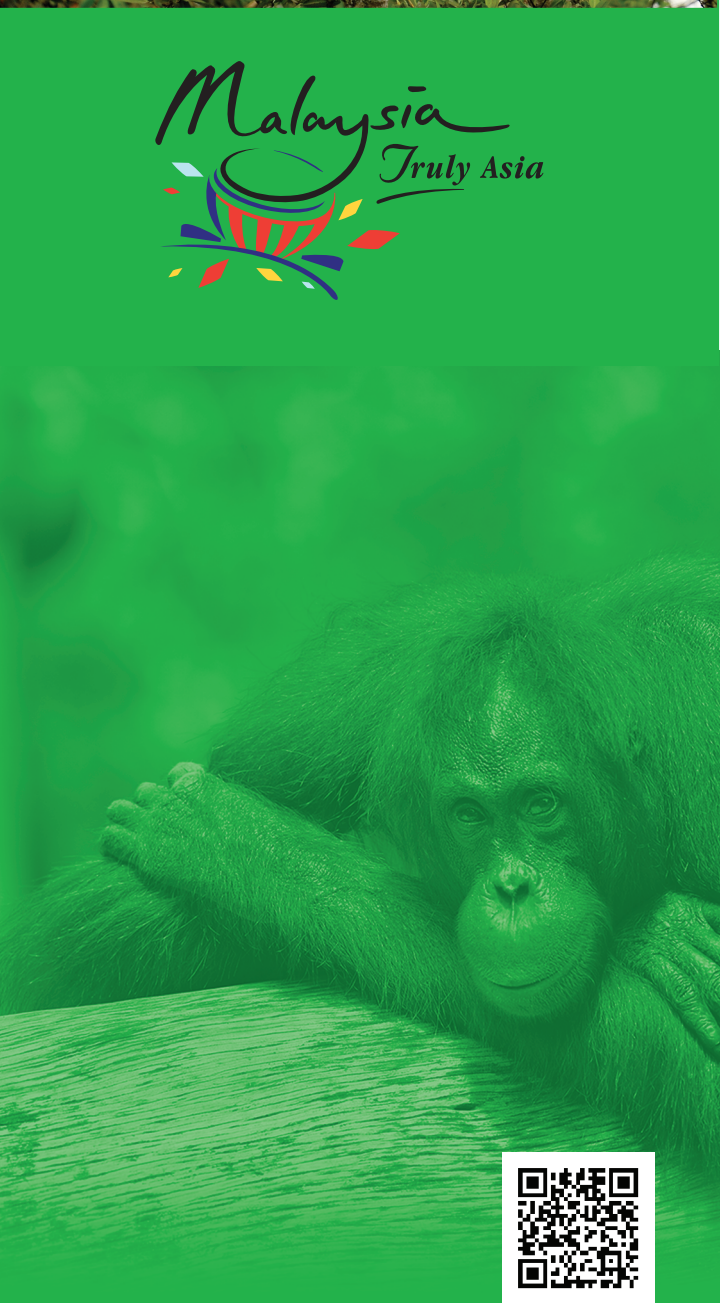


SABAH

Map & Guide



Labuk Bay Proboscis Monkey Sanctuary



Legend			
	Built-up Area		Tourist Information Centre
	Field / Recreation		Hotel
	River / Lake		Shopping
	Expressway		Dining
	Major Road		Dive Site
	Secondary Road		Hospital / Clinic
	Railway Route & Station		Police Station
	Place of Interest		Fire Station
	Tourism Malaysia Office		Bus Station
			Taxi Station
			Post Office
			Library
			Sports Complex
			Important Landmark, University / College
			Place of Worship
			Golf Course
			Mountain

