# **PAHANG** Map & Guide







Built-up Area

Major Road

★ Place of Interest

Secondary Road

Railway Route & Station

Tourism Malaysia Office

Field / Recreation

River / Lake

Expressway

Places of Interest

Bukit Pelindung Recreational Forest

Masjid Negeri Sultan Haji Ahmad Shah

Galeri Tenun Bandar Mypride

Botanical Garden

Bukit Pelindung

Esplanade Park

Laman Teruntum

Kuantan River Cruise

Night Seafood Area

Pantai Teluk Chempedak

Taman Teruntum Mini Zoo

Pahang Art Museum

Berjaya Megamall

East Coast Mall

Kuantan Parade

**Teruntum Complex** 

Kamdar

Nirwana

The Store

Tunas Manja

Tanjung Lumpur Village / Seafood

**Entertainment/Shopping/Dining** 

Pantai Pelindung

Pantai Teluk Sisek

Taman Gelora

 $\bowtie$ 

Annexe Rest House

Grand Champagne

Grand Continental

Hyatt Regency Kuantan

Kuantan Tembeling Resort

Avenue

Citilite

Citiview

Exclusive LA

Grand City

Greenlast

JS Grand

M.S. Garden

Mega View

Seasons Boutique

Seasons View

Seri Malaysia

Shahzan Inn

The Zenith

**Information Centre** 

Pahang Tourism

Tourism Malaysia

Pavilion Rocana

Sentral

Suraya

The V

Vistana

Vivo

Arenaa Batik Boutique

Tourist Information Centre

Dining

Hospital / Clini

Police Station

Fire Station

**Bus Station** 

Taxi Station

B4, C4

B2, C4, D1

Post Office

Sports Complex

Important Landmark,

University / College

Place of Worship

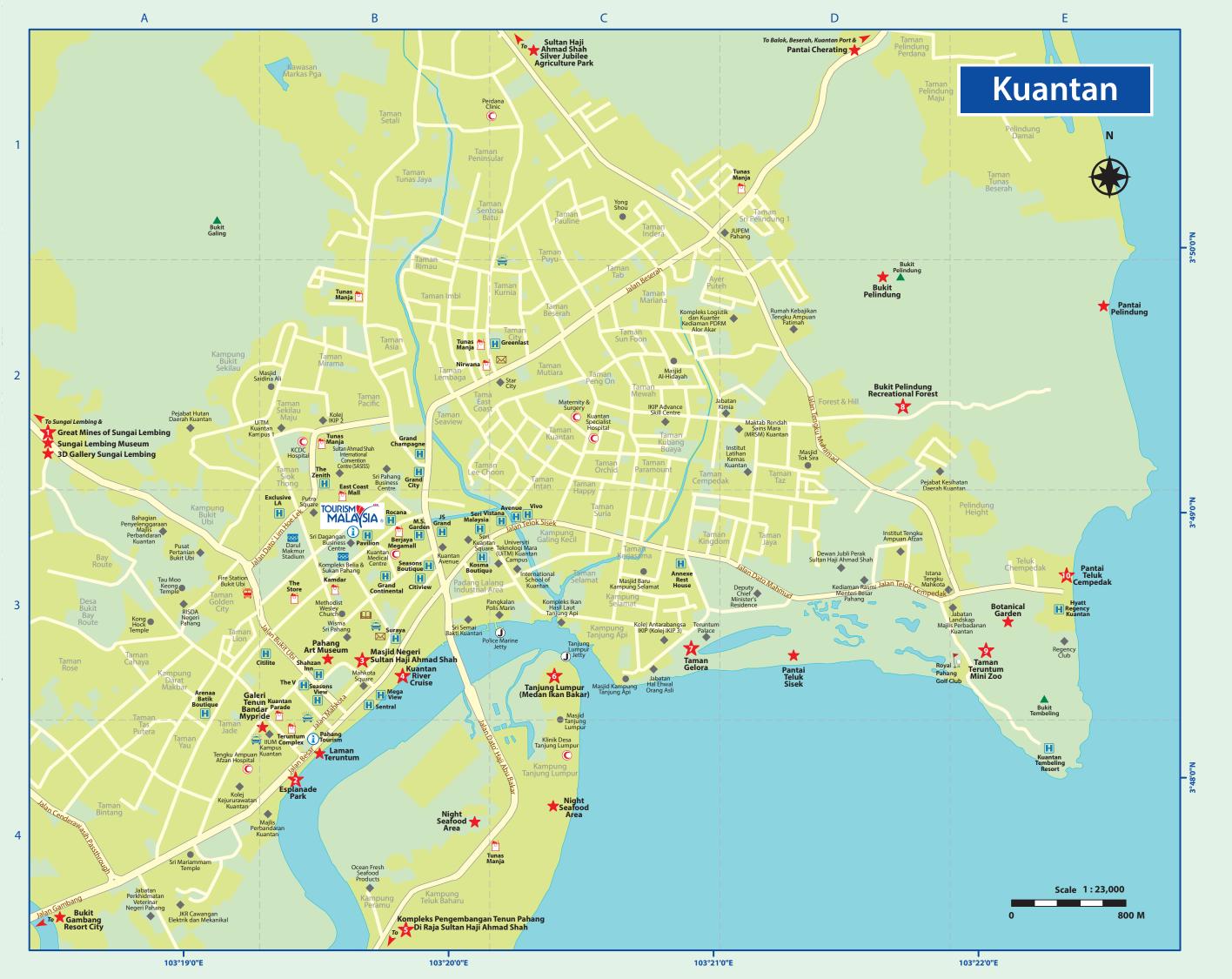
Library

Jetty

Golf Course

Mountain

Tourism Infoline: 1 300 88 5050 (within Malaysia only)



## Places of Interest



THE GREAT MINES OF SUNGAI LEMBING

Explore the world's deepest and longest underground tin mining tunnel. Restored to its original state back when Sungai Lembing was dubbed the 'El-Dorado of the East', the Great Mines of Sungai Lembing take visitors back to the glorious tin-mining era of Sungai Lembing. This educative yet adventurous tour takes you through the many processes involved in tin mining with dioramas, paraphernalia and interactive exhibits. Also, learn about the tin mining industry's contribution to the nation's growth and development in the past.

