam Percik

Crispy, barbecued chicken that has been marinated in spices and coconut gravy.

# Nasi Kerabu

A rice-based dish served with coconut milk, fish flakes, desiccated coconut, spices and sauces.

# Nasi Dagang

A combination of rice and glutinous rice, Nasi Dagang is often accompanied by spicy tuna fish curry and pickled vegetables.

# Budu

A speciality of Kelantan, Budu is a fermented anchovies sauce. It is usually served with a hint of lime juice, chilly and onions. According to locals, Budu adds that extra zing and taste to an otherwise regular meal.

# Serunding (meat floss)

A local savoury snack where thinly sliced meat is cooked until it is light and fluffy. It can be eaten with rice or used as a sandwich filling.

### Desserts

Kelantan is a haven for the sweet-toothed. Take your pick from the wide array of desserts easily available in Kelantan. The use of palm sugar, eggs and coconut milk give the desserts a fragrant aroma and rich taste. Popular desserts include Akok, Dodol, Jala Mas, Nekbat, Lompat Tikam and Tahi Itek.

# **TRANSPORTATION**

# Getting There

# By Air

Malaysia Airlines operates daily direct flights to the Sultan Ismail Petra Airport in Pengkalan Chepa, Kelantan. The flights depart from the Kuala Lumpur International Airport (KLIA), which is located in Sepang. Alternatively, visitors can board the Firefly airlines which operates from the Sultan Abdul Aziz Shah Airport in Subang, Selangor. The budget carriers AirAsia and Batik Air operate daily flights to Kelantan from KLIA Terminal 2. Scoot Airlines also flies from Singapore to Kelantan.

# Self-Drive

There is a good network of roads linking major towns in the country to Kelantan. Kota Bharu is situated about 474 km from Kuala Lumpur, Malaysia's capital city. Visitors can drive along the East West Highway. The journey from Kuala Lumpur to Kelantan takes about five hours.

# By Bus

There are scheduled air-conditioned express buses from Kuala Lumpur linking most towns in Kelantan. Main destinations include Kota Bharu, Gua Musang, Rantau Panjang, Pengkalan Kubor and Tumpat. Visitors can board the bus at Terminal Bersepadu Selatan, Bandar Tasik Selatan (TBS-BTS). The journey takes about six to seven hours. Tickets must be purchased in advance during school holidays and festive seasons.

# By Rail

Keretapi Tanah Melayu Berhad (KTMB) provides daily rail services to Kelantan. Since there is no direct train from Kuala Lumpur, visitor can board the ETS train from the KL Sentral Station to Gemas, then take the eastbound train from Gemas to Kota Bahru. Visitors from Johor can board the train from JB Sentral.

# Getting Around

Getting around Kelantan is fairly easy as there are buses, taxis, trishaws and airport taxis. The local bus station is situated near to Kampung Kraftangan or the Handicraft Village. The buses here provide access to various places within Kota Bharu. To go outside of Kota Bharu town, visitors can take the buses that operate from the Jalan Bandar Bus Station. Outstation buses are available at the Lembah Sireh Bus Terminal. Buses here connect Kota Bharu to Kuala Lumpur as well as other towns in Malaysia. Taxis can be hailed from any part of the town, but determine the fare first.

# FOR MORE INFORMATION, CONTACT:

# Tourism Malaysia Regional Office East Coast:

· Pahang, Terengganu, Kelantan

+609 567 7112 / 7115





# SABAH

A bestination for Eco-Adventures

Stunning tropical islands and luxuriant nature makes Sabah the ideal destination for eco-adventures. The state's most treasured icon is the majestic Mount Kinabalu, reputed to be one of the highest in Southeast Asia. Another jewel is Sipadan, an internationally-famed dive destination. Sabah's population is made up of 32 ethnic communities. The capital of Sabah is Kota Kinabalu. It is the gateway to eco-adventures such as diving, river cruising, mountain climbing, white-water rafting and caving. Kota Kinabalu was formerly known as Jesselton. Most parts of the city have been reconstructed after World War II and there are only three surviving buildings from the war. Visit this "Land Below the Wind' and enjoy unforgettable adventures!

# MAP OF SABAH



# Places of Interest







# TUNKU ABDUL RAHMAN PARK | Kota Kinabalu

A cluster of five islands – Pulau Gaya, Pulau Manukan, Pulau Mamutik, Pulau Sapi and Pulau Sulug –Tunku Abdul Rahman Park's crystal-clear waters are filled with an abundance of corals and aquatic species. Located conveniently about 20 minutes' boat ride from the mainland, the islands are great for watersports, picnics, island-hopping, snorkelling and diving. It is also known for the Coral Flyer Zipline experience, the longest island-to-island zipline in Borneo (Gaya Island to Sapi Island). Accommodation is available in Pulau Gaya, the largest island as well as in Pulau Manukan.



 www.sabahparks.org.my @sabahparks

# MOUNT KINABALU (Malaysia's first UNESCO World Heritage Site)

Standing at 4,095.2 m above sea level, Mount Kinabalu is one of the highest peaks in Southeast Asia and the towering centrepiece of Kinabalu Park. This UNESCO World Heritage Site is a wonderland of ecological treasures, ranging from rare pitcher plants, montane birds, to the endemic Paphiopedilum Slipper Orchids. The view from the top of the mountain is unparalleled and well worth the climb.



www.sabahparks.org.my

@sabahparks







# LOK KAWI WILDLIFE PARK | Kota Kinabalu

Made up of two components, zoological and botanical, this park is a delight for children and adults alike. Must-see attractions include tigers, proboscis monkeys, deer, orang utans and Borneo pygmy elephants. A wide range of plants can be observed from the walking trails.

www.wildlife.sabah.gov.my
@Taman Hidupan Liar Lok Kawi



# PORING HOT SPRINGS | Ranau

After a visit to Kinabalu Park, make a trip to the Poring Hot Springs to soothe away your aches. Poring Hot Springs is situated about 40 km from the Kinabalu Park Headquarters. The main attractions here are the natural hot springs and a 157.8 m long canopy walkway. Standing at 41 m from the forest floor, this walkway affords a commanding view of the Borneo rainforest. Don't miss the butterfly farm, orchid conservation centre, tropical garden and Rafflesia site.





# SABAH STATE MUSEUM & HERITAGE VILLAGE

Kota Kinabalu

Situated on Bukit Istana Lama, the 17-hectare complex comprises the main museum, the Science and Education Centre, a Heritage Village, the Sabah Art Gallery and the Museum of Islamic Civilisation. The exhibits reflect the state's rich cultural heritage and trading history. Artefacts include ceramics, traditional weapons, costumes, musical instruments and more. Cultural activities are held regularly at the heritage village.



# SEPILOK ORANG UTAN REHABILITATION CENTRE

Sandakan

Enjoy the rare and thrilling opportunity to see an orang utan up close. Situated in the Kabili-Sepilok Forest Reserve which sprawls over 4,300 hectares, this sanctuary serves to rehabilitate orphaned orang utans as well as educate the public on the importance of wildlife conservation. The viewing gallery gives an opportunity to see the orang utans being fed by rangers.

www.wildlife.sabah.gov.my

@ @sepilokorangutan





# TAWAU HILLS PARK | Tawau

Stretching over 27,972 hectares, this park is haven for an amazing plethora of plants and flowers including the rare Elephant's Ear Orchid and one of the world's tallest trees, the Yellow Meranti (shorea faguetiana). Attractions include a waterfall, suspension bridge, jungle trails and crystal clear rivers. The park is situated about 24 km from Tawau.



www.sabahparks.org.my @sabahparks



# SABAH TEA GARDEN | Ranau

Set against the beautiful backdrop of Mount Kinabalu, Sabah Tea Garden is an enclave of sprawling greenery. Visitors can enjoy a tour of the tea factory and savour freshly brewed tea at the Tea House. Recreational activities such as jungle trekking, night walks and obstacle training are also available. Accommodation ranges from bungalows, longhouses to campsites.



@ @sabahtearesort





# CROCKER RANGE PARK | Keningau

A massive range of forest-clad ridges, Crocker Range stretches from Mount Kinabalu to the border of Sarawak. This protected area has no modern facilities and is a thriving destination for jungle-trekking and four-wheel drive excursions. Nature lovers can trek to the Rafflesia sites and spend a night camping amidst the greenery. Crocker Range Park is about 13 km or a 30-minute drive from Keningau town.