Places of Interest	
Art Gallery	C4
Atkinson Clock Tower	D2
Central Market	C2
Double Six Monument	B4
Gaya Street (Sunday Market)	B5
Grand Illusions	D2
Istana Negeri	D3
Jesselton Point	D1
Kota Kinabalu City Waterfront	D1
Kota Kinabalu Wetland Centre	D2
KK Chocolate House	B5
KK City Bird Sanctuary	D2
KK Esplanade	C2
KK Handicraft Market	C2
Museum of Islamic Civilization (Muzium Tamadun Islam)	B5
North Borneo Railway	C4
Night Market	C2
Perdana Park	A5
Prince Philip Park	D5
Sabah Art Gallery	D5
Sabah State Museum & Heritage Village	C4
Science and Technology Centre	C4
SEDCO Complex	C3
Signal Hill Observatory Tower	D2
State Mosque	C4
Taman Rimba (Rainforest Park)	D5
The Waterfront Kota Kinabalu	D2
Tunku Abdul Rahman Park	B1
Entertainment/Shopping/Dining	
Asia City	C3
Central Shopping Plaza	C5
City Mall	C3
Hard Rock Cafe	C3
Imago	C3
Karamunsing Complex	C3
KK Plaza	C3
North Borneo Yachting	B5
Star City	C3
Suria Sabah	D2
Tanjung Aru Plaza	B5
Oceanus	D5
Wisma Merdeka	C4
Court House	C2
Central Police Station	C3
DBKK (City Hall)	C2
Harbour City	C3
Jesselton Point (Ferry Terminal)	D1
Kota Kinabalu Bus Terminal	C3
Kota Kinabalu International Airport	B5
Kinabalu Golf Club (KGC)	A5
Kinabalu Yacht Club	A5
Land & Survey Department	B3
North Borneo Yachting	B3
Queen Elizabeth Hospital	C4
Sabah State Cultural Complex	D4
Sabah State Library	D4
Sutera Harbour Golf & Country Club	B3
Sutera Harbour Marina & Country Club	B3
Syariah Court	C4
Tanjung Aru Railway Station	B5
Wisma Pelabuhan	D2
Wisma Tun Fuad Stephens	C3
Hotel	
1 City	C2
Asia City	C2
Best Western Kinabalu Daya	D2
Bunga Raya Island Resort, Gaya Island	A2
Capital	C5
Casuarina	A5
Celyn City	B3
Century	C3
Cittil Express	D3
Chaya	C3
D'Borneo	C2
D'Vestoria	C3
Dreamtel	D2
Epal	C3
Garden	B5
Gaya Centre	D2
Gayana Eco Resort	B2
Goldenhill	B5
High Street Inn	D2
Holiday	D2
Horizon	C2
Hyatt Regency	C2
Imperial Boute	C2
King Park	D3
Kingston	C3
KK Times Square	B5
Le Meridien	C3
Manja	C2
Manukan Island Resort	C4
Megah D'Ar	B5
Ming Garden Hotel & Residences	B4
New Sabah	C2
Oceania	C2
One	C3
Pacific Sutera Harbour Resort & Spa	B4
Promenade	C3
Shangri-La's Tanjung Aru Resort & Spa	A5
Sabah Oriental	D3
Sutera Harbour	B3
Shangri-La	A3
Sixty3	D2
Tang Dynasty	C3
TH Hotel	C4
The Colonades Condominium	C4
The Crown Borneo	B5
The Jesselton	D2
The Klagan	D2
The Magellan Sutera	B3
The Palace	D3
Winner	C3
Yohi	C4
Zara Boutique	C4
Information Centre	
Sabah Tourism Board	D2
Tourism Malaysia	C3
Tourist Information Centre (Terminal 1)	B5

Tourism Infolines: 1 300 88 5050 (within Malaysia only)

Website: www.malaysia.travel

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Published by
Tourism Malaysia, Ministry of Tourism and Culture.

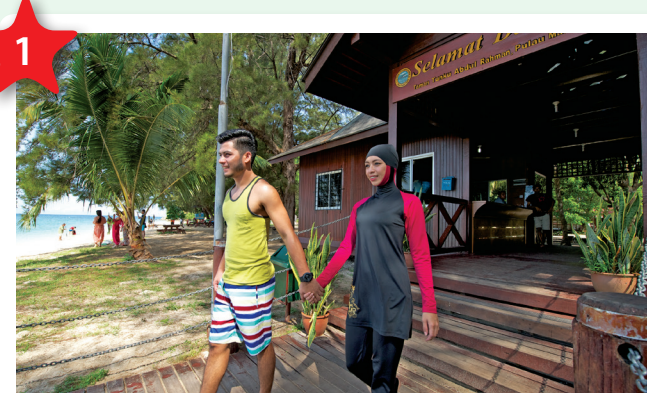
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SBAWG (English) / H / KP
August 2016 (0816)

(TRAFFICKING IN ILLEGAL DRUGS CARRIES THE DEATH PENALTY)