Tel: +609 512 1666 / 1555 (Kuantan Municipal Council) Website: www.sungailembingmines.com.my



**ESPLANADE PARK** 



Accommodation

Berjaya Hills Golf & Country Club \*\*\*\*\*

Berjaya Hills Colmar Tropicale \*\*\*\*\*

Bandar Jengka

Berjaya Hills

Selesa Resort \*\*\*

Cameron Highlands

Copthorne Hotel \*\*\*\*

Heritage Hotel \*\*\*\*

Casa De La Rosa Hotel \*\*\*

Country Lodge Resort \*\*

Rainbow Garden Hotel \*\*

Rosa Pasadena Hotel \*\*\*

Century Pines Resort \*\*\*

The Cool Point Hotel \*\*\*

The Lakehouse

Cherating

Fraser's Hill

Fraser's Pine Resort

**Genting Highlands** 

Genting Hotel \*\*\*\*\*

Highlands Hotel \*\*\*\*\*

Theme Park Hotel \*\*\*

Jerantut / Taman Negara

Mutiara Taman Negara \*\*\*

Nusa Camp Holiday Village

Felda Residence Tekam

Resort Hotel \*\*\*\*\*

Seri Malaysia \*\*\*

Xcape Resort \*\*\*

Rainforest Resort

Woodland Resort

Teresek View Motel

Genting View Resort \*\*\*

Shahzan Inn \*\*\*

Puncak Inn

The Smokehouse

Cameron Highlands Resort \*\*\*\*

Star Regency Hotel Apartment

Club Med Cherating Beach \*\*\*\*

Holiday Villa Cherating \*\*\*\*

Impiana Resort Cherating \*\*\*\*

Suria Cherating Beach Resort \*\*\*

The Legend Resort, Cherating \*\*\*

Residence Inn Cherating \*\*\*

Fraser Silverpark Resort \*\*\*

Ye Olde Smoke House \*\*\*

Awana Golf & Country Resort \*\*\*\*

Strawberry Park Resort \*\*\*\*

Mercu View Resort

D' Ark Training & Resort

Constructed between 1991 and 1993, Masjid Negeri Sultan Ahmad Shah elegant design is inspired by Ottoman architecture with a grand dome flanked by four smaller domes and four tall minarets at each corner. The mosque, which is also Pahang's State Mosque, is the largest in Pahang and can accommodate at least 8,000 worshippers at a time.