# TECK GUAN COCOA MUSEUM | Tawau

Said to be the only one-of-its-kind in Malaysia, Teck Guan Cocoa Museum gives an insight into the history and development of the cocoa industry. This museum, located within the cocoa factory, has a range of exhibits such as fermented cocoa bean, shell, nibs and many more. The video presentation gives more information on cocoa processing. Teck Guan Cocoa Museum is situated at Tanjung Batu Laut, on the west side of Tawau. Guided tours of the actual production process can be arranged.

www.sabahtourism.com

@cocoavillagetawau@tawauteckguanlet'splay



# TECK GUAN COCOA VILLAGE | Tawau

Teck Guan Cocoa Village is situated at Quoin Hill, on the east side of Tawau. It is just 30 minutes' drive from Tawau Airport. The plantation is lined by miles and miles of cocoa trees stretching as far as the eyes can see, filling the air with the delicious scent of fresh cocoa fruits. Visitors can enjoy a two-hour tour of the village and watch how cocoa is cultivated, harvested, fermented and dried. Enjoy a variety of food, beverages and desserts made of cocoa at the refreshment kiosk.

www.sabahtourism.com

@cocoavillagetawau

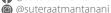
@ @tawauteckguanlet'splay

# PULAU MANTANANI | Kota Belud

Lying off the beaten track, Mantanani is a group of three remote islands - Mantanani Besar, Mantanani Kecil and Lungisan - located off the coast of Kota Belud. The waters around the islands have a visibility of 40 m, offering a splendid view of the blue spotted ray, pink-eyed gobies, blue ringed octopus, bumphead parrotfish and sometimes dolphins. The islands are about 45 minutes away by speedboat from the Kuala Abai Jetty in Kota Belud. Accommodation is available.



www.sabahtourism.com @suteraatmantanani





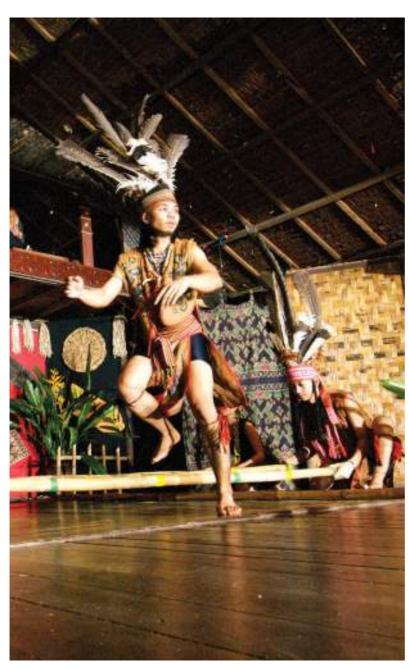
# TURTLE ISLANDS PARK | Sandakan

Lying in the Sulu Sea, Turtle Islands Park is a cluster of three islands, Selingan, Bakungan and Gulisan Kecil. Here, visitors have the opportunity to catch sight of rare and endangered turtles from the Green and Hawksbill species when they swim ashore to lay eggs. Only the largest island, Selingan, is open to visitors. Besides housing the Park Headquarters, it also offers accommodation and some basic facilities. A visit to the Turtle Islands Park requires an overnight stay. Day trips are not available. Accommodation is provided by Crystal Quest Sdn. Bhd.



www.turtleisland.com.my @ @turtleislandresort





# MONSOPIAD HERITAGE VILLAGE

Kota Kinabalu

Situated about 16 km from Kota Kinabalu, this cultural village pays tribute to the powerful and feared Kadazan warrior, Monsopiad, who lived about 200 years ago. Visitors can gain an insight into the ancient culture of the community. Don't miss the cultural performance which re-enacts this legend. A very interesting point to note is that the village is managed by Monsopiad's direct descendents, and is situated on the very land where he once lived.

www.monsopiad.com@Monsopiad Heritage Village@onsopiadheritagevillage

# SIPADAN

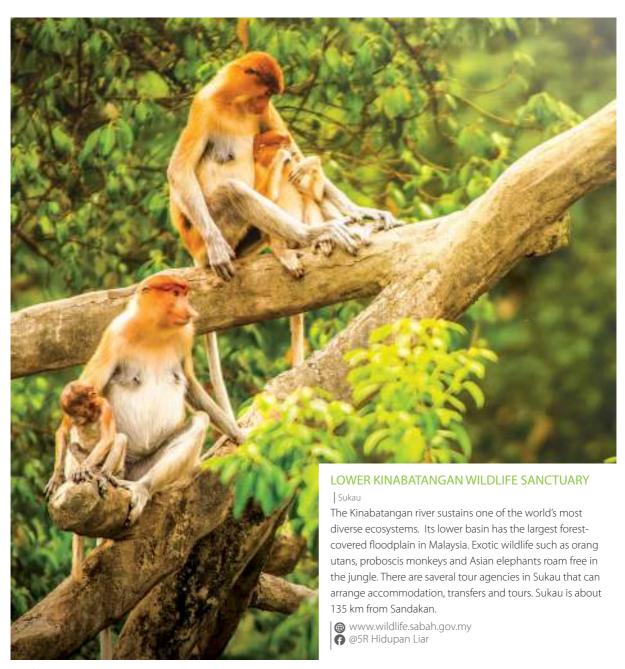
Sipadan is an internationally famous dive site in the Celebes Sea. The geographic position of Sipadan at the Indo-Pacific Basin (the centre of the richest marine habitat in the world) makes it a paradise for divers. The seascape is decorated with huge gorgonian sea fans, barrel sponges and gigantic soft tree corals. Steep walls form a stunning backdrop while pelagic species such as sharks and turtles swim gracefully.

Further away, the Turtle Cavern contains skeletons of turtles that were lost in the tunnels. At Barracuda Point, divers can have exciting encounters with schools of barracuda. To preserve the delicate ecosystem, accommodation is only provided at the neighbouring islands of Mabul and Kapalai . Tours must be pre-arranged. The nearest airport to Sipadan is Tawau. From Tawau, take an hour's drive to Semporna before proceeding with a 40-minute speedboat ride to the island.











# UPSIDE DOWN HOUSE | Tuaran

This unique attraction is the first-of-its-kind in Southeast Asia and one of the only five upside down structures in the world. The charming Sabah kampung house is literally flipped upside down, with the floor facing skyward and the ceiling facing below. Visitors can have the bizarre feeling of walking on the ceiling while the furniture stands above your head! This architectural feat has been listed in the Malaysia Book of Records. A café and gift shop are situated nearby.



@Rumah Terbalik - The Upside Down House Borneo



# RAINFOREST DISCOVERY CENTRE | Sepilok

The Rainforest Discovery Centre is an environmental education centre focused on Borneo's rainforests. Originally established for students and teachers, the centre is now open to the public. One of the most interesting activities here is walking along the 347 m canopy walkway. It is the first-of-its-kind in the country and one of few such structures in Southeast Asia. This centre is situated in the Kabili-Sepilok Forest Reserve, only ten minutes away from the Sepilok Orang Utan Rehabilitation Centre.

arinforest-discovery-centre.business.site/
are Rainforest Discovery Centre Sepilok

@ @rainforestdiscoverycentre

# MABUL AND KAPALAI ISLANDS | Semporna

Situated just 25 minutes from Sipadan, Mabul offers a starkly different marine environment. The waters here contain tiny marine life, making it a great site for macro and muck-diving. Blue-ringed octopus, mandarin fish, lionfish, frogfish, moray eels and spike-fin gobies are definite show-stealers in the relatively-shallow waters. Mabul is slightly larger than Sipadan and has several resorts as well as a local village.

Kapalai is another great location for muck-lovers. In fact, this little island is rated by many diving journalists as one of the best macro-diving destinations in the world. The jumping-off point to Mabul and Kapalai is Semporna, situated about one hour's drive from Tawau Airport. The boat ride to the islands takes about 45 minutes. There are regular air services connecting Tawau and Kota Kinabalu. Transfers can be arranged with tour operators.



# THERE'S MUCH MORE IN SABAH

The adventure does not end here. Sabah has numerous other attractions waiting to be explored. Visitors will find a number of sightseeing spots in Kota Kinabalu and its surroundings. Kudat, situated to the north of Kota Kinabalu, beckons with charming attractions such as the Rungus tribal village as well as Tanjung Simpang Mengayau, the tip of Borneo. In Sandakan, the second-largest town in Sabah, war-related sites and natural enclaves form the main tourist attraction. Be sure to visit these places before you leave, or come back again to experience the beauty of Sabah:

# Kota Kinabalu

- City Mosque
- •Tun Mustapha Gallery
- · Menara Tun Mustapha
- Kota Kinabalu Wetland Ramsar Site
- Aguascape Centre
- Sabah Art Gallery
- · Cocoa Kingdom KK Chocolate House
- Kokol Hill Flf

# Penampang

- · St. Micheal's Church
- · Koisaan Cultural Village
- •Tipsy Asi
- Eco Tourism Kibunut River
- Tolungan Riverside Penampang

### Tenom

- · Sabah Agriculture Park
- Padas Farmstay
- Muzium Antanom
- · Rundum Highlands
- Yit Foh Tenom Coffee Park
- Murut Cultural Centre
- Tenom Coffee Valley

# Pitas

· Floating Coral Bar

## Kudat

- Honey Bee Farm, Kampung Gombizau
- · Gong Factory, Kampung Sumangkap
- Kampung Tinangol (Rungus beads and handicraft making)
- Kudat Longhouse
- Muzium Tun Mustapha

- Piniapat Hill
- Secret Place

# Kota Marudu

- · Walai Tobilung Cultural Centre
- Teringai Beach & Lodge
- Serinsim Park

## Kiulu

- · Zip Borneo
- Kiulu Rainforest Park (KRP)
- Murug-Turug Eco-Tourism (MTET), Kg.Minangkob
- Outreach Borneo
- Monggoluton River View
- Tagal Poturidong Village
- Jurassic Land

# Kundasang

- · Kundasang War Memorial
- Desa Cattle Dairy Farm
- Sosodikon Hill
- Maragang Hill
- Alpaca Club Sabah

# Sandakan

- Agop Batu Tulug (Historical cave)
- · Sandakan Crocodile Farm
- · Sandakan Heritage Trail
- · Selingan Island
- · Libaran Island
- Puu Jih Shih Temple
- St. Micheal's and All Angels Church

# Ranau

- Kampung Luanti (Fish massage)
- Bombon Marakau Village (Fish massge)