Places of Interest



TUNKU ABDUL RAHMAN PARK

Encompassing the islands of Gaya, Manukan, Mamutik, Sapi and Sulug, Tunku Abdul Rahman Park is a favourite among sun-seekers, snorkellers, divers and underwater photographers. The waters are home to an abundance of aquatic life and colourful corals. Accommodation ranges from a five-star resort on Gaya Island and chalets on Manukan Island. This park is accessible via a 20-minute speedboat ride from Kota Kinabalu.
Tel: 088 523 500 (Sabah Parks)



TANJUNG ARU BEACH

Just 6km from the city, this beautiful beach beckons locals and holidaymakers alike with its scenic views and relaxing atmosphere. The beach is lined by casuarinas (or aru in the local language) and food stalls that sell a variety of local and Western snacks. Every evening, shutterbugs and visitors flock to the beach to watch the glorious sunset. Tanjung Aru beach is the site of some of the state's most reputed hotels and resorts.



SABAH STATE MOSQUE

Boasting a combination of traditional Islamic architecture and contemporary design, this splendid mosque is one of the most outstanding structures in Kota Kinabalu. One of the most attractive features of the mosque is its majestic dome and stunning gold inlay motifs. The mosque can accommodate up to 5,000 worshippers at one time.



SABAH STATE MUSEUM & HERITAGE VILLAGE

Situated on Bukit Istana Lama, the 17-hectare complex comprises the main museum, the Science and Education Centre, a Heritage Village, the Sabah Art Gallery and the Museum of Islamic Civilisation. The exhibits, which reflect the state's rich cultural heritage and trading history, include ceramics, traditional weapons, costumes, musical instruments and more. Cultural activities are held regularly at the heritage village.
Tel: 088 253 199



KK HANDICRAFT MARKET

If there is one place that avid collectors should not miss, this is it! Situated along Jalan Tun Fuad Stephens, this market has a bewildering array of crafts and pretty souvenirs. Stretching for miles, the streets are filled with pears, sarongs, the famous Sabah pearls, traditional musical instruments, bags, fabrics and a whole lot more.



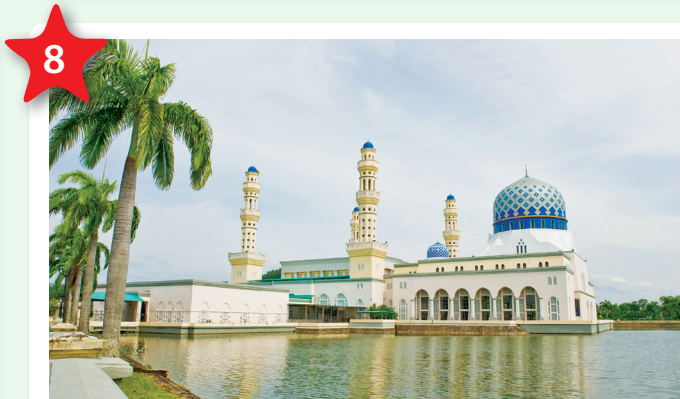
GAYA STREET (SUNDAY MARKET)

One of the city's most lively and colourful markets, the Gaya Street Fair is the place to experience a slice of Sabah's lifestyle. The fair is held every Sunday from 6.30am to 1.00pm and the traffic is closed to make way for the hundreds of stalls that sprout along the roadside. Visitors can find everything from batik sarongs, antiques, arts, handicrafts and souvenirs to footwear, toys and food.



AQUARIUM & MARINE MUSEUM

Situated within the perimeter of Universiti Malaysia Sabah, this state-of-the-art aquarium and museum are touted to have some of the best facilities in Borneo. Attractions include free-standing exhibition tanks, a live open water reef exhibition centre, a live shallow reef exhibition centre, a mangrove walk, a contemporary marine and maritime museum, a multimedia interactive information kiosk and the Sipadan deep dive diorama. Universiti Malaysia Sabah is about 15 minutes' drive from the city centre.
Tel: 088 320 121
Website: www.ums.edu.my



CITY MOSQUE

The City Mosque is a stunning example of contemporary Islamic architecture. Built on a 2.47 acre site at Likas Bay, just 3km from the city centre, this mosque holds the distinction of being the largest mosque in Kota Kinabalu. The mosque complex, which houses three madrasahs and a prayer hall, can accommodate between 9,000 to 12,000 worshippers at a time. This beautiful floating mosque shares similar features with the Nabawi Mosque in Madinah, Saudi Arabia.