Tel: +609 531 5904 (Pahang Tourism)

**BUKIT PELINDUNG RECREATIONAL FOREST** 

Forest, a popular eco-adventure destination. The forest's challenging

trails and rugged terrains are perfect for a variety of eco-adventure

pursuits such as hiking, jungle trekking and mountain biking. Its

jungle trail is said to be the longest downhill trail in Malaysia at

2.5km. This recreational forest also makes for an ideal picnic and

camping spot with beautiful waterfalls and a number of campsites



**KUANTAN RIVER CRUISE** 

**Kuala Lipis** 

Lipis Plaza Hotel \*\*

Pacific Hotel \*\*\*

**Kuala Rompin** Rompin Beach Resort \*\*\*

Seri Malavsia Rompin \*\*

Rompin Beach Resort

De Rhu Beach Resort \*\*\*

Grand Champagne Hotel \*

Grand Continental Hotel \*\*

Hyatt Regency Hotel \*\*\*\*\*

M.S. Garden Hotel \*\*\*\*

Seri Malaysia Kuantan \*\*

Shahzan Inn Kuantan \*\*\*

Swiss-Garden Resort & Spa \*\*\*\*

The Zenith Hotel & Sultan Ahmad Shah

Swiss Garden Hotel & Spa Kuantan\*\*\*\*

International Convention Centre\*\*\*\*\*

MS Garden Hotel Kuantan\*\*\*\*

Bukit Gambang Resort City

Seri Malaysia Temerloh \*\*

Bukit Bendera Resort \*\*\*

Babura Seaview Resort

Mukut Harmony Resort

Juara Beach Resort

Minang Cove

Panuba Inn Resort

Pava Beach Resort

Salang Indah Resort

Salang Pusaka Resort

Damai Tioman Resort

Mukut Harmony Resort

Ancasa Royale Hotel \*\*\*\*

The above listing is not exhaustive

Tunamaya Beach & Spa Resort

Sun Beach Resort

Nazri's Place

\* Star rating

Berjaya Beach Golf & Spa Resort \*\*\*\*\*

Mega View Hotel \*\*\*

Suraya Hotel \*\*

Vistana Hotel \*\*\*\*

Rocana Hotel

Hotel Sentral

Mentakab

**Pulau Tioman** 

Maran / Temerloh

Green Park Hotel \*\*

Duta Village Beach Resort \*\*\*

Black Stone Resort \*

Kuantan Citiview Hotel \*\*\*

Classic Hotel \*\*\*

Greenlast Hotel

Lanjut Golden Beach & Golf Resort

Lipis Centrepoint, Hotel & Apartment \*\*

Tel: 09 312 2688

Tel: 09 312 5588

Tel: 09 312 2788

Tel: 09 414 1367

Tel: 09 413 2723

Tel: 09 4145113

Tel: 09 4143333

Tel: 09 517 9988

Tel: 09 516 4599

Tel: 09 557 9000

Tel: 09 544 7822

Tel: 09 513 8822

Tel: 09 515 8888

Tel: 09 556 3338

Tel: 09 518 1234

Tel: 09 544 7900

Tel: 09 517 7899

Tel: 09 517 1888

Tel: 09 513 6666

Tel: 09 513 6688

Tel: 09 516 4266

Tel: 09 544 7333 Tel: 09 517 8000

Tel: 09 565 9595

Tel: 09 517 7899

Tel: 09 544 7333

Tel: 09 517 3993

Tel: 09 548 8000

Tel: 09 565 9999

Tel: 09 296 3333

Tel: 09 296 5776

Tel: 09 278 2828

Tel: 09 419 1139

Tel: 09 419 1000

Tel: 09 419 3188

Tel: 07 799 7372

Tel: 07 799 3440

Tel: 09 419 1424

Tel: 07 419 7100

Tel: 09 419 5015

Tel: 09 419 5317

Tel: 09 419 7055

Tel: 09 419 7069

Tel: 07 238 8881

Tel: 09 419 1329

Tel: 09 412 0377

Tel: 09 424 6600

Tel: 09 467 5650

Tel: 09 233 0193

Tel: 09 223 2118

Tel: 09 288 8890

Tel: 09 288 8888

Tel: 03 4042 6035 Tel: 03 4042 6931

Tel: 03 4042 6932

Tel: 05 491 1333

Tel: 05 491 1811

Tel: 05 496 1777

Tel: 05 491 3888

Tel: 05 491 1211

Tel: 05 491 4628

Tel: 05 491 2288