- Miki Survival Camp
- Taralamas River Canyon, Kg. Tiang Lama

# Kota Belud

- Kampung Siasai (machete making centre)
- Karanahan View
- · Cahana Retreat

# Kuala Penyu

- Batu Luang
- Batu Linting Sunset Villa

# **Tambunan**

- Mahua Waterfall
- Tambunan Viewing Point (Sinurambi Tambunan)
- · Gunung Wakid
- · Mat Salleh Memorial

# Keningau

- Bukit Matanoi
- Pusat Rekreasi Taman Bandukan
- World War 2 Memorial Park
- Batu Sumpah Berpelembagaan
- Yap Yun Fook Eco-Farm
- Trig Hill
- Laing Cave
- Muzium Warisan Keningau

# Telupid

- Tawai Rainforest Camp (TRC)
- Maranggoi Eco Tourism

# Sipitang

- Esplanade Sipitang
- Pelakat Wetland & Wildlife Safari
- · Langkimut Hill Garden

# Essential Information

# SHOPPING

Have an exciting time hunting for unique souvenirs and handicrafts! The state is known for its bewildering array of ethnic-style crafts, beads, pearls, accessories and other unique collectibles. For a novel shopping experience, head to the openair markets called Tamu or visit the bazars

The popular shopping spots in Kota Kinabalu are:

- Kadaiku
- KK Handicraft Centre
- Gaya Street
- Tamu Kota Belud

Modern shopping malls are mainly centered in Kota Kinabalu. Among the malls are 1Borneo, KK Times Square, Warisan Square, Centre Point, Wisma Merdeka, KK Plaza, Wawasan Plaza, Imago, Suria Sabah and City Mall.

# DINING

There is a wide range of indigenous specialties awaiting adventurous visitors. The rare ferns, greens, fruits and vegetables here are whipped up into a myriad of lip-smacking dishes. Aside from the local delights, Continental cuisine is widely available at major hotels while fast food can be found in towns. The cool mountain air and hilly terrain make Sabah a great place to grow tea and coffee. Don't miss a cup of the locally-grown Sabah tea or Tenom coffee. Authentic local favourites include:

# Tuaran Mee

A famous hawker dish made from a batter of egg yolk and flour. It is stir-fried with local vegetables and garnished with slices of roast chicken (or pork) and more eggs.

# **Ambuyat**

Sometimes known as Nantung, this is a thick gluey porridge made of sago, tapioca or rice. Don't let the appearance stop you from trying it out – the sticky treat is rolled or twisted around a chopstick and savoured with a sauce.

### Hinava

A salad made of raw fish or prawns, Hinava is especially popular among the Kadazandusun community. The essential ingredient in Hinava is raw fish mixed with lime juice, bird's eye chili, sliced shallots and grated ginger.



### Tuhau

Another dish for the health conscious, Tuhau is a fresh salad made from a ginger-like plant. It is pounded and mixed with lime juice, onions and chillies. Tuhau can be eaten by itself, or savoured together with rice.

## Kelupis

Aromatic, filling and delicious, Kelupis is made of glutinous rice wrapped in a fragrant leaf called Daun Nyirik. It is cooked in coconut milk.

# **TRANSPORTATION**

# Getting There

# By Air

Sabah is well-connected domestically and internationally. The main gateway to Sabah is the Kota Kinabalu International Airport (KKIA) situated about 20 minutes away from the city. Malaysia Airlines, AirAsia and Batik Air provides daily direct flights to Sabah from Kuala Lumpur, Malaysia's capital city. Internationally, Sabah is accessible from Brunei Darussalam, China, Hong Kong, Taipei, Japan, Thailand, Philippines, Singapore and South Korea. The flights that operate here include Scoot Air, Royal Brunei Airlines, Korean Air, Jeju Air, Jin Air, Philippines Airlines and Cebu Pacific Air. Visitors from Australia can also arrive in Sabah via Kuala Lumpur.

# By Sea

Visitors from Labuan, Indonesia and Philippines can arrive in Sabah by sea. Ferry terminals and immigration checkpoints are situated in Kota Kinabalu, Sandakan and Tawau.

The Sutera Harbour Marina in Kota Kinabalu welcomes foreign guests who wish to berth their yachts in comfort and convenience. Vessels are required to do port clearance before their crew is allowed ashore

# By Land

Overland travel between Kota Kinabalu, Kuching and Brunei Darussalam is possible via the Trans Borneo Highway. However, visitors are advised to be prepared for long journeys. Those who are intending to self-drive should plan their routes and rest stops.

# Getting Around

Local buses and taxis are easily available in Kota Kinabalu although tour operators normally arrange most of the overland transfers. The local train service that connects Tanjung Aru to Beaufort and Tenom is a refreshing alternative to enjoy the scenery.

A good network of rural air service connects Kota Kinabalu to the gateway towns of Sandakan, Tawau and Lahad Datu. The smaller towns of Kudat and Semporna are equipped with airstrips.

# FOR MORE INFORMATION, CONTACT:

Tourism Malaysia Tourist Information Centre

· Kota Kinabalu International Airport Terminal 1

+6088-413 359

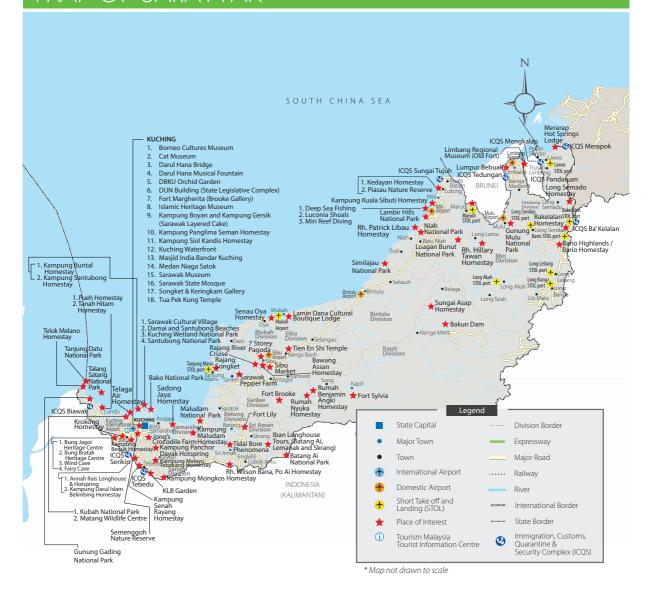
# SARAWAK Land of Extraordinary Natural Marvels

Sarawak is the largest state in Malaysia, occupying the southwestern ridge of Borneo. Its verdant jungles are strewn with massive natural formations, the world's largest cave chambers as well as endemic flora and fauna. Sarawak's greatest assets include its UNESCO World Heritage Site and numerous protected national parks. The vast number of hornbills found here has made Sarawak to be fondly known as 'the Land of the Hornbills'.

Its vibrant ethnic groups, coupled with the legacy of the Brooke dynasty, weave a history filled with intrigue and fascination. Kuching, the capital city, is a good place to get a glimpse into the past. Explore the extraordinary natural marvels of Sarawak!



## MAP OF SARAWAK



# Places of Interest





### SARAWAK CULTURAL VILLAGE | Damai Described as a 'living museum', Sarawak Cultural Village showcases the traditional dwellings and lifestyles of Sarawak's major ethnic groups. Situated at the foothill of Mount Santubong, this award-winning attraction is also the venue of the popular Rainforest World Music Festival. Among the highlights here is the twice-daily cultural performance.



www.scv.com.my@SarawakCulturalVillageOFFICIAL@sarawakcv



#### **BAKO NATIONAL PARK**

Not far away from the state's capital city is the Bako National Park with its breathtaking landscapes and beautiful rock formations. The park is also inhabited by rare animal species such as Proboscis Monkeys and Leaf Monkeys as well as over a hundred bird species.

www.sarawakforestry.com

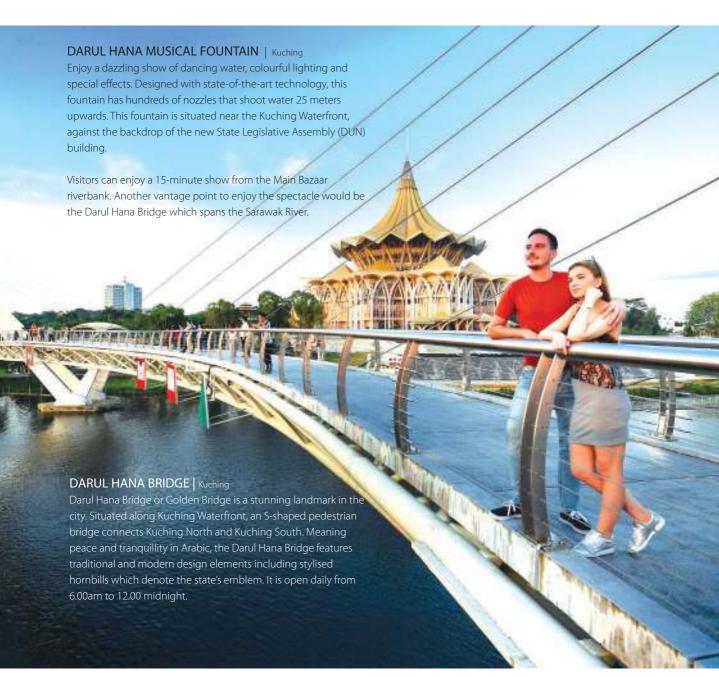
#### **NIAH NATIONAL PARK**

Millions of bats and swiftlets, numerous historical sites, ancient tombs and a primary rainforest are among the enchanting attractions at this national park. Sprawling over 3,238 hectares, Niah National Park enjoys great popularity among history lovers and researchers for its archaeological significance. The Great Cave here was inhabited by prehistoric men nearly 40,000 years ago. Among the relics unearthed include Neolithic paintings and Palaeolithic artefacts. Another attraction is the Painted Caves,

where depictions of human-like figures were found near an ancient burial site. Niah National Park is accessible from Miri and Bintulu. It is situated about 109 km from Miri and 131 km from Bintulu. Accommodation ranges from chalets, hostels to a rest house.