MENARA TUN MUSTAPHA (SABAH FOUNDATION BUILDING)

Situated about 5km from the city centre, this impressive building is a circular tower of steel and glass. It has a central core with steel brackets supporting each floor. Standing at 30 storeys high, Menara Tun Mustapha is an icon of modern Sabah. When it was completed in 1977, it was one of the only three buildings in the world to have such design concept. The building has an auditorium, two mini theatres, an exhibition foyer, a gymnasium, a kindergarten and a research library.



TUN MUSTAPHA GALLERY

The late Tun Datu Haji Mustapha (1918 – 1995) was a visionary leader who led Sabah to independence. This gallery chronicles the life and times of Tun Mustapha with exhibits that serve to honour his role and contributions to the state. The gallery is housed in a building that served as the Sabah State Assembly Building from 1980 to 1995.

Accommodation

Kota Kinabalu	Tel: 088 231 999
Capital Hotel **	Tel: 088 270 500
King Park Hotel ***	Tel: 088 526 888
Grand Borneo Hotel ****	Tel: 088 245 567
Gaya Centre Hotel ***	Tel: 088 528 888
Ming Garden Hotel & Residences ****	Tel: 088 518 000
Horizon Hotel ****	Tel: 088 529 888
The Klagan Regency ****	Tel: 088 528 228
Courtyard Hotel ***	Tel: 088 411 222
Nexus Resort & Spa Karambunai *****	Tel: 088 486 111
KK Times Square Hotel **	Tel: 088 525 969
Imperial Boute Hotel ***	Tel: 088 529 998
Sabah Oriental Hotel ****	Tel: 088 265 555
Promenade Hotel ****	Tel: 088 266 999
D'Borneo Hotel **	Tel: 088 218 111
High Street Inn	Tel: 088 269 400
Hotel Asia City	Tel: 088 252 222
Hotel Deleeton **	Tel: 088 725 031
Hotel Bundusan **	Tel: 088 257 400
Hotel Garden	Tel: 088 225 810
Hotel New Sabah	Tel: 088 212 800
Hotel Shangri-La	Tel: 088 221 234
Hyatt Regency Kinabalu *****	Tel: 088 488 908
The Klagan Hotel ***	Tel: 088 240 000
Best Western Kinabalu Daya Hotel ***	Tel: 088 322 222
Le Meridien Kota Kinabalu *****	Tel: 088 318 888
Sutera Harbour Resort *****	Tel: 088 327 888
Shangri-La's Tanjung Aru Resort & Spa *****	Tel: 088 263 389
Tang Dynasty Hotel ***	Tel: 088 223 333
The Jesselton Hotel ***	Tel: 088 211 911
The Palace Hotel ****	Tel: 088 243 222
Winner Hotel **	Tel: 088 521 188
Cittil Express Kota Kinabalu ***	Tel: 088 488 787
Celyn City Hotel ***	Tel: 088 239 666
Megah D'Ar Hotel **	Tel: 088 212 663
Hotel Sixty3***	

Tunku Abdul Rahman Park

Gayana Eco Resort *****	Tel: 088 380 390
Gaya Island Resort*****	Tel: 088 210 342
Pulau Manukan Island Resort	Tel: 088 487 466

Kota Marudu

Marudu Inn	Tel: 088 661 200
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Kudat

Kudat Golf & Marina Resort ***	Tel: 088 611 211
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Tawau

King Park Hotel ***	Tel: 089 766 699
Heritage Hotel **	Tel: 089 766 222
Hotel Lima***	Tel: 089 762 000
Promenade Hotel Tawau****	Tel: 089 982 888
LA Hotel***	Tel: 089 982 299

Keningau

Kota Jata ***	Tel: 087 337 888
Perkasa Hotel Keningau ***	Tel: 087 331 045

Sandakan

Hotel Nak	Tel: 089 272 988
Hotel Ramai **	Tel: 089 273 222
Hotel Sandakan ***	Tel: 089 221 122
Sabah Hotel *****	Tel: 089 213 299
Sanbay Hotel	Tel: 089 275 000
Swiss Inn Waterfront***	Tel: 089 240 888
Ibis Styles Sandakan Waterfront ***	Tel: 089 240 888
Four Points by Sheraton Sandakan****	Tel: 089 244 888

Semporna

Seafest Inn ***	Tel: 089 782 333
Dragon Inn Floating Resort	Tel: 089 781 088
Han Palace Hotel*	Tel: 089 781 616