Tel: 05 491 5115

Tel: 05 491 5135

Tel: 05 491 1166

Tel: 05 491 4914

Tel: 05 495 6152

Tel: 05 491 1215

Tel: 03 2161 4599

Tel: 09 581 9500

Tel: 09 581 9000

Tel: 09 581 9333

Tel: 09 581 9898

Tel: 09 581 9818

Tel: 09 362 2888

Tel: 09 362 2122

Tel: 09 362 2300

Tel: 09 362 2226

Tel: 09 362 2007

Tel: 03 6101 3015

Tel: 03 6101 1118

Tel: 03 6100 2267

Tel: 03 6101 1118

Tel: 03 6101 1118

Tel: 03 6100 2525

Tel: 03 6101 1118

Tel: 09 267 2288

Tel: 09 266 3500

Tel: 09 266 2369

Tel: 09 266 7888

Tel: 09 266 7241

Tel: 09 266 7637

Tel: 09 471 8300

Tel: 09 266 1111

Tel: 09 266 9744

The Kuantan River Cruise takes you on a fascinating journey through the picturesque 500-year-old mangrove forest reserve along the Kuantan River. There is plenty to be seen, as the 340-hectare swamp is home to an interesting array of estuarine plants, birds and fish

Tel: +6011 1066 3202 / 019 743 1988

## Visitors can find handicrafts made from dried and dyed Pandanus (screwpine) leaves, batik cloths, woodcarvings and other crafts and souvenirs at Crafts Complex (Jalan Pintasan), Sungai Karang and Cherating Village. Witness how traditional fabrics are made at Batik RM in Tanah Putih and Pahang Silk Weaving Centre in Pulau Keladi. Major shopping malls can be found in Pahang's capital city, Kuantan, namely Kuantan Parade, Kuantan Plaza, Berjaya Megamall, East Coast Mall and Teruntum Complex.



Deliciously aromatic, some of Pahang's traditional dishes are said to have been created for past royalty. Pahang's local offerings such as Mi Calong, Laksa Pahang, Opor Pahang, Puding Raja, Jeneral Mahbob, Akok Beserah and Nasi Periuk Kera (Pitcher Plant Rice) are worth trying when visiting this state. The best places to find authentic Pahang specialities are Jerantut, Kuala Lipis, Temerloh and Pekan. Temerloh, famous for its silver catfish-based dishes, is also known as Bandar Ikan Patin (Silver Catfish Town).

### Getting Here

Kuantan is situated about 260km from Kuala Lumpur, which is approximately 3 ½ hours' drive via the East Coast Highway. Its Sultan Ahmad Shah Airport in Kuantan receives both international and domestic flights from Kuala Lumpur International Airport (KLIA), Sultan Abdul Aziz Shah Airport in Subang and most capital cities all over the country. Air-conditioned express buses to Pahang are also available, departing from the Puduraya Bus Terminal and Hentian Pekeliling. Keretapi Tanah Melayu or Malayan Railway provides rail services to Mentakab and Kuala Lipis from Kuala Lumpur and Kota Bharu in Kelantan.

### Getting Around

Buses and taxis are readily available around Kuantan. Taxis can be found at the city's main hubs such as Kompleks Teruntum, Berjaya Megamall and Jalan Mahkota. To reach other towns in Pahang, outstation buses are available at Terminal Makmur. Tioman Island is accessible by boat and ferry from Tanjung Gemok in Pahang and Mersing in Johor, and by Berjaya Air's daily direct flights from the Sultan Abdul Aziz Shah Airport in Subang and also from Singapore.