#### MEDAN NIAGA SATOK | Kubah Ria

If you have always wanted to see how the locals shop, this is a must on your itinerary. This bustling market brings traders from all around the area, with an assortment of products ranging from fruits, vegetables, handicrafts, forest produce, wild honey, plants, live fish to local snacks and delicacies. Find unique souvenirs or try out local dishes that are freshly prepared the authentic way. The market is synonymous with its native traders who are mostly ladies. The best time for a visit is Saturday night or early Sunday morning.

www.fama.gov.my @Medanniagasatokkuching





# Uma Belor Longhouse is the longest uninterrupted Kayan longhouse in Sarawak. It consists of seven connected blocks

UMA BELOR SUNGAI ASAP LONGHOUSE | Belaga

that are home to about 101 families. Visitors will be able to see the intricate handicrafts of the Kavan people, such as colouful beads, wood carvings and more. For those who love cultural shows, the graceful Datun Julut dance will be a feast for the eyes. There are also orchard visits to get a glimpse into the lives of the Kayan community. If you are coming from Bintulu or Miri, traverse on the Miri-Bintulu countryside road towards Sungai Asap to Belaga for 3 hours, before arriving at Uma Belor Longhouse.



#### HOMESTAYS IN SARAWAK

Experience the unique cultures of Sarawak by living with the different ethnic groups. In a homestay programme, visitors can stay at an Iban, Bidayuh or Orang Ulu longhouse, a Malay kampung house, or even a Melanau traditional house. There are 48 homestays clusters in Sarawak that consist of 574 registered homestay operator. Among the well-known villages are:

- Bung Jagoi Homestay is homestay nestled atop of a hill
- · Bario Homestay
- Uma Belor Sungai Asap Homestay



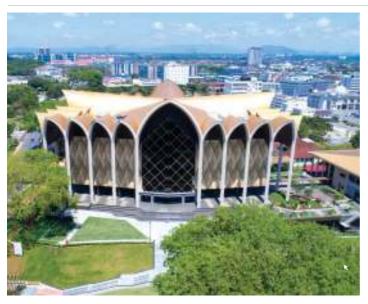
#### MASJID INDIA BANDAR KUCHING

Kuching

Masjid India Bandar Kuching is located at Gambier Street, along the Sarawak River bank. The mosque is capable of accommodating 1,600 people. It is strategically located adjacent to the Kuching Waterfront, near several tourist attractions such as the Darul Hana Bridge and Darul Hana Musical Fountain. By night, the mosque will be illuminated by multicoloured LED lights.



https://emasjid.sarawak.gov.my@masjidindiabandarkuching



#### BORNEO CULTURES MUSEUM | Kuching

The golden arched roof museum located at the heart of Kuching city is the second largest museum in Southeast Asia. Besides its gallery and exhibition spaces which showcase artefacts on the history, people, cultures and heritage of Sarawak, this museum also organises educational activities and serves as a learning centre for Borneo's cultures, people and nature.





#### SEMENGGOH NATURE RESERVE

The 1613-acre Semenggoh Nature Reserve is a treasure trove of attractions. The most well-known is the Wildlife Centre that rehabilitates orang utans that were injured, orphaned or kept illegally. In the sprawling nature reserve, visitors can see orang utans of various ages, from adorable and mischievous young primates, to caring and protective mothers, to mature adults. Enjoy observing their antics during the feeding times (9.00am and 3.00pm) or watch them frolic in the rainforest. Other attractions include an arboretum, orchard and botanical garden.



@ @semenggohwildlifecentre





#### SIBU CENTRAL MARKET

Sibu Central Market offers interesting and lively sights of traders selling a variety of items in a clean and hygienic setting. This is the largest market in Sarawak, offering everything from exotic fruits and vegetables of the rainforest to handicrafts and poultry. The Sibu Market is situated along Jalan Channel opposite the Express Boat Passenger Terminal.



### ROXY TASIK BIRU RESORT CITY | Bau

Relax and recharge at this scenic lakeside getaway that comes with chalet-style accommodation. Visitors can select from floating chalets or land chalets to make their stay memorable. Tasik Biru is an abandoned gold mine which has been transformed into a holiday resort. Hop on for a boat ride or go paddle boating. The floating bridge here makes you feel as if you are walking on water. The resort is situated about 35 km from Kuching.

noxyhotel.my/tasik-biru



KAMPUNG STING, SUSUNG AND PE'AN WATERFALLS, BENGOH | Kuching

#### "Jurassic World of Sarawak"

Welcome to the Jurassic World of Sarawak! This hidden gem in Bengoh Range gives you the feel of being in a prehistoric forest with its exposed roots, hanging branches, wild ferns, moss-covered boulders and scenic waterfalls. Bengoh Range has four waterfalls – Curtain Falls, Koring Falls, Pe'an Falls and Susung Falls. It is a must-visit spot for mind-blowing photos. Although it may seem remote and inaccessible, these

attractions are actually located near a Bidayuh settlement known as Kampung Sting. The village is dubbed as 'Cloud Village' for its altitude and offers an unrivalled view of Bengoh Range and Bengoh Dam. Kampung Sting is only a 10-minute boat ride away from Susung Falls. Tours are available.

#### SARAWAK RIVER CRUISE | Kuching

Since time immemorial, Sarawak River has been intertwined with the state's history, culture and livelihood. A river cruise is a great way to recapture the charm of the bygone era. View Kuching's historical landmarks that are situated along the riverbanks such as Brooke Gallery (Fort Margherita), Kuching Waterfront, Main Bazaar, Chinese Museum, new Sarawak State Legislative Assembly building and many more. Watch the sunset from the Sky Deck and enjoy light refreshments or even indulge in a dinner on board.

www.sarawakrivercruise.com

@sarawakrivercruise

@ @sarawakrivercruise



### GUNUNG GADING NATIONAL PARK | Lundu

Rafflesia, the world's largest flower, stands as the main attraction in this national park. The species here is called Rafflesia Tuan Mudae, which can grow up to one metre in width. Forest lodges are available for overnight stays. This park is about two hours' drive from Kuching. Visitors can call ahead to find out if the Rafflesia is in bloom.

www.gading.my @Gununggading

@gununggadingnationalpark



#### THERE'S MUCH MORE IN SARAWAK

Long-staying visitors can head to many other places of interest that are waiting to be explored. There are many museums and heritage buildings around Kuching. Miri, the second largest city in Sarawak, is an oil-rich destination with sculptures of seahorses which stand as the icons of the town. The recent discovery of the Miri Reef has made the city popular among reef diving enthusiasts. A number of star-rated hotels are available here. More attractions await at the towns of Sibu, Bintulu and Kapit. Many of these towns serve as the gateways to the interiors and national parks.

#### Kuching

- Brooke Gallery (Fort Margherita)
- · Bung Bratak Heritage Centre
- · Bung Jagoi Heritage Centre
- · Kampung Panchor Dayak Hotspring
- Kuching Mosque
- Kuching Wetlands National Park
- · Main Bazaar
- · Santubong National Park
- · Sarawak Tourism Complex
- State Mosque
- Tanoti House
- Tua Pek Kong Temple
- Tun Jugah Pua Kumbu Museum

#### Matang

- Kubah National Park
- · Matang Wildlife Centre

#### Damai and Santubong

- Beaches
- Golf resorts
- · Santubong Wildlife Cruise

#### Pulau Talang Satang National Park

#### Miri

- Bario Highlands
- Grand Old Lady (Sarawak first oil well)
- · Lian Hua San Temple
- · Loagan Bunut National Park
- · Luak Bay Esplanade
- · Luconia Shoals
- · Miri City Fan
- · Miri Public Park
- · Piasau Nature Reserve
- · Coco Cabana

#### Sibu

- Bukit Aup Jubilee Park
- Eng Ann Tua Pek Kong Temple
- · Rejang Esplanade
- · Sibu Cultural Heritage Museum
- · Sungai Merah Heritage Walk

#### Sri Aman

· Batang Ai National Park

#### Bintulu

- · Similajau National Park
- Taman Tumbina

#### Limbang

- Merarap Hot Springs
- Ba'kelalan Highlands



# Essential Information

#### **SHOPPING**

Shopping in Sarawak is an adventurous experience. The state's many ethnic groups are known for their intricate crafts and souvenirs. One of the state's most popular crafts is the Sarawakian beads. Colourful beads of all sizes are fashioned into necklaces, rings, bracelets and earrings.

Another must-have item is the Pua Kumbu textile. This hand-woven fabric can be used as wall hangings, table covers and shawls. Sarawak pottery has gained a name for itself for its distinct designs and carvings. Bamboo mats are another popular item. These mats come in various sizes and are a great idea to enhance your home decor. Some shops even offer packing and delivery arrangements for a fee.