Lahad Datu

Kingston Grace Hotel**	Tel: 089 881 079
Asia Hotel	Tel: 089 881 771

Tuaran

Shangri-La Rasa Ria Resort *****	Tel: 088 797 888
Tang Dynasty Lodge **	Tel: 088 788 555
Orchid Hotel	Tel: 088 793 789

Ranau

Kinabalu Pine Resort **	Tel: 088 889 388
Celyn Resort Kinabalu	Tel: 088 527 800
Dream World	Tel: 088 888 333
Mesilau Nature Resort	Tel: 088 487 466
Mount Kinabalu Heritage Resort & Spa ***	Tel: 088 889 511
Kinabalu Rose Cabin	Tel: 088 889 233

Sukau

Kinabatangan Riverside Lodge	Tel: 089 213 502
Borneo Nature Lodge	Tel: 089 210 718
Barfoot Sukau Lodge	Tel: 089 666 196
Sukau Rainforest Lodge	Tel: 088 438 300
Proboscis Lodge Bukit Merapi	Tel: 088 240 584
Myne Resort	Tel: 089 278 288

Beaufort

Borneo Proboscis River Lodge	Tel: 088 239 857
Jasaria Hotel	Tel: 087 222 323
OIB Garama Base Camp	Tel: 088 262 507
River Park Hotel	Tel: 087 223 333
The Gem Hotel	Tel: 087 222 666

Kuala Penyu

Tempurung Seaside Lodge	Tel: 088 773 066
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Kinarut

Beringgis Beach Resort ***	Tel: 088 752 333
Langkah Syabas Resort	Tel: 088 752 000

Pulau Tiga

Survivor Lodge Pulau Tiga	Tel: 088 240 584
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Shopping

Shopping in Sabah is an adventure by itself, given the abundant variety of crafts, souvenirs and collectibles that are available. The capital city of Kota Kinabalu has everything from Sabah's own precious pearls, to bags, beadery, baskets, accessories and much, much more. To experience an authentic shopping atmosphere, head to places such as KK Handicraft Market, Tamaru Kota Belud or Gaya Street Market, where you can find a mind-boggling collection of items. For everything else, there are a host of modern shopping malls around Kota Kinabalu, such as 1Borneo Hypermall, Suria Sabah Shopping Mall, Centre Point Sabah, Karamunsing Shopping Mall, Warisan Square and Wisma Merdeka Complex.

Dining



Tastebuds are truly pampered in Sabah as flavours from all around the world can be found here. Visitors can savour a variety of dishes, ranging from international fare, fast food to traditional delicacies. Among the dishes unique to Sabah are Beaufort Mee, which is Chinese-style fried noodles. Another local favourite is Mee Tuaran, where egg noodles are stir-fried with vegetables and garnished with eggs and slices of roast chicken or pork. Traditional ethnic favourites such as Hinaya (a raw fish salad) or ambuyat (a thick 'sago porridge') and bambangan (a pickle made of wild mangoes) are also available for the adventurous travellers. Sabah Vege is a type of vegetable that is found in Borneo. This fresh, crunchy vegetable is stir-fried and savoured with rice and other dishes.

Getting There

Sabah's main airport is the Kota Kinabalu International Airport, which is the second largest airport in Malaysia. It is situated about 20 minutes from the city. Malaysia Airlines, AirAsia and Malindo Air offer direct flights between Kota Kinabalu and Kuala Lumpur. There are also international flights to Kota Kinabalu from Brunei Darussalam, China, Singapore, Hong Kong and other regional airports in Asia. Sabah has a second airport which is known as the Low Cost Carrier Terminal or Terminal Two. It is situated about 7km from the main airport. Terminal Two is the hub for budget carriers such as AirAsia.

Getting Around

Despite the vast size of the state, getting around Sabah is relatively easy. Major towns in Sabah are linked by rural air services provided by MASwings. There are also airports in smaller towns such as Lahad Datu, Sandakan and Tawau. The more remote towns of Kudat and Semporna are equipped with airstrips. For a more interesting way to travel, visitors can take the local train with connects Tanjung Aru to Beaufort and Tenom. It is visitors past the scenic Padas Gorge and local settlements. Sabah has an excellent express bus network that connects various parts within the state.