## Contact Numbers

Tourism Malaysia Pahang Office +609 567 7112 / 5 / 6

Pahang Tourist Information Centre +609 568 7001 Pahang Tourism +609 531 5904 Tioman Development Authority +609 413 3170



#### KOMPLEKS PENGEMBANGAN TENUN PAHANG DI RAJA SULTAN HAJI AHMAD SHAH

Located in Kampung Soi, this is a treasure trove of Pahang's royal woven fabrics. One of the state's most prestigious products, the intricately woven fabric was originally used by the state's royalty and noblemen. It is now a versatile product and comes in various forms such as ladies traditional attire, men's traditional attire (kain sampin, kain pasang) and even fashioned as home furnishing, accessories or corporate gifts.

Tel: +609 534 1736 Website: www.pknp.gov.my



#### **TAMAN TERUNTUM MINI ZOO** Located near Teluk Chempedak is Bukit Pelindung Recreational

Located near the Royal Pahang Golf Club and just before the Teluk Chempedak Beach, Taman Teruntum Mini Zoo is situated right next to Taman Teruntum recreational park with its landscaped garden and paved road. A range of local and exotic animal species are kept in enclosures where visitors can purchase food to feed some of the animals here, which include ostrich, deer, albino python and rabbits. Open daily, entrance to this zoo is free.

Tel: +609 512 1666 / 1555 (Kuantan Municipal Council)



### **PANTAI TELUK CHEMPEDAK**

Located approximately 5km from Kuantan, Pantai Teluk Chempedak is a popular beach retreat with calm waters and beautiful casuarinalined coastline, particularly among locals. A variety of watersports activities can be enjoyed here, such as windsurfing, sailing and jet

Tel: +609 512 1666 / 1555 (Kuantan Municipal Council) +609 531 5904 (Pahang Tourism)



Stretching 1 kilometre along Kuantan River, Esplanade Park is lined with palm trees, benches and decorative lamp-posts, creating the perfect setting for a pleasant walk in the evening or a picnic. The place is most vibrant in the evenings and during the weekends. It also makes for an ideal fishing spot.

Tel: +609 567 7112 / 5 / 6 (Tourism Malaysia, Pahang)



#### TANJUNG LUMPUR (MEDAN IKAN BAKAR)

Situated near the mouth of the Kuantan River, Tanjung Lumpur is a traditional fishing village and a renowned destination for the scrumptious ikan bakar (grilled fish). It was one of the earliest Malay villages in Pahang, separated from the state's capital city by the Kuantan River. Visitors are spoilt for choice when it comes to dining in this town as numerous seafood eateries can be found at almost

Tel: +609 567 7112 / 5 / 6 (Tourism Malaysia, Pahang)



#### TAMAN GELORA

Peaceful and serene, Taman Gelora with its scenic lotus pond and shady casuarina trees is a popular recreational spot among the townsfolk. Often regarded as Kuantan's best-kept secret, the park is mostly frequented by locals and not as widely publicised, yet still retains its own allure as the perfect place to relax and unwind. Exercising facilities can be found dotted around the park, as well as a reflexology path and a platform for Tai Chi. If you get tired of the park, escape to the nearby beach for a some privacy and solitude

with its gentle waves and refreshing ocean breeze. Tel: +609 512 1666 / 1555 (Kuantan Municipal Council)

Website: www.forestry.gov.my

Tel: +609 513 3236

dotted around the area. Don't miss a hike up Bukit Pelindung, where a breathtaking view of Kuantan awaits you at the top.



**BUKIT GAMBANG RESORT CITY** 

jungle-based outdoor activities.

Website: www.bgrc.com.my

Tel: +609 548 8000

An integrated resort city offering a myriad of attractions, Bukit

Gambang Resort City is an ideal leisure destination for the whole

family. It is home to one of the country's largest water parks

and a 20-acre man-made lake with breathtaking views. Its lush

surroundings form the perfect playground for a number of exciting



### **CAMERON HIGHLANDS**

Places of Interest

Located 1,524m above sea level, this refreshing retreat is Malaysia's largest hill resort. Characterised by undulating valleys, sprawling tea plantations, terraced flower gardens, vegetable farms and strawberry parks, Cameron Highlands is made up of three main townships: Ringlet, Tanah Rata and Brinchang.