Main shopping spots around Kuching are:

- · Main Bazaar
- · Kuching Waterfront Bazaar
- Sarawak Craft Council (Sarawak Handicraft Centre)
- · Jalan Padungan
- Medan Niaga Satok
- India Street
- Jalan Penrissen

#### DINING

Sarawak's traditional delights are simply superb for those who are adventurous enough to give it a go. Coastal areas such as Damai and Santubong offer a variety of seafood dishes. The state is also a leading producer of pepper and pineapples. In the cool climate of Kelabit Highlands, the natives cultivate a special variety of rice called Bario Rice. It is harvested by hand using age-old methods. The equally cold highlands of Ba'Kelalan is gaining popularity for its mountain salt and paddy plantation.

For decades, Sarawak has been exporting high quality swiftlet's nests. Aside from the local food, visitors can enjoy Chinese, Japanese, Korean and Western food in Kuching. Major hotels around the state serve a variety of continental cuisine. Sarawak's authentic dishes include:

#### Sarawak Laksa

This signature dish consists of noodles served with an aromatic, tangy soup.

#### Mee Kolok

Handmade yellow egg noodles are used to prepare this tasty dry dish. The noodles are tossed with lard, garlic oil and black vinegar to give it the special flavour and taste. Muslim stalls offer a halal version of this dish

#### **Bubur Pedas**

Literally meaning 'spicy porridge', this dish is made with condiments such as yam, bamboo shoots and wild ferns. It is popular during the Muslim fasting month.

#### Manok Pansoh

A specialty of the Dayak ethnic group, this dish is made of chicken and ginger. It is cooked in a bamboo log over an open fire to seal in the aroma and flavour.

#### Ikan Terubok Masin

The salted Terubok fish is popular in Sarawak. It tastes best when grilled.

#### Sarawak Layer Cake

Pretty and colourful, the Sarawak Layer Cake has a mosaic-like look. They are usually homemade and taste simply delicious with a cup of coffee.

#### Bird's Nest Soup

This highly prized Chinese delicacy is said to have medicinal properties. Try it at upmarket restaurants.

#### Sarawak Pepper

Bottled Sarawak pepper can be purchased at most departmental stores, supermarkets and mini markets. It is locally produced and fresh.

#### Sarikei Pineapple

Sarikei is known as 'the pineapple capital of Sarawak'. The

variety grown here is juicy and low in acidity and sugar. Other specialties of Sarawak include Umai, a raw fish salad and Tabaloi, a traditional sago cookie.

#### **TRANSPORTATION**

#### Getting There

#### By Air

Sarawak is well-connected to Kuala Lumpur (Malaysia's capital city) as well as several other international destinations. The main airport is the Kuching International Airport. There are a number of other airports and airstrips in Sarawak, situated in Miri, Bintulu and Sibu. Malaysia Airlines, the national carrier, provides daily direct flights from Kuala Lumpur to Kuching with connecting flights to other towns. The flight from Kuala Lumpur to Kuching takes about 1 hour and 45 minutes. Direct flights are also available from Kuala Lumpur to Sibu, Miri and Bintulu.

In addition, the budget carrier AirAsia operates flights to Miri, Bintulu, Kuching and Sibu from KLIA Terminal 2. AirAsia also flies to Kuching from the states of Penang, Johor & Kelantan. Batik Air provides direct flights from Kuala Lumpur to Kuching.

Sarawak is also accessible by air from the neighbouring state of Sabah and Labuan as well as neighbouring countries

Singapore and Indonesia. The airlines that provide air links to Sarawak include Scoot Air and Royal Brunei Airlines. For further information on airlines routes, please visit the websites of the respective airlines.

#### By Sea

There are regular ferry services to Sarawak from Labuan. The staging points are situated in Limbang and Lawas.

#### By Road

It is possible to drive from Brunei Darussalam to Miri with Immigration procedures which can be applied through online. The journey takes about five hours. The route from Pontianak (West Kalimantan) to Kuching can be accessed via Tebedu immigration post.

Overland transfers are possible via the Pan Borneo Highway which connects Sarawak to Sabah and Brunei Darussalam. Visitors are encouraged to get adequate information from the Tourist Information Centres on the duration of journey and routes

#### Getting Around

Getting around Kuching is simple with the easy availability of buses, taxis and e-hailing services. Taxis and e-hailing services are available in front of major hotels and shopping malls.

Despite the vast size of the state, getting around to the other parts of Sarawak is fairly convenient with a good network of rural air services. Airports are situated in Miri, Bintulu, Sibu, Mulu, Limbang and Mukah. MASWings, a subsidiary of Malaysia Airlines Berhad, connects the interiors such as Bario, Ba'kelalan, Lawas, Long Banga, Long Seridan, Long Lellang, Marudi and Tanjung Manis which are equipped with STOL ports.

#### FOR MORE INFORMATION, CONTACT:

#### Tourism Malaysia Tourist Information Centre

Kuching International Airport

• Tourism Malaysia - Sarawak Office

Sarawak Tourism Board

• Kuching Visitors' Information Centre

Sibu Visitors' Information Centre

Miri Visitors' Information Centre

National Park Booking Office

- Online Booking

+6082 627 742

+6082 246 575

+6082 410 944

+6084 340 980

+6085 434 180 / 434 181

+6082 248 088

• Website: http://ebooking.sarawak.gov.my

• Email: npbooking@sarawak.gov.my

# LABUAN

## bearl of Borneo

Situated at the north of Brunei Bay and facing the South China Sea is the island of Labuan, an international business and financial centre. It is also Malaysia's only deep water anchorage.

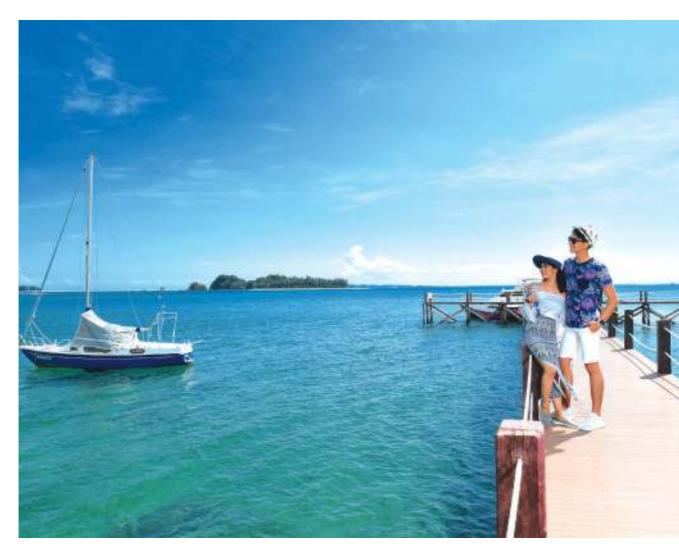
Labuan is one of Malaysia's three federal territories. Covering an area of 92 sq km, Labuan comprises the main island as well as six islets around it. Dubbed as 'The Pearl of Borneo, Where Business and Leisure Meet', this destination provides ample facilities for incentive travel. Holiday-makers will find an array of interesting sights in Labuan, be it historical, natural or cultural. Dive sites that lay close to the shore, World War II relics, tax-free shopping and an international sea sports complex give Labuan a vibrant and world-class touristic appeal. Visit Labuan for a holiday like no other!



## MAP OF LABUAN



# Places of Interest







#### LABUAN MUSEUM I Jalan Dewan

Housed in a post-war colonial styled building, this museum chronicles the history of Labuan, beginning from the prehistoric era, to the rule of the Brunei Sultanate, the administration of the British Government, the World War II, to the declaration of Labuan as a federal territory. Other interesting displays include information on Labuan's socio-cultural landscape and the local communities



www.jmm.gov.my/en/museum/labuan-museum @Muzium Labuan

#### I ABUAN MARINE PARK

Located 2 km off the southern tip of Labuan, the park comprises the islets of Kuraman, Rusukan Kecil and Rusukan Besar. It is famous for the four wreck diving sites; namely the American, Australian, Blue Water and Cement wrecks. Lovely reefs, white sandy beaches and quiet bays make it a great spot for sun-seekers. Visitors are required to adhere to the marine park regulations at all times. Activities that are permitted include scuba diving, snorkelling, sailing, canoeing and jungle-trekking. Visitors are strictly prohibited from anchoring, fishing, polluting and carrying out other activities that can break or damage the corals and reefs.





#### THE CHIMNEY | Tanjung Kubong

Synonymous with Labuan, the Chimney is somewhat of a mystery. The 106-feet high structure was built with thousands of red bricks imported from England and assumedly 23,000 pieces of bricks were used to restore the outer walls. It was originally thought to be a ventilation stack. Recently by ongoing research, it was discovered that there is no soot within, thus making its purpose and existence a puzzle. The Chimney is situated at the Chimney Historical Complex. The Information Centre here details the coal mining industry in Tanjung Kubong since 1847.

www.jmm.gov.my/en/museum/chimney-museum
@chimneymuseum



#### WORLD WAR II MEMORIAL | Jalan Tanjung Batu

The largest memorial in Malaysia, Labuan World War II Memorial is the final resting place of 3,908 soldiers who perished in World War II. The World War II Memorial is the prime venue for Remembrance Day, an annual ceremony conducted in full military tradition to honour these war heroes.

- https://www.labuantourism.my/historical-sites
- @LabuanTourism@labuantourism



### LABUAN BIRD PARK | Tanjung Kubong

Situated near the Chimney, this park houses numerous species of Borneo's birds. There are presently about 68 bird species, commonly found in rainforests, mangrove swamps, coastal areas as well as the highlands. They are housed in a walk-in aviary.