Useful Contacts

Tourism Malaysia Sabah Office

Tel: 088 211 732 / 248 698

Tourist Information Centre

(Terminal 1) Tel: 088 413 359

Sabah Tourism Board

Tel: 088 212 121



MALAYSIA

Situated in the heart of Southeast Asia, Malaysia is a vibrant destination with a diversity of cultures and traditions. This tropical paradise boasts pristine jungles and verdant national parks that are teeming with numerous species of birds and wildlife. Malaysia's sun-drenched islands and beaches are home to a stunning range of marine life. Its natural wealth is complemented by magnificent modern landmarks and heritage buildings. There is something to charm every visitor, be it a history-lover, nature-enthusiast, sun-seeker or an avid shopper. Explore the length and breadth of the country to discover the many attractions of Malaysia!

Sabah

Breathtaking natural vistas and stunning tropical islands make Sabah an enchanting destination for nature lovers. The state's icon is the internationally known Mount Kinabalu, reputed to be one of the highest peaks in Southeast Asia. Another jewel is Sipadan, a dive site that was made famous by French undersea explorer Jacques-Yves Cousteau. Blessed with pristine nature, the state has invaluable natural treasures which include endangered animals and tropical plants. Sabah is home to 32 ethnic communities, making the state a potpourri of cultures, traditions and cuisine.



Places of Interest



PADAS RIVER WHITE WATER RAFTING
Tenom
The mighty Padas River is said to have the best rapids in Southeast Asia. Six foot waves and thrilling rapids between Grades 3 to 4 combine to create the adrenaline rush that rafters enjoy so much. The route covers a distance of 30km, making it the longest rafting route in Borneo. Padas River is located in the southwestern interior of Sabah and is accessible by train or overland via Beaufort.



KIULU RIVER WHITEWATER RAFTING
Tamparuli
This Kiulu River whitewater rafting trip is ideal for those looking for a more relaxed rafting experience. Rated as moderately adventurous (Grade 1 – 2), the excursion features a maximum rafting distance of 15km when the water level is high and 7km at normal level. Professional rafting guides and equipment are available for hire. Kiulu River is located at Kampung Pukak Kiulu, about an hour's drive from Kota Kinabalu.



THE TIP OF BORNEO (TANJUNG SIMPANG MENGAYAU)
Kudat
This distinctive headland at the Kudat Peninsula, 40km from Kudat town, marks the northernmost tip of Borneo. Simpang Mengayau literally means 'lingering junction', a name given to the area where the South China Sea meets the Sulu Sea. Stand on land's end and watch the ocean or take a selfie at the flagpole and signboard that mark the location. The Pulau Kalamunian Lighthouse looms at a distance, adding to the beauty of the sunset.



DANUM VALLEY CONSERVATION AREA
Lahad Datu
Located 70km from Lahad Datu, this conservation area is a sanctuary for endangered animals including the Sumatran rhinoceros, Asian elephant, clouded leopard, proboscis monkey and orang utan as well as some 270 species of birds. The thriving paradise boasts spectacular waterfalls, meandering rivers and a canopy walkway to view the abundant birdlife. Other activities include wildlife photography, jungle trekking and night safari. Danum Valley is the site of an award-winning rainforest lodge.
Tel: 088 267 637 (Borneo Nature Tours Sdn. Bhd.)
Website: www.borneonaturetours.com



PULAU SIPADAN
Semporna
The internationally renowned Sipadan is reputed to be one of the top ten dive locations in the world. It is Malaysia's only oceanic island with a thrilling 600 m drop into an underwater abyss. Experienced divers return time and time again to Sipadan as it affords amazing views of manta rays, whale sharks, barracudas and turtles. To preserve the delicate ecosystem, there are only day trips to Sipadan. Accommodation is available in the neighbouring islands of Mabul and Kapalai.



MALIAU BASIN (SABAH'S LOST WORLD)
Tawau
Touted as Sabah's Lost World, Maliau Basin is a remote and isolated area containing a rare assemblage of 12 types of forests. The seven-tiered Maliau Falls is a breathtaking sight here. Naturalists and hardcore adventurers will cherish the long treks and birdwatching opportunities. Tours to Maliau Basin is best done in groups due to the limited communication facilities and amenities. The staging points to Maliau Basin are Keningau and Tawau. Prior permission must be obtained from Yayasan Sabah.