Tel: +605 4911455



#### **TAMAN NEGARA (NATIONAL PARK)**

Malaysia's premier national park is a haven for a diverse collection of flora and fauna. One of the oldest rainforests in the world, Taman Negara is estimated to be over 130 million years old. Ancient trees with giant buttresses, limestone caves, waterfalls and jungle-clad mountains are just some of the unique attractions in this 434,350ha

Tel: +609 266 1122 / 4152 Website: www.wildlife.gov.my



#### **KUALA LIPIS**

This historical town was a thriving trading centre in the past and Pahang's former capital city for a good 57 years. Stately colonial architecture can be found around Kuala Lipis, with the Pahang Club House being the very first British-built building in this town. The country's zero milestone signage can also be found here.

Tel: +609 312 1253



#### **JERAM BESU**

Jeram Besu or Besu Rapids will appeal to adrenaline junkies raring for thrills and adventure. It is considered one of the country's best spots for white-water rafting, as well as a wide range of ecoadventure activities such as flying fox, 4WD expeditions, abseiling and jungle trekking.

Tel: +609 323 0230 / 0210



#### **LATA JARUM**

**JANDA BAIK** 

Lata Jarum is a magnificent two-tiered waterfall resulting from a series of rapids culminating in a cool rock pool. A cool and refreshing picnic and recreation spot, it is located within the Lata Jarum Nature Park. Don't miss a chance to spot the Rafflesia in the forest, as well as several unique flora and fauna species populating

Its private location in the midst of cool, lush tropical vegetation provides a welcome respite for city folks to escape the hustle and

bustle of the city. Plenty of accommodation options are available

here, from resorts to camp sites. Janda Baik is also a popular

destination for team building and eco-adventure activities.

Tel: +609 517 1623/1624 (Pahang Tourism)

Tel: +609 355 1060 (District Forest Office, Raub)



#### FRASER'S HILL

Nestled prettily amidst the Pahang rainforest at 1,524m above sea level, Fraser's Hill is characterised by mock-Tudor houses and colonial-style buildings. The hill resort exudes the nostalgic charm of a bygone era. A birdwatcher's paradise, Fraser's Hill is ideal for visitors who are interested in gentler pursuits and a quiet, laid-back

Website: www.pkbf.org.my

**DEERLAND PARK** 

Tel: +609 279 7249



#### **BERJAYA HILLS**

Capturing the essence of two different cultures in a one destination, Berjaya Hills is a unique highland retreat. Situated some 800m above sea level is the enchanting French-style Colmar Tropicale, while further up at some 1,000m above sea level is the eco-friendly Zeninspired Japanese Village. Other attractions include The Chateau Spa & Organic Wellness Resort, Rabbit Park and picturesque horseriding trails.

Tel: +609 221 3666 Website: www.colmartropicale.com.my



#### **GENTING HIGHLANDS**

Perched some 1,800m above sea level, Genting Highlands is a tremendously popular leisure and entertainment destination especially among city folks. Dubbed 'City of Entertainment', this highland resort is best known for its casino and theme parks. Genting Highlands is situated about an hour's drive from Kuala

Tel: +603 2718 1118

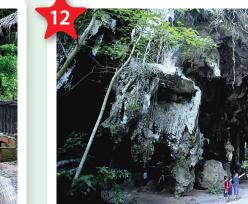
Website: www.rwgenting.com



#### NATIONAL ELEPHANT CONSERVATION CENTRE,

**KUALA GANDAH** Established in 1989, the centre is dedicated towards the rescue and rehabilitation of elephants. It also aims to educate the public on the importance of elephant conservation and protection. The only one of its kind in the country, this centre offers the rare opportunity to get up close and personal with these gentle beasts.

Tel: 013 908 8207 Website: www.wildlife.gov.my / www.nre.gov.my



**KOTA GELANGGI CAVES** 

Reputedly 150 million years old, Kota Gelanggi Caves feature magnificent natural formations and unique cave fauna. According to legend, the caves are actually the ruins of an ancient city. Gua Terang Bulan and Gua Sanding are among the most popular ones here. There's also a Mini Museum with comprehensive information and displays.