- www.labuantourism.my/labuan-bird-park
- @Labuan Bird Park
- @ @tamanburunglabuan



#### **HOMESTAYS**

Stay in a scenic Malay village, or spend a day or two in a water village. To experience the lifestyle of the locals, visitors can participate in a homestay programme available at the following villages:

- Patau-Patau 2 Water Village
- Bukit Kuda Village
- Sungai Labu Village



### LABUAN INTERNATIONAL GOLF CLUB | Kiamsam

Labuan International Golf Club is the only 18-hole golf course in Labuan. The club has commenced its operation since August 2013. It is located atop a hill at Kiamsam, overlooking the South China Sea. Set amidst 200 acres of lush greenery, the Par 72 golf course provides enthusiasts with ample challenges. Facilities include a club house, a Muslim prayer room, changing rooms and a training area. It is also equipped with a Pro Shop and restaurant.





#### **BEACHES**

Sun-kissed beaches and picture-postcard views are a beautiful facet of Labuan's attractions. The beaches of Layang-Layangan, Pancur Hitam, Pantai Batu Manikar, Pantai Sg. Miri, Pantai Sg.Pagar and Pohon Batu are famed for their warm waters and scenic views. Enjoy cycling by the beach, sit back and watch the sunset or savour local food at the beachside stalls.





#### LABUAN MARINE MUSEUM | Jalan Tanjung Purun

Built to resemble a ship, the Labuan Marine Museum takes visitors into the intriguing world of marine wonders. This museum features 572 artefacts consisting of marine specimens and contemporary items such as fishing tools, diving gear and oceanography tools. The main attraction of the gallery is the 100year old, 42-feet skeleton of an Indian Fin Whale found on Sebatu Beach. It was once exhibited in Raffles Museum, Singapore and the National Museum of Malaysia before being transported to the Labuan Marine Museum. In the interactive section, visitors can touch starfish and sea cucumbers. This museum is part of the Labuan International Sea Sports Complex.

www.jmm.gov.my/en/museum/labuan-marine-museum@muziummarinlabuan



#### WATER VILLAGES

A trip to Labuan would be incomplete without visiting the water villages. The main villages are Patau-Patau I and Patau-Patau II. These homes are built on stilts above the water and can be quite spacious. Most homes have airy, cooling verandahs that are decorated with potted plants and flowers. The villages are established by Malay fishermen and traders from Brunei.





#### THERE'S MUCH MORE IN LABUAN

Despite the small size, Labuan has a number of places that would be of interest to tourists. Among them are:

- · Labuan Square
- · Museum Square
- · Tanjung Kubong Tunnel
- · Labuan Geopark
- · Jamek An'Nur Mosque
- Ba Xian Miao Temple

- Labuan Gurdwara Sahib (Sikh Temple)
- · Labuan Central Market
- Labuan International Sea Sports Complex
- Kinabenuwa Eco Tourism
- Gedung Ubat (Ammunition Store)
- · United Nation Beach (COBSEA) Monument
- Labuan Sunrise View point

# Essential Information

#### **SHOPPING**

Labuan enjoys a tax-free status that makes it the perfect place to find imported products at bargain prices. Visit this free-trade zone to choose from an assortment of perfumes, chocolates, cosmetics, liquor, cigarettes, textiles, leather goods, electrical appliances, electronic gadgets, pens and watches.

Among the popular shopping areas are:

- · Jalan OKK Awang Besar
- Ferry Terminal area
- One Stop Duty Free at Victoria Point
- Financial Park Complex
- · Labuan Weekend Tamu

(A bazaar held on Saturdays and Sundays at Labuan Walk)

#### DINING

Seafood is a major attraction in Labuan. Fresh fish, prawns, crabs, lobsters, squids and shellfish are found in abundance. Enjoy a delightful assortment of cooking styles, such as Western, Malay and Chinese. Visitors can also try some of the specialties of this island:

#### Coconut Pudding

Unique to Labuan and rarely found anywhere else, this pudding is made from steamed coconut water and jelly.

#### Lamban

Akin to the Chinese rice dumplings or the Malay ketupat, Lamban is sweetened steamed rice that is wrapped in coconut leaves. It is eaten with chicken or beef curry.

#### Punjung

A bite-size delight, punjung is made of rice flour. It contains a jelly-like filling. The cone-shape dessert is wrapped in banana leaves.

#### Jelurut

Ideal for the sweet-toothed, this dessert is made of rice flour, sugar and coconut milk. The dessert is sometimes flavoured with durian or yam.

#### **TRANSPORTATION**

#### Getting There

#### By Air

Labuan is well-linked by air. It is easily accessible from Kuala Lumpur International Airport (KLIA), situated in Peninsular Malaysia. It is also accessible from Kota Kinabalu in Sabah and Miri in Sarawak. Labuan is served by Malaysia Airlines, MASWings and AirAsia.

#### By Sea

The Labuan International Ferry Terminal receives ferries from Sabah, Sarawak and Brunei Darussalam. The journey from Kota Kinabalu takes about three hours. Alternatively, visitors can take the speed boat or the passenger ferry (capable of accommodating vehicles) from Menumbok in Sabah. From Brunei Darussalam, Labuan is accessible in only one hour.

#### Getting Around

+6087 423 445

Getting around Labuan is relatively easy. The island's excellent road network links Labuan's main town with other parts of the island. It only takes about one hour to go around the island by road.

Taxis and e-hailling services are the popular modes of transport. 24-hour Call Taxi Services are available. Car rentals for self-drives can be arranged.

#### FOR MORE INFORMATION, CONTACT:

#### Tourism Malaysia Tourist Information Centre

• Labuan





#### SUN, SEA AND SAND

Blessed with a year-round tropical climate, Malaysia is one of the region's top destinations for sun, sea and sand getaways. Lapped by the waters of the Straits of Malacca, South China Sea, Andaman Sea as well as the Sulu and Celebes Seas, Malaysia boasts some of the most beautiful islands and beaches in the region.

Malaysia is home to hundreds of tropical islands ranging from populated landmasses to unspoilt pristine islets. Characterised by pure sandy beaches and spectacular underwater landscapes, they provide the perfect playground for avid snorkellers and scuba divers. Langkawi, the Jewel of Kedah and home to a UNESCO Global Geopark, possesses a natural charm that is second to none. Langkawi's idyllic beaches such as Tanjung Rhu, Cenang and Burau Bay provide the perfect environment for a host of watersports.

Pulau Pangkor is a rustic beach getaway with fishing villages, lush tropical vegetation and places of worship. Just nearby,

the privately-owned Pangkor Laut is one of the world's top luxury destinations. Terengganu's islands – namely Redang, Perhentian, Lang Tengah, Kapas and Tenggol – are some of the most stunning in the region with stretches of white sandy beaches and coral-rich waters. Pahang's famous island, Tioman, is considered one of the region's best island getaways with a wealth of natural beauty and underwater wonders.

Malaysia is also blessed with an abundance of picturesque beaches along its coasts. The nearest to Kuala Lumpur is Sasaran Beach, a place in Selangor that is famed among photography enthusiasts as Malaysia's Sky Mirror. Sepang Goldcoast beckons with its calm waters and rustic sights. Beach lovers can also visit Port Dickson in Negeri Sembilan, a popular beachfront lined by star-rated resorts and chalets. Penang's beautiful northern beaches such as Teluk Bahang and Batu Feringghi are charming destinations with their overhanging boulders, casuarinas-lined shores and secluded coves. Desaru in Johor is another beach

getaway for those who are making short trips around the mainland. On the east coast, Pahang and Terengganu's scenic shores such as Cherating, Teluk Chempedak, Tanjung Jara and Rantau Abang possess a tranquil and laidback atmosphere.

Tanjung Aru in Sabah is a relaxing beachside retreat and the perfect spot to catch the magical rays of the sunset while Damai and Tusan are popular seaside retreats in Sarawak.

#### DIVING

Located at the epicentre of the world's richest underwater environment, Malaysia is blessed with an abundance of marine parks, each with excellent visibility and a thriving underwater ecosystem. Some of the region's best dive sites are located here, particularly in the waters off Terengganu, Johor, Pahang and Sabah

Langkawi's Pulau Payar Marine Park is a great destination for day trips. There is no accommodation on the island to protect and preserve the island's delicate marine eco-system. In Terengganu,

Redang Marine Park has an incredible variety of coral species. The islands of Lang Tengah and Perhentian are a diver's delight with its rich marine life. Pahang's Tioman Marine Park is another not-to-be-missed destination.

In the southern state of Johor, the islands Sibu, Rawa and Aur are equally enthralling, each possessing its own charm and character. They beckon divers with an abundance of corals and undersea attractions. Blessed with an enviable marine biodiversity, Sabah's islands – Sipadan, Bohey Dulang, Mabul, Layang-Layang, Kapalai and Tunku Abdul Rahman Marine Park – are widely-known as some of the region's best diving sites. Pulau Sipadan, located right in the heart of the Indo-Pacific basin – the world's richest marine habitat – is rated as one of the world's top dive sites. Kapalai and Mabul are also popular for 'muck diving' activities – a diving term used to describe the search for rare and exotic small marine species. In Sarawak, waters off Miri are known for its reef diving. Labuan Marine Park is famous for its wreck diving, particularly wrecks from World War II.





#### **ECO-ADVENTURE**

Blessed with a wealth of natural wonders, Malaysia is a well-known eco-tourism destination. The country's lush rainforests and rugged terrains make it one of the best places for eco-adventures. National parks are aplenty, each endowed with an incredible diversity of flora and fauna as well as impressive natural landscapes, providing the perfect platform for a variety of pursuits. Taman Negara, Malaysia's premier park, is the country's largest national park and one of the world's oldest rainforests, having been around for over 130 million years. It is home to Gunung Tahan, the highest peak in Peninsular Malaysia, and one of the world's longest canopy walkways.