UPSIDE DOWN HOUSE
Tamparuli
This unique attraction is the first-of-its-kind in Southeast Asia and one of the only five upside down structures in the world. The charming Sabah kampung house is literally flipped upside down, with the floor facing skyward and the ceiling facing below. Visitors can have the bizarre feeling of walking on the ceiling while the furniture stands above your head! This architectural feat has been listed in the Malaysia Book of Records. A café and gift shop is situated nearby.
Tel: 088-260 263
Website: www.upsidedownhouse.com.my



CROCKER RANGE NATIONAL PARK
Keningau
Spanning 139,919 ha of hill dipterocarp forest, the Crocker Range National Park is the largest terrestrial park in the state. Perched atop the famous Crocker Range, the park acts as an important water catchment area for Sabah's west coast. Endangered species of animals such as the orang utan, sun bear and clouded leopard are among the inhabitants of this park. Crocker Range National Park is located 144km from Kota Kinabalu and 13km from Keningau town. A hostel-type accommodation is available here.



KINABALU PARK
Kundasang
Kinabalu Park holds the distinction of being the first UNESCO World Heritage Park in Malaysia. Covering an area of 754 sq km, the park shelters more than 4,500 species of flora and fauna including orchids, ferns, Rhododendrons, palms, Nepenthes and even Rafflesia, the world's largest flower. The main attraction here is Mount Kinabalu, (4,095.2 km), one of the highest peaks in Southeast Asia. It is also the site of the annual Mount Kinabalu International Climathon.
Tel: 088 523 500 / 889 095 (Sabah Parks Office)



GUNUNG TRUSMADI
Tambunan
Standing at an imposing height of 2,642m, Mount Trusmadi is the second highest mountain in Sabah. Scaling Mount Trusmadi is touted to be even more challenging than climbing Mount Kinabalu. Serious mountaineers who are up to the challenge will have to trek through 4.9 km of dense rainforest. Those who reach the peak at dawn will be rewarded by the awe-inspiring sight of Mount Kinabalu which lies 40km to the north. The climb starts at Tambunan and usually takes 3 days and 2 nights.



MOUNTAIN TORQ VIA FERRATA
Kundasang
Via Ferrata, meaning 'iron road' in Italian, is a mountain path with a series of cables, rails and rungs that hug a cliff face. The Via Ferrata at Mount Kinabalu has the distinction of being the highest in the world. There are routes of varying levels of difficulty, such as a beginner's route and intermediate route. The trail begins at Panar Laban Rock Face and reaches its highest point at 3,800m. Dormitory style accommodation is available.
Tel: 088-268 126
Website: http://mountaintorq.com



MARI MARI CULTURAL VILLAGE
Inanam
Only 25 minutes from Kota Kinabalu, Mari Mari Cultural Village is a vibrant destination that gives an insight into Sabah's diverse cultural heritage. Nestled within a remote jungle setting, the village showcases five different ethnic communities - the Bajau sea gypsies, Kadazandusun rice farmers, Lundayeh hunters and fisherfolk, Rungus longhouse residents and the feared Murut headhunters. Enjoy activities such as blowpipe demonstrations, fire-making demonstrations, bamboo cooking, native dancing and try out the local food.
Tel: 088-260 501
Website: www.marimari culturalvillage.com



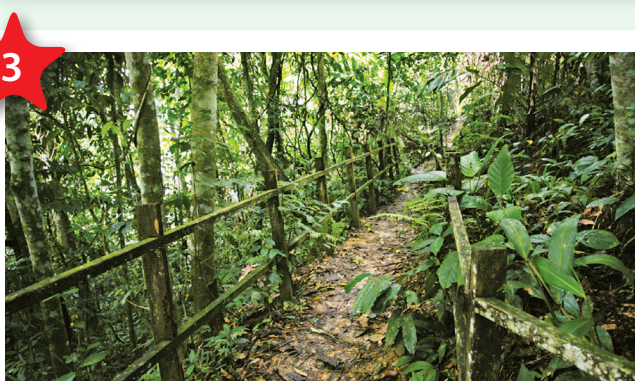
PULAU MANTANANI
Kota Belud
Lying off the beaten track, Mantanani is a group of three remote islands - Mantanani Besar, Mantanani Kecil and Lungisan - located off the coast of Kota Belud. The waters around the islands have a visibility of 40m, offering a splendid view of blue spotted ray, pink-eyed gobbles, blue ringed octopus, bumphead parrotfish and sometimes dolphins. The islands are about 45 minutes away by speedboat from the Kuala Abai Jetty in Kota Belud. Accommodation is available.



LOWER KINABATANGAN WILDLIFE SANCTUARY
Sandakan
Stretching 560km in length, the Kinabatangan River is home to one of the world's most unique and richest ecosystems. The lower reaches of the river are home to a high concentration of the most varied wildlife in Southeast Asia. Exotic wildlife such as orang utan, proboscis monkeys, Asian elephants and Sumatran rhinos roam free in the jungle. This sanctuary is accessible from the village of Sukau about 50km from Sandakan. Trips must be pre-arranged with tour agencies.