Tel: +609 471 8300



#### **GUNUNG SENYUM**

Situated at 1,549 m above sea level, the Gunung Senyum Recreational Park is a significant archaeological site. Part of the Jengka Forest Reserve, this mountain is estimated to be approximately 3,000 years old. The park has around 19 caves, including Gua Terang Bulan, Gua Hidang, Gua Angin and Gua Gajah. Tel: +609 296 2755



The 4.5ha Deerland Park is an animal sanctuary where the

permanent residents roam freely amidst lush tropical vegetation.

Come meet the 'stars' of the park - adorable deer, ostriches and

peacocks. The park's Herb Trail gives visitors an opportunity to have

a closer look at a wide variety of herbs and medicinal plants.

#### **FELDA RESIDENCE TEKAM**

Nestled within acres of plantations and orchards, Felda Residence Tekam is refreshing retreat for those wishing to learn more about agriculture. This resort offers plenty to see and do, such as tasting tropical fruits at the orchards, visiting the plantations and caving at the nearby Kota Gelanggi Cave Complex.

Tel: +609 471 8300



Measuring approximately 35km long and 20km wide, Tasik Bera is Peninsular Malaysia's largest natural freshwater lake. It is also the country's first Ramsar site, an international recognition given to wetland areas for its international importance in nature conservation. Approximately 328 flora species, 200 bird species, 50 mammals and more than 95 fish species inhabit the lake area.

Tel: +609 250 1700



#### **SUNGAI LEMBING MUSEUM**

The Sungai Lembing Museum takes visitors back to Sungai Lembing's glorious past as the largest producer of tin-ore in Pahang, earning it the nickname 'El Dorado' of the Malay States. Among the collection of mining equipment, workers' attire and antique furniture is the diorama, reputed to be among the best in the country.

Tel: +609 541 2377 / 2378



## **TASIK CHINI (LAKE CHINI)**

Malaysia's second largest natural lake is filled with a variety of freshwater fish, while its lush surrounding wilderness is a habitat to a diverse collection of flora and fauna. The lake consists of 13 interconnecting water bodies, each with its own characteristics. From August to September, a dazzling display of white and pink water lilies can be seen on the lake's surface.

Tel: +609 468 8088 / 6800



#### **PANTAI CHERATING**

Fringed by the waters of the South China Sea, Pantai Cherating enthralls with its serene beauty and rustic atmosphere. Nearby is Kampung Cherating, a tranquil Malay Village surrounded by swaying palms and tropical vegetation. Visit the Cherating Turtle Sanctuary located here or indulge in a host of watersports activities. Tel: +609 512 1555



#### THE ROYAL TOWN OF PEKAN

Situated on the banks of the Pahang River, Pahang's Royal Town features several distinguished attractions that reflect the state's glorious past. Among its attractions are the majestic Sultan Abu Bakar Palace and the Sultan Abu Bakar Museum, where visitors can view a collection of exhibits on the state and its esteemed royal

Tel: +609 421 1077



#### **LANJUT & ROMPIN**

The secluded beach areas in Lanjut and Rompin are perfect for those looking for a quiet time away. Among the activities that can be enjoyed around here are nature walks, watching fireflies and witnessing turtles nesting. These beaches also play host to the annual international event, the Royal Pahang Billfish International Challenge.

Tel: +609 414 6677



#### **ENDAU-ROMPIN STATE PARK**

This ancient rainforest is the second largest national park in Peninsular Malaysia and one of the country's last remaining lowland forests. Its untouched wilderness offers a myriad of eco attractions including a diversity of flora and fauna, majestic rock formations, captivating waterfalls and flowing rivers.

Tel: +609 414 5204



Situated approximately 56km off the coast of Pahang, Pulau Tioman is hailed as one of Southeast Asia's finest beach getaways. This tropical island beckons with aquamarine waters, spectacular coral formations, diverse marine life and a rustic charm. The island's Gunung Nenek Semukut is Malaysia's highest freestanding spire at

Tel: +609 4133170 Website: www.tioman.gov.my