Kinabalu Park in Sabah – Malaysia's first UNESCO World Heritage Site – is said to contain more than half of the world's flowering plant species, including the carnivorous pitcher plant.



Gunung Kinabalu (Mount Kinabalu) – one of the highest peaks in Southeast Asia – is also located here, forming the park's centrepiece.

Sarawak has the largest number of national parks in the country, including Gunung Mulu National Park, another UNESCO World Heritage Site, and the archeologically-significant Niah National Park. Home to an astounding series of limestone caves and rare geological formations, Gunung Mulu National Park also has the largest natural cave chamber in the world, the Sarawak Chamber, and the world's largest cave passage, the Deer Cave. Niah National Park contains two National Historical Monuments, Gua Besar (Great Cave) and the Gua Kain Hitam (Painted Cave).

Langkawi, a tropical island in the waters of Kedah, is home to Southeast Asia's first UNESCO Global Geopark for its outstanding geological heritage dating more than 500 million years.

Malaysia's hiking trails are perfect for jungle-trekking. The country's rivers cater for both river cruising and white-water rafting activities, with varying grades of difficulty. There are also plenty of rocky crags and walls to satisfy rock-climbers. Those who enjoy more challenge can scale up the peaks of Gunung Kinabalu, Gunung Tahan and Gunung Mulu. Kinabalu Park is the site of Asia's first and the world's highest Via Ferrata. The country's rough, undulating terrains also provide the perfect setting for 4WD expeditions and mountain biking.

Malaysia's lush tropical rainforests and location on the Australasian cross-migratory paths also provide great opportunities for birdwatching activities. Malaysia has a total of 55 Important Bird Areas throughout the country.

#### **CULTURE AND HERITAGE**

Malaysia is made up of a rich tapestry of colourful cultures and well-preserved heritage. The country's population is an amalgamation of varying ethnic backgrounds, bringing together an enchanting medley of cuisine, crafts, traditions and architecture.

Malaysia's diverse cultural heritage is evident in their costumes, social practices, recreational pursuits, handicrafts, food, music

and other forms of entertainment. Remnants of the past in the forms of heritage buildings, historical sites as well as ancient relics can still be seen all over Malaysia to this day – a reminder of the country's rich and colourful history. The cities of George Town and Melaka serve as a living museum of sorts, with well-preserved heritage buildings and historical sites, gaining them the prestigious UNESCO World Heritage City status in the year 2000.

Fine craftsmanship is one of Malaysia's greatest cultural legacies. High in quality and rich in detail, these works of art are highly sought after and make great collectibles. Beautiful handwoven songket and hand-painted batik textiles remain popular souvenir items, while the country's woodworks and jewellery are regarded as some of the finest in the world. Pottery, ornaments made from organic materials, metal craftworks and traditional attire such as the Nyonya kebaya are also highly in demand

Known the world over for its abundance of culinary delights, Malaysia is the ultimate gastronomic paradise. Its multicultural social landscape gives rise to an irresistible array of cuisine with a smorgasbord of cooking styles, from time-tested recipes passed down through generations to fusion versions that give an interesting twist to classic dishes. What's more, each state comes with its own set of specialities, making dining truly an adventure here

Experience the unique local culture first-hand by staying with a host family in a Malay kampung or a tribal longhouse through Malaysia's homestay programme. Learn more about their lifestyles and customs, as well as participate in various local activities such as traditional games and cultural performances.



#### **EVENTS AND CELEBRATIONS**

Religious occasions such as Hari Raya Aidilfitri, Chinese New Year, Vaisakhi, Tadau Ka'amatan, Hari Gawai, Deepavali and Christmas are celebrated nationwide, with the long-standing tradition of open houses adding to the festive cheer.

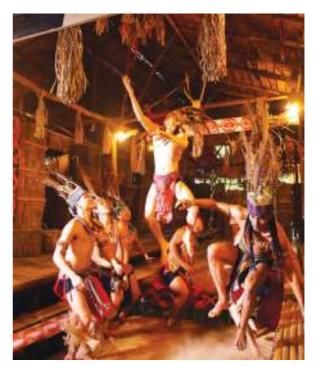
Hari Raya Aidilfitri is celebrated by the Muslim community after a month of fasting from dawn to dusk. Muslims wake up in the morning, perform their prayers at the mosque and visit the graves of departed family members before enjoying a family breakfast. Open-houses are held to welcome relatives and friends to strengthen the family bonding and rekindle friendships. Hari Raya Aidiladha is another major Muslim festivals which marks the culmination of the pilgrimage to Makkah.



Chinese New Year or Lunar New Year is ushered in with Dragon and Lion Dances. Plum blossoms and décorations can be seen filling the streets while mandarin oranges are given out as a symbol of luck and prosperity. Red packets of money (ang pow) is also given out by elders.

Cultural festivals such as Hari Gawai and Tadau Ka'amatan are harvest festivals celebrated by the ethnic communities of Sabah and Sarawak. They are an incredible spectacle with cultural costumes, dances, beauty pageants and lots of merriment. Among the Chinese community, the Mid-Autumn Festival is anticipated greatly. The festival is observed with lantern processions and delicious mooncakes in various shapes, colours and flavours.

The Indian festival of Thaipusam falls on the full-moon day in the auspicious 10th Tamil month of Thai. During this time, thousands



of devotees and curious onlookers throng Batu Caves where a colourful procession of devotees bearing ornate frames known as 'kavadi' climb all the way up to the Temple Cave in a vibrant display of unwavering faith and devotion.

The Sikh community celebrates Vaisakhi with lots of gaiety and enthusiasm. This religious observation marks the inauguration of the Khalsa in the late 17th century. Members of the Sikh community visit the Gurdwara (place of worship) and share a communal lunch. As in other parts of the world, Christmas is celebrated here, but with a touch of tropical charm. Visitors will see huge Christmas trees, complete with tassels and trimmings at shopping malls, hotels and offices.

The country also celebrates numerous other occasions such as National Day, Federal Territory Day, New Year and many more. With its diversity of races and cultures, Malaysia dazzles with year-round festivals and celebrations!

#### **SPORTS AND ACTIVITIES**

Malaysia plays host to a number of prestigious world-class events throughout the year ranging from regattas, races to touring exhibitions. Highly-acclaimed international events such as the Royal Langkawi International Regatta, Le Tour de Langkawi, Penang International Dragon Boat Festival, Pasir Gudang World Kite Festival, Putrajaya International Hot Air Balloon Fiesta, Royal Pahang Billfish International Challenge and KL Tower International Jump Malaysia have placed the country on the world map.

Facilities such as the Sepang International Circuit, Bukit Jalil National Stadium, Labuan International Sea Sports Complex and Mahsuri International Exhibition Centre are full-fledged venues for large-scale events.

A renowned golfing destination, Malaysia has hundreds of golf courses situated all over the country. Many of these courses are of international standard and located amidst various settings – by the beach, high up in the hills, in or in the middle of the rainforest – giving a truly unique golfing experience. Some are designed by the world's top names such as Jack Nicklaus, Arnold Palmer and Greg Norman. For a more unusual golfing experience, try night golfing.

Malaysia is also becoming an increasingly popular destination for equestrian sports. With many equestrian clubs and centres sprouting all over the country, horseback-riding has become not just a popular recreational pursuit, but also an interesting way to see the country's hinterland. The calm waters along Malaysia's shores and around its islands are perfect for a variety of water sports. With a number of marinas around the country offering complete sailing facilities and safe anchorage assurance, yachting is fast becoming popular among the adventurous.

Other recreational activities such as jet-skiing, kayaking, parasailing and windsurfing are also widely popular. Malaysia's densely populated waters are also a favourite among fishing and angling enthusiasts. The coasts of Sabah and Sarawak are home to some of the country's finest bluewater species, while the island of Labuan is located close to the prime fishing areas.

For adrenalin-junkies, Malaysia's offers a number of extreme

## sports such as Flyboarding, Ziplining and Zorbing.

When it comes to shopping, Malaysia is regarded as one of the premier shopping destinations in the region. Whether your preference is luxury or affordable shopping, you're likely to find whatever your heart desires here. Look out for bargains and special offers especially during festive seasons. Sprawling shopping complexes and lifestyle malls with everything under one roof can be found in major cities, especially Kuala Lumpur and Selangor. Areas such as Bukit Bintang-KLCC are well-known shopping districts offering everything from designer labels to computer peripherals. These malls do not only offer retail therapy, but also a host of dining and entertainment options from bowling arena to cineplexes.



Duty-free shopping is available on the islands of Tioman, Pangkor, Langkawi and Labuan as well as along the Thailand-Malaysia border and in the airports. Those looking for traditional handicrafts and ethnic souvenirs can find them in craft centres around the country. Among the most sought after local crafts include fabrics such as Batik, Songket, Kain Tenun and Pua Kumbu, as well as items fashioned out of pewter, silver and woodcrafts. Craft centres such as Kuala Lumpur Craft Complex offer unique handmade items. Find a bewildering choice of local souvenirs at places such as Pasar Seni (Central Market) and Petaling Street (Chinatown) in Kuala Lumpur. There are also flea markets that are decked with irresistible curios and collectibles. Every state has its own treasures found in places such as Pasar Payang in Terengganu, Siti Khadijah Market in Kelantan and lonker Street in Melaka.