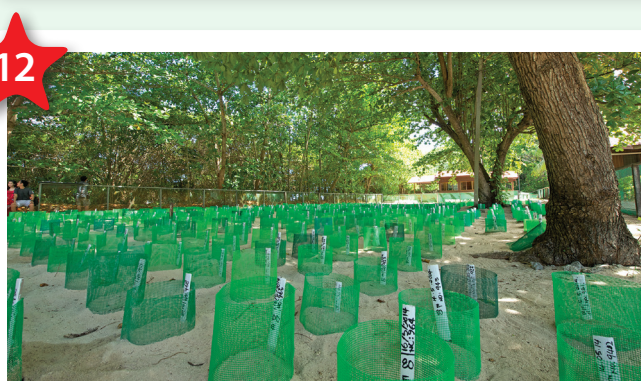
PULAU KAPALAI
Semporna
Boasting crystal clear waters, Kapalai is situated about 45 minutes by boat from Semporna. Technically, Kapalai is not actually an island, but a large sandbank where a resort has been built on stilts. It is known more as a floating paradise comprising 40 chalets. View the colourful marine life as you stroll along the boardwalk that connects the various sections of the resort.
Tel: 089 765 200 (Reservation and enquiries)
Website: www.sipadan-kapalai.com



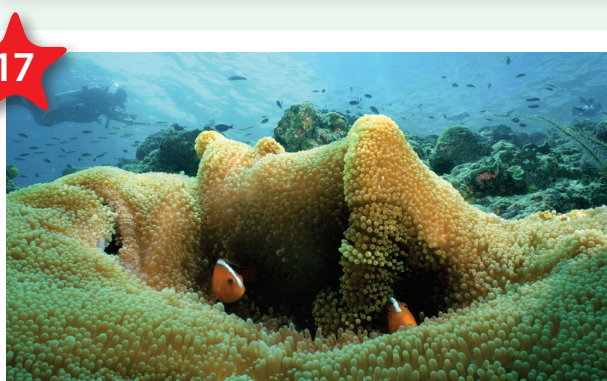
SEPILOK ORANG UTAN REHABILITATION CENTRE
Sandakan
This famous sanctuary is dedicated to the rehabilitation and conservation of orang utans. Situated at the edge of the Kabi-Sepilok Forest Reserve, the centre offers the chance to observe these primates up close in their natural habitat. Visitors can watch the young and orphaned orang utans being fed by rangers (Feeding times are at 10.00am and 3.00pm). The more adventurous can trek the 5km trail that runs through the mangrove forest at Sepilok Laut. Chalets are provided for overnight visitors.
Tel: 089 531 189



TURTLE ISLANDS PARK
Sandakan
Lying in the Sulu Sea, Turtle Islands Park is a cluster of three islands, Selingan, Bakungan Kecil and Gulisan. The park is a safe haven for the endangered green and hawksbill turtles. Visitors will get a chance to watch the marine turtles as they swim ashore to lay eggs. Selingan, the largest island, has a turtle hatchery, accommodation and other facilities. The park is accessible via an hour-long boat ride from Sandakan.
Tel: 089 212 711 (Crystal Quest Sdn. Bhd.)
Website: www.sabahparks.org.my



PULAU MATAKATING
Semporna
Situated about 80 minutes by boat from Sipadan, Matakating is a privately owned, one-resort island. It has everything for the endangered green and hawksbill turtles. Visitors will get a chance to watch the marine turtles as they swim ashore to lay eggs. Selingan, the largest island, has a turtle hatchery, accommodation and other facilities. The park is accessible via an hour-long boat ride from Sandakan.
Tel: 089 212 711 (Crystal Quest Sdn. Bhd.)
Website: www.sabahparks.org.my



TABIN WILDLIFE RESERVE
Lahad Datu
Sprawling over 120,500 ha, Tabin Wildlife Reserve is home to three of Sabah's largest mammals; the Borneo pygmy elephant, Sumatran rhino and Tembadau. It is one of the biggest natural reserves in Borneo, with a rich assemblage of tropical plants. The active mud volcanoes here attract all kinds of animals and birds which come to feed on the mineral rich ground, making it ideal for wildlife observation. Accommodation is available in the form of jungle lodges.
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