#### SPA AND WELLNESS

Be it on a tropical island or in the city centre, Malaysia is home to some of the world's top spas. With an ideal tropical setting and world-class facilities, Malaysia's position as a top spa destination is increasingly acknowledged worldwide.

There are many types of spa offering a wide range of therapies. Day spas and hotel or resort spas are the types most commonly found, while destinations spas and medical spas are fast gaining popularity. The therapies are mainly of Asian origin, such as Malay, Chinese, Indian, Peranakan (Straits Chinese) and Balinese. Performed by trained therapists, the spa menu mainly consists of home-grown herbs and locally-produced ingredients. Many spas, especially the established ones, offer a variety of packages and a whole range of therapies, which include full-body massage, hair treatment, pedicure, manicure, facial, sauna and steam baths, body wraps, mud baths and body scrubs.



#### OTHERS

Malaysia garners interest as a favourite destination for a host of other reasons. Malaysia offers same, if not better, standard of services and facilities as more-developed nations but at much lower costs. The country is a top-of-the-mind destination among those who seek quality healthcare and education, retirement in foreign countries as well as cost-effective Meetings, Incentives, Conventions and Exhibitions (MICE) facilities.



#### Malaysia My Second Home (MM2H)

The Malaysia My Second Home (MM2H) Programme is open to citizens of countries recognised by Malaysia regardless of race and gender, and provides them with the opportunity to enjoy their time off in Malaysia for as long as they wish. A renewable multiple-entry social visit pass is granted to successful participants, which allows them to bring along their spouses, unmarried children below the age of 21 years and parents above the age of 60 years.

#### Education

Malaysia has a well-developed education system, with highly-recognised educational institutions from international schools to branch campuses of international universities. English is primarily used as the mode of communication in these institutions.

A number of higher learning institutions also offer twinning programmes in collaboration with established international institutions. From short-term language courses to post-graduate degrees, the country offers an extensive range of options and internationally-recognised qualifications.

#### **Business**

With its warm tropical climate and beautiful natural surroundings coupled with a stable political environment and state-of-the-art facilities, Malaysia is a favourite destination for business travellers. Hotels and convention centres equipped with extensive MICE facilities are amply available all over the country. Choose from the variety of locations in different settings – by the beach, at the city's bustling business district, or far away at the highlands. There is also the added option of incorporating themed events and corporate games, throwing an element of fun and excitement into the mix.

# Essential Information

#### **USEFUL CONTACT NUMBERS**

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#### TIPS FOR TOURISTS

#### CUSTOMS AND FTIQUETTE

- Shoes must always be removed when entering homes or places of worship such as mosques and temples. Most mosques provide robes and scarves for ladies. Taking photographs at places of worship is usually permitted but it's best to ask for permission first.
- While visiting a homestay village, please be respectful of local customs and traditions.
- When sitting on the floor, men sit cross-legged while women normally sit with their legs tucked to the side.
- When pointing, it is preferable to use the thumb with the four fingers folded under, rather than the forefinger.
- To give or receive something, try to use the right hand.
- Always ask for permission before taking photographs when you are in someone's home.
- The country's large Muslim population does not consume liquor or alcoholic beverages.
- The weather is generally warm with occasional torrential showers. Cotton clothes, rubber shoes and sun hats are the best.
- · Be respectful when you are at public ceremonies.
- National parks are protected areas and visitors are advised to take note of the strict laws that govern these areas.
   Take nothing but photographs and leave nothing but footprints. A national park conservation fee will be imposed upon entry.
- The sea can be rough during the monsoon season between October and February. Visitors are advised to practice caution while at the beach, especially if there are children. Established beach resorts continue to operate during this season but smaller chalets on the islands may be closed.

#### SAYING IT IN MAI AY

ENGLISH	MALAY
Welcome	Selamat datang
Good morning	Selamat pagi
Good night	Selamat malam
Thank you	Terima kasih
You are welcome	Sama sama
Goodbye	Selamat jalan
How are you?	Apa khabar?
I'm fine	Khabar baik
I'm sorry	Minta maaf
Rice	Nasi
Vegetables	Sayur
Meat	Daging
Fish	Ikan
Beach	Pantai
Sea	Laut
Mountain	Gunung
Hill	Bukit
Cave	Gua
Lake	Tasik
Road	Jalan
Bus	Bas
Taxi	Teksi
Train	Keretapi/Tren
Flight	Kapal terbang
Please	Sila / Tolong
Help	Tolong
Caution	Awas
Entrance	Masuk
Exit	Keluar
Restroom	Tandas

#### MAI AYSIA AT A GI ANCE

#### **COUNTRY**

The federation of Malaysia comprises Peninsular Malaysia, which is made up of 11 states, three Federal Territories as well as the states of Sabah and Sarawak situated in Borneo.

#### **CAPITAL CITY**

Kuala Lumpur

#### **GEOGRAPHICAL LOCATION**

Lying 2° to 7° north of the Equator, Peninsular Malaysia is separated from Sabah and Sarawak by the South China Sea. The Peninsular shares a common border with Thailand in the north, while its southern neighbour is Singapore. Sabah and Sarawak share a common border with Indonesia while Sarawak also shares a border with Brunei Darussalam.

#### **AREA**

329,758 sq km

#### TIME

The standard Malaysian time is eight hours ahead of GMT and 16 hours ahead of the U.S. Pacific Standard Time.

#### **POPULATION**

33.4 million

#### **PEOPLE**

Malaysia has a diverse population. Its multicultural fabric is made up of the Malays, who form the majority of the population, as well as the Chinese, Indians, Portuguese Eurasians and Straits Chinese, along with the indigenous communities of Peninsular Malaysia and the ethnic groups of Sabah and Sarawak.

#### LANGUAGE

Bahasa Malaysia (Malay) is the national language but English is widely spoken. Malaysians also speak various languages and dialects.

#### **RELIGION**

Islam is the official religion but all other religions are practised freely.

#### GOVERNMENT

Malaysia practices parliamentary democracy and constitutional monarchy. The Head of State is the Yang di-Pertuan Agong and the Head of Government is the Prime Minister. The country has a bicameral legislative system.

#### CLIMATE

Malaysia has a tropical climate and the weather is warm all year round. Temperatures range from 21°C to 32°C and the annual rainfall varies from 2,000 mm to 2,500 mm.

#### **ECONOMIC PROFILE**

Manufacturing constitutes the largest component of Malaysia's economy while tourism and primary commodities such as petroleum, palm oil, natural rubber and timber are major contributors to its economy.

#### **ENTRY REQUIREMENTS**

Visitors must be in possession of a valid passport or travel document with a minimum validity of six months beyond the intended visiting period. Citizens of most countries do not require visas for social or business visits. For further information, please visit or call the nearest Malaysian diplomatic mission or Tourism Malaysia office.

#### **CURRENCY**

The unit of currency is the Malaysian Ringgit, which is denoted as RM or MYR. Foreign currencies can be converted at banks and money changers. Transactions can be carried out using the Malaysian currency or via credit cards and online banking services. Of late, cashless transactions such as e-wallets and mobile payments have grown in popularity. Cashless transactions can be found in most establishments in the cities.

#### **BANKING HOURS**

In most states, banks are open from Monday to Friday from 9.15 am to 4.30 pm. In Kelantan and Terengganu, banks are closed on Friday and Saturday. Check the websites of the relevant banks for details on operating hours and rest days. Online banking services are available.

#### WORKING DAYS

Most states observe Monday to Friday as working days while Saturday and Sunday are rest days. In the states of Johor, Kedah, Kelantan and Terengganu, working days are from Sunday to Thursday. Friday and Saturday are observed as rest days. This applies to government offices and many private establishments.

#### **ELECTRICITY**

The voltage used throughout Malaysia is 220 - 240 volts AC, at 50 cycles per second. Standard 3-pin square plugs and sockets are used.

#### **COMMUNICATIONS TECHNOLOGY**

Malaysia is linked internationally via the Internet. There is a stable 4G mobile network coverage in the country. Wi-fi connection is available at most hotels, restaurants and transport terminals. Upon arrival, travellers can easily get a local prepaid SIM card at airports or shopping malls. The package comes with preloaded credit and data. Travellers will be required to present their passport/ID for registration when purchasing the SIM cards.

#### **GETTING TO MALAYSIA**

The main gateway to Malaysia is the Kuala Lumpur International Airport (KLIA) which is also known as KLIA Terminal 1. It is located about 40 km south of Kuala Lumpur. Over 40 international airlines fly into the country via KLIA.

Malaysia Airlines, the national carrier, is a member of the oneworld airline alliance and offers connectivity to 1,000 destinations over 170 territories

KLIA Terminal 2 (formerly known as KLIA 2), is situated about 1.5 km away from the main terminal and serves as the world's largest terminal dedicated to low-cost carriers. Airlines that operate from Terminal 2 include AirAsia and AirAsia X. Other international airports in the country are situated in Langkawi, Penang, Johor Bahru, Kota Kinabalu and Kuching. Skypark Terminal or Sultan Abdul Aziz Shah Airport in Subang is the main base for Firefly, Batik Air and private carriers.

The country's largest seaport is Port Klang, a major shipping and cargo terminal. Other main entry points by sea are located in Langkawi, Penang, Melaka, Johor, Labuan, Kuching and Kota Kinabalu

#### **GETTING AROUND**

Malaysia has excellent domestic air links serviced by Malaysia Airlines as well as carriers such as AirAsia, Firefly and Batik Air. The country has a well-developed and efficient public transportation system served by buses, taxis as well as trains. GrabCar and other e-hailing services are available in Malaysia.

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(Melaka, Johor)